

- ◆ Each site needs to have a site coordinator. This is one or two individuals who will handle the on-site coordination for the program.
- ◆ Site coordinators should have the ability to recruit participants for the FFS program. We require a minimum order of 10 boxes per site each month.
- ◆ Each site needs to have a space where participants can gather to collect their food on distribution day. This includes a sheltered space that is large enough to unload and hold boxes. Access to restrooms is a plus.
- ◆ Each site must be located within Detroit, Highland Park, or Hamtramck.



Fresh Food Share Coordinator

313.550.8034

313.923.3535 ext. 203

freshfoodshare@gcfb.org

What our members say:



"The Fresh Food Share Program is a great opportunity for fresh produce"

-Detroit Waldorf School Member

"This program allows my family to support local farmers and get high-quality affordable produce."

- Hannan House Member

"I have started eating more fruits and vegetables since I joined this program and now my family has a more balanced diet"

- Hannan House Member

"My family always shares our box with our neighbors and it is a fun community activity to be a part of."

- St. Charles Parish Member

"I participate because of my desire for reasonably priced produce and I have not been disappointed yet."

- Hannan House Member

"The Fresh Food Share is something our community needs and we love being a part of it"

- St. Charles Parish Member

"I always enjoy the food each month and I am always looking forward to the next month's pick-up day."



2131 Beaufait St.
Detroit MI 48207

Phone: 313-550-8034

313-923-3535 ext. 203

Fax: 313-308-0545

E-mail: freshfoodshare@gcfb.org

www.freshfoodshare.com

Fresh Food Share

Good food makes great neighbors



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O. 313.923.3535 ext. 203

www.freshfoodshare.com

facebook.com/FreshFoodShare

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What is Fresh Food Share?



The Fresh Food Share Program

(FFS) is a community based produce delivery program in the city of Detroit. FFS is an easy and affordable way to get fresh fruits and vegetables, increase nutrition knowledge, and support local farmers.

How does it work?

- ▲ Members pre-order a box of produce at their local community site.
- ▲ Then, fresh food is bought at wholesale prices from local farmers, including Detroit farmers.
- ▲ Next, the fresh produce is packed into individual boxes by volunteers.
- ▲ From there it is delivered to the community sites.
- ▲ Members pick up their boxes at their site during a pre-set time.
- ▲ Each box contains a nutritious variety of fruits and vegetables and a monthly newsletter with recipes and nutritional information.



What comes in the boxes?

Box contents vary from month based on affordability and seasonal availability. We do not know what will be in the boxes until the day the boxes are packed because we want the produce to be as fresh as possible.

Large Box



- 12-15 different items
- 3-4 fruit items
- 8-12 vegetable items

perfect for families and vegetarians

Small Box



- 9-12 different items
- 2-3 fruit items
- 7-10 vegetable items

great for one or two people

Fruit Box



- 4-6 different fruit items

ideal for kids' snack- no need for cooking

There are 3 ways you can get involved:

1. You can become a delivery site.

We are always recruiting new delivery sites. Sites must be in Detroit, Hamtramck, or Highland Park and have one or two responsible individuals willing to act as the coordinators for that site. Coordinators will recruit members, collect orders and payments, and organize distributions.

2. You can become a member.

If you live or work in Detroit, Highland Park, or Hamtramck and are interested in joining the program you can choose a site you would like to be a part of and contact the site coordinator, or you can call FFS and we will match you with the site closest to you. You will place your orders and pick-up your boxes from that site.

3. You can volunteer to pack boxes.

Volunteers pack all of our produce boxes and we are always looking for more help!



If you would like to be involved

or would like more information about our program please contact the Fresh Food Share Program Coordinator at 313.550.8034, 313.923.3535 ext. 203, or freshfoodshare@gcfb.org.