

# HOW TO JOIN

Just fill in the form below and hand it to your local GMB representative or post it to GMB Yorkshire & North Derbyshire region, FREEPOST NEA524, Grove Hall, 60 College Grove Road, Wakefield WF1 3BU (you do not need a stamp).

£10.60 four weekly (full time) or £6.00 four weekly (part time)  
 £2.65 per week if you work 21 hours or more  
 £1.50 per week if you work 10-20 hours  
 80p per week if you work less than 10 hours

PLEASE USE BLOCK CAPITALS WHEN COMPLETING FORM

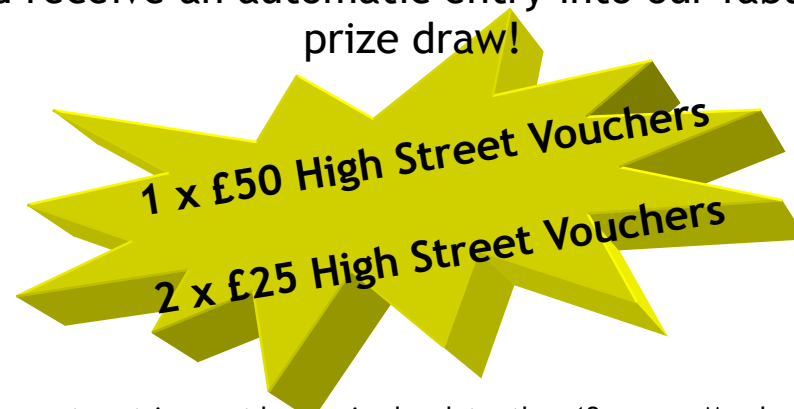
1 TELL US ABOUT YOU											
Surname			First Name			Title Mrs/Miss/Ms/Mr		Date of Birth			
Home Address			Home Tel		I agree to abide by GMB Rules Signature						
			Mobile								
			Date								
Postcode											
We ask for your ethnic origins as part of our equal opportunities policy of improving services to all members						Email					
Bangladeshi		Black African		Black Caribbean		Black British		Chinese			
Indian		Irish		Pakistani		White		Other			
2 TELL US ABOUT YOUR JOB											
Employer				Your job							
where you work  Postcode				How many hours a week do you work?							
				Pay No							
				Work Tel							
				Pay Date							
3 OR INSTRUCTION TO YOUR BANK OR BUILDING SOCIETY TO PAY BY DIRECT DEBIT											
Please fill in the form and send to Freepost: GMB, Grove Hall, 60 College Grove Road, Wakefield, WF1 3BU						Originator's Identification Number					
						9 7 4 3 3 0					
To the Manager of			Bank/Building Society			For GMB official use only. This is not part of the instruction to your Bank/Building Society. If your A/C number is not available fill in your address below					
Address			Postcode								
Name(s) of account holder(s)				Instructions to your Bank or Building Society Please pay GMB Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with GMB and, if so, details will be passed electronically to my Bank/Building Society							
Bank/Building Society Account Number				Signature(s)							
				Date							
Bank/Building Society Sort Code				Reference number (office use only)							

## GMB @WORK IN ASDA

GMB— your union in ASDA

### GMB new members prize draw

Fill in the application form overleaf to join GMB and receive an automatic entry into our fabulous prize draw!



\*\* Please note entries must be received no later than 12noon on Monday 26th November 2012. Prizes of an equivalent value maybe used to substitute those advertised



# Newsletter



## Claim tax back for washing your uniform

You may be entitled to claim money back from the Inland Revenue for washing your own uniform! Asda requires you to wear a uniform and does not provide you with any laundry tokens or facilities. This means you can request a rebate on the tax you have already paid dating back upto 6 years and also have your tax code changed so you pay less next year! It is free to find out whether you are entitled to a refund. Contact our local representative or call 0845 337 7777 who will be able to provide you with a standard letter to send to the Inland Revenue.



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## GMB Community Organising Project



Learning a new skill or gaining a new qualification could be a step in the right direction towards improving your job prospects or moving up the career ladder.

The COP projects purpose is to promote adult learning opportunities in communities and workplaces with the Yorkshire and North Derbyshire Region. The team encourage members to learn and become Union Learner Reps, promote new learning centres within workplaces and communities.

If you are interested in learning opportunities or becoming a Union Learner Rep please contact a member of the team on 01924 887 277.

### Keep your GMB membership up to date

It is important that you inform GMB of any changes to your home address and contact details, your bank account details if you pay via direct debit, your employer, job or contracted hours. We can then ensure that you continue to receive the full protection of GMB membership and we can keep you updated on relevant issues, benefits and services. Call 0845 337 7777 to up date your details!

## What can we offer you as a young member?

As a young worker you may not be aware of your workplace rights and may feel that as a result of this you are taken advantage of or treated unfairly. As a Young Member aged 16 to 27 we will ensure you have access to the support, advice and representation you need to navigate your way through any issues in your workplace which you are concerned are not right, unfair or discriminatory.

Our Young Members who are over 18 are also involved in being part of the volunteer group who work each year at popular Music Festivals during the summer months, such as Glastonbury and Leeds. As part of their efforts they help raise money to support campaigns by doing shifts on the bars which gains them free entry to see the bands which are performing.

If you would like to join us please fill in the attached membership form or join online at: [www.gmbyorkshire.org.uk](http://www.gmbyorkshire.org.uk) or if you are a Young Member needing support in your workplace, please contact your local Rep in the first instance or call 0845 337 7777.

If you would like to be part of an ever expanding social calendar or would like further information about being an active Young Member please contact:

Rachel Dix - Tel: 0845 337 7777 or [rachel.dix@gmb.org.uk](mailto:rachel.dix@gmb.org.uk)

## Become a workplace representative

We aim to have a Workplace and Health & Safety Representative in every ASDA Store and Supermarket. We already have a good network of Representatives across the Region and all GMB Representatives are entitled to paid time off to attend Regional health & safety meetings and training provided by the GMB. It is important to have a GMB Representative in each store as this will enable members work related and health & safety issues to be dealt with promptly.

If you require further information or wish to become a Representative in your Store please contact

Lynn Brook or Rachel Harrison on  
0845 337 7777 or [lynn.brook@gmb.org.uk](mailto:lynn.brook@gmb.org.uk)  
[rachel.harrison@gmb.org.uk](mailto:rachel.harrison@gmb.org.uk)



If you require assistance please contact your local Representative in the first instance or call 0845 337 7777  
To join fill in the application form overleaf or online  
[www.gmbyorkshire.org.uk](http://www.gmbyorkshire.org.uk) - JOIN NOW - Don't wait until it's too late