



THE BASICS OF HIV

1. Overviews of HIV/AIDS

- **What is AIDS?** (AIDS InfoNet). 2008.
http://www.aidsinfonet.org/uploaded/factsheets/180_eng_101.pdf
- **Your immune system and HIV.** Pages 7-10 in: Healthy living manual. (BCPWA). 2008.
http://www.bcpwa.org/articles/Manual08_Webversion.pdf
- **HIV/AIDS: the basics.** (AIDS Committee of Toronto). 2009.
[http://www.actoronto.org/home.nsf/pages/hivaidsbasicspdf/\\$file/HIV_AIDS%20The%20Basics.pdf](http://www.actoronto.org/home.nsf/pages/hivaidsbasicspdf/$file/HIV_AIDS%20The%20Basics.pdf)
- **HIV... the basics.** Pages 4-13 in: Managing your health: a guide for living with HIV. (CATIE). 2009.
<http://www.catie.ca/pdf/myh/myh2009.pdf>
- **Is there a connection between HIV and AIDS?** Pages 5-6 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002.
<http://library.catie.ca/PDF/P7/19665.pdf>
- **Basic facts about HIV & AIDS.** (CATIE). 2008. Pages 1-7 from
<http://library.catie.ca/PDF/P8/21150.pdf>
- **What you need to know about HIV and AIDS.** (CATIE).
<http://www.catie.ca/aidscourse.nsf/fmCourse?OpenForm>

2. Who can get HIV?

- **Who can get HIV?** Pages 7-8 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002. <http://library.catie.ca/PDF/P7/19665.pdf>
- **If I'm a straight man can I get HIV?** Pages 47-48 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002.
<http://library.catie.ca/PDF/P7/19665.pdf>
- **If I'm a straight woman can I get HIV?** Pages 49-50 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002.
<http://library.catie.ca/PDF/P7/19665.pdf>
- **Are woman who have sex with women (WSW) at risk for getting HIV?** Pages 51-52 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002.
<http://library.catie.ca/PDF/P7/19665.pdf>

3. Acute HIV Infection – the first stage of HIV

- **Testing HIV positive – Do I have AIDS?** (AIDS Info). 2008.
http://aidsinfo.nih.gov/contentfiles/TestingPositive_FS_en.pdf

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Please note that this information was current as of August 2009, but has not been updated.

- **Acute HIV Infection.** (AIDS InfoNet). 2008.
http://www.aidsinfonet.org/uploaded/factsheets/5_eng_103.pdf
- **What is primary HIV infection?.** (The Center for AIDS). 2004.
<http://www.centerforaids.org/pdfs/PHI.pdf>

4. How HIV works in the body

- **HIV life cycle.** (AIDS InfoNet). 2009.
http://www.aidsinfonet.org/uploaded/factsheets/8_eng_106.pdf
- **How HIV works in your body.** (A Positive Life). 2005.
http://www.apositivelife.com/pdf/How_HIV_Works_in_the_Body.pdf
- (video) **How HIV works in the body.** (A Positive Life). 2009.
<http://www.apositivelife.com/whatishiv/how-hiv-works-in-the-body.html>
Watch this video clip to understand more about the life cycle of HIV.

5. Viral load and CD4 cells

- **HIV viral load.** (BCPWA). 2000. Pages 3-4 from <http://library.catie.ca/PDF/P12/18232.pdf>
- **HIV Viral load.** (CATIE). 2001. <http://www.catie.ca/pdf/ACASfs/HIVviralload.pdf>
- **Immune cells (CD4) + HIV.** (BCPWA). 2000. Pages 5-6 from <http://library.catie.ca/PDF/P12/18232.pdf>
- **CD4+ (T4) cell count.** (CATIE). 2001. <http://www.catie.ca/pdf/ACASfs/CD4Count.pdf>

6. HIV/AIDS cures and vaccines

- **Is there a cure for HIV/AIDS?** Pages 35-36 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002. <http://library.catie.ca/PDF/P7/19665.pdf>
- **Is there a vaccine for HIV/AIDS?** Pages 37-38 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002. <http://library.catie.ca/PDF/P7/19665.pdf>

7. Myths about HIV/AIDS

- **AIDS myths and misunderstandings.** (AIDS InfoNet). 2009.
http://www.aidsinfonet.org/uploaded/factsheets/27_eng_158.pdf
- **GOTCHA! Grossly over-exaggerated (or incorrect) “treatments” or “cures” for HIV or AIDS.** (Centre for AIDS). 2006. <http://www.centerforaids.org/pdfs/gotcha.pdf>
- (video) **Top ten myths about HIV/AIDS.** (Global Lifeworks).
http://www.youtube.com/watch?v=LaVm3moZo_g
- (video) **Ten more myths about HIV/AIDS.** (Global Lifeworks).
<http://www.youtube.com/watch?v=bURqMwLWV40>

Created by the PARC Library.

Please note that this information was current as of August 2009, but has not been updated.

8. HIV/AIDS statistics

- **HIV/AIDS Statistics.** (AIDS Vancouver). 2008.
http://www.aidsvancouver.org/files/aidsvancouver.org/HIVstats_October08_0.pdf
- **What is HIV and AIDS?** Pages 1-2 from: Frequently asked questions about HIV/AIDS. (Canadian HIV/AIDS Information Centre). 2002. <http://library.catie.ca/PDF/P7/19665.pdf>
- **HIV/AIDS epi updates.** (Public Health Agency of Canada). 2007.
<http://www.phac-aspc.gc.ca/aids-sida/publication/epi/epi2007-eng.php>
Summarizes recent trends and developments related to the HIV epidemic in Canada.

9. HIV/AIDS in Vancouver

- **HIV/AIDS in Vancouver, British Columbia: a growing epidemic.** (Harm Reduction Journal, vol. 6, issue 5). 2009. <http://www.harmreductionjournal.com/content/6/1/5>

10. Glossaries of HIV/AIDS terms

- **Glossary.** Pages 88-91 in: Healthy living manual. (BCPWA). 2008.
http://www.bcpwa.org/articles/Manual08_Webversion.pdf
- **HIV/AIDS Glossary.** (AIDS Info). 2009.
<http://www.aidsinfo.nih.gov/Glossary/GlossaryDefaultCenterPage.aspx>
The AIDSInfo Glossary is a comprehensive resource designed to help health professionals, researchers, and people living with HIV/AIDS and their families and friends to understand the complex web of HIV/AIDS terminology. Type a term into the search box or browse alphabetically.