

Spreading the News

A Bi-Weekly Publication for Gleaners Agency Members

July 6, 2015

SHOPPING LIST HIGHLIGHTS (While Supplies Last)

Current Specials

Item Number	Item Description	Regular Price	Sale Price
80065	FROZEN CHICKEN LEG QUARTERS 4/10 LB BAGS	\$19.60 CS \$0.49 PER LB	\$15.60 \$0.39 PER LB
60788	FROZEN MEAT BUNSIZE HOT DOGS (8 PER PACK) 12/15 OZ PACKS PER CS	\$9.48 PER CS \$0.79 EACH	\$8.28 PER CS \$0.69 EACH

New Items this Month

Item Number	Item Description	Regular Price
02195	FROZEN SLICED BOLOGNA 12/6 OZ	\$0.35 PER PACK
95089	FROZEN FULLY COOKED ROASTED CHICKEN 8 PC CUT	\$9.90 PER CS \$0.99 PER LB
97037	RPK/ASST BEVERAGES SMPR 20 LB BOX	\$1.80 PER BOX
26134	CER/CKACKLIN OAT BRAN 10/17 OZ	\$2.34 PER CASE

USDA

Item Number	Item Description	Regular Price
44667	USDA/CARROTS DICED FRZ. 12/2.5 LB BAGS	\$5.40 PER CS
91914	USDA/PINTO BEANS DRY 12/2 LB BAGS	\$4.32 PER CS
66155	USDA/PEANUT BUTTER 12/18 OZ	\$2.88 PER CS
05196	USDA/CRANBERRY JUICE CONCENTRATE 12/11.5 OZ	\$1.98 PER CS

REMINDERS

- **Don't miss out on USDA product!**
- Please send your Civil Rights Training online test results sheet. Gleaners only needs one test result sheet from the main contact at your agency. You are responsible for recordkeeping the test results for all your volunteers. Please do not send them to us.

Note: The test and results are at the end of the presentation on slide 29 (it is not the checklist).

Tips for Carrots

Not sure what to do with our low cost USDA frozen carrots? Make a Curried Carrot Soup or a Carrot Cake Smoothie! [Click here](#) for more ways to prepare frozen carrots so you can stay within the budget while providing delicious healthy food!

Hunger Free Summer



During summer break, thousands of children will no longer have access to the free or reduced meals at school.

The **Hunger Free Summer** campaign was created to ensure that no child goes hungry during the summer.

Please remember that free summer meals are available for all children under the age of 18. No registration or ID is required.

To find a summer site simply call 2-1-1 or visit www.gcfb.org/summerlunch

To learn more about the Hunger Free Summer campaign, visit: <http://hungerfreesummer.org>



Free Counseling Services

SEHS COUNSELING CENTER

Oakland University offers free counseling services to ages 6 and older at the SEHS Counseling Center.

The SEHS Counseling Center is a no-cost service offering personal and career counseling.

The center is located at 250 Pawley Hall on the campus of Oakland University. The SEHS Counseling Center is a teaching and research facility for the counselor education program at Oakland University. The center enables graduate students to integrate and apply counseling theory with practice, as well as provide supervised professional counseling assistance to persons in need at no cost.

Contact:

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Register online at: <http://www.oakland.edu/sehs/cc>

