



PRODUCED BY

LIFEWORKS™
empowering the future for our youth

COMING of AGE

FREE ALL-DAY LGBTQA YOUTH CONFERENCE

SATURDAY, OCTOBER 19, 2013

UNIVERSITY OF SOUTHERN CALIFORNIA

MODELS
of **PRIDE**



We've created a workplace
where respect never gets a day off.

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- Industry leading transgender-inclusive benefits
- Strong anti-discrimination protections

To learn more about our commitment to diversity and inclusion, please visit:
<http://www.toyota.com/about/diversity>



COMING of AGE

WELCOME to the 21st annual Models of Pride Conference. We have been working hard for the past six months to bring you what we hope is a very special day. The hard work has been a pleasure because every year we get to enjoy watching over a thousand LGBT youth and our allies have fun, learn, meet new friends and enjoy a day that represents the world as we hope it will be. That world is finally becoming a reality! CEO of the Center Lorri Jean put it best when she said in 2012 we experienced an “Equality Bonanza!” After having zero wins and thirty-four losses in marriage equality initiatives, we won four in last year’s elections. Openly LGBT leaders won races in state legislatures around the country, we elected our first lesbian Senator and sent the first Asian American LGBT person to Congress from Southern California. Americans are supporting our civil rights in ever greater numbers. Around the world, LGBT people are experiencing a similar expansion of acceptance and recognition under the law.

In recognition of all of these advances, we have chosen *Coming of Age* as this year’s theme for Models of Pride. American society recognizes the age 21 as being the year we come of age as adults. We can also say the LGBT movement has come of age. But, like with any of us, there is always work to do and ways to improve. Each and every one of you, including our allies, has an important role in creating our future.

On behalf of everyone at the L.A. Gay & Lesbian Center, the staff of its LifeWorks program, and the Models of Pride Steering Committee, we hope that today provides you with the inspiration and tools to make your future everything you hope it will be.

Michael J. Ferrera
Director, LifeWorks

Kevin McCloskey
Models of Pride Conference Coordinator

MODELS
of
PRIDE

ModelsOfPride.org



LIFEWORKS™

empowering the future for our youth

www.LifeWorksLA.org

Twitter: LifeWorksLA

Facebook: www.facebook.com/lifeworksmentoring

We're dedicated to
helping lesbian,
gay, bisexual,
transgender and
questioning youth
reach their goals
and dreams!



SuperNova Martial Arts • OutSet (*Film Making*) • Yoga • Models of Pride
One-On-One Mentoring • OutsideVoices (*Chorus*) • DanceWerkz
Career Exploration • StepUp • Scholarships • Youth Leadership
PenPushers • Book Club • theSpace (*16 & under*) • Community Building

New Member Orientation Every Tuesday @ 3pm

Learn about all our different programs, how to join,
enjoy some snacks and meet
other LGBTQ youth in a safe space.

LifeWorks L.A. | Gay & Lesbian Center | The Village at Ed Gould Plaza
1125 N. McCadden Place | Los Angeles, CA 90038 | 323-860-7373
Email: LifeWorks@LAGaycenter.org

TABLE OF CONTENTS

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1 Major Sponsors

2-4 Schedule

5 Helpful Tips

6 Map

7-15 Workshop Lists

16-33 Workshop Descriptions

34 TOYOTA FINANCIAL SERVICES
**Resource Fair
& College Fair**

35-44 **Parent and Adult Ally Program**

46 Committees and Staff

MAJOR SPONSORS

Thank you to all of our 2013 sponsors!



Co-presented by



Contributing Organizations & Supporting Individuals

BOA Events - Campus Pride - Christopher Street West / L.A. Pride

Connect to Protect Los Angeles - Gail Rolf, Friends of Project 10 Inc.

Gay Men's Chorus of Los Angeles - Gay-Straight Alliance Network - Mayor Eric Garcetti

PFLAG - Shane Windmeyer - Steve Jimenez - The Relational Center

Tina Trondsen - T-Shirt Pros - Vincent Vigil, USC Resource Center

Virginia Uribe, Friends of Project 10 Inc. - York Knowlton, Imagine Y

SPECIAL THANKS

University of Southern California LGBT Resource Center
Queer and Ally Student Assembly, (QuASA) at USC

TODAY'S SCHEDULE

REGISTRATION 7:30 - 1:00

OPENING SESSION 9:00 - 10:15

presented by Toyota Financial Services

BREAK 10:15 - 10:45

NEWCOMER'S ORIENTATION 10:15 - 11:30

WORKSHOP SESSION 1 10:45 - 12:00

RESOURCE FAIR 11:30 - 1:30

presented by Toyota Financial Services

LUNCH 12:00 - 1:30

courtesy of In Good Taste

WORKSHOP SESSION 2 1:45 - 3:00

WORKSHOP SESSION 3 3:15 - 4:30

ENTERTAINMENT 5:00 - 6:00

DINNER 6:00 - 7:00

OPEN MIC 6:15 - 7:30

MONSTER HIGH DANCE 7:00 - 8:30

presented by Mattel

TONIGHT'S SCHEDULE

5:00 - 6:00 Entertainment Located in Bovard Auditorium

Join us for an hour of exciting entertainment featuring bands, performers and special celebrity guests.

Remember to turn in your conference evaluation or complete on the MOP app.

6:00 - 7:00 Dinner Served in Alumni Park *(same location as lunch).*

6:15 - 7:30 Open Mic Night Taper Hall Room 101
Sign up when you arrive to perform your dance, song or poetry.



7:00 - 8:30

Monster High Dance

presented by **Mattel**

Inside the Tutor Center Ballroom

If someone is picking you up
at the end of the night,
**please designate a spot on
the outskirts of USC to meet**
because no cars are allowed
on campus after 9pm.

Back by popular demand
from previous years: DJ Irma Covarrubias!

**You must be
in the ballroom
by 7:30
AND
if you leave,
you WON'T be
admitted back
in the dance!**



HELPFUL TIPS

THINK OUTSIDE THE BOX

We encourage you to attend workshops that you haven't attended before. Learn new things. Challenge yourself. Meet new people. Think outside the box to make the most of your experience at Models of Pride!

RESPECT YOUR PEERS!

During the workshops, please be respectful of the presenters and your peers and refrain from talking, texting or playing with your phone. In LifeWorks we employ "The Vegas Rule" – what is discussed and shared in the workshops is confidential and should not be shared.

TELL US WHAT YOU THINK!

Our evaluation forms are super important. We use them to plan the conference for next year. Each workshop will have an evaluation that you will fill out at the end of the workshop. On the MOP app and in your packet there is an evaluation for the whole conference. Drop those off on your way to dinner. It's quick, fun, and even gives you a voice in the future of Models of Pride. Pretty cool stuff, right?

GENDER NEUTRAL BATHROOMS

Von KleinSmid Center (VKC), all are gender-neutral
Bovard Administration Building (ADM) 1st, 2nd, 3rd floors
Taper Hall of Humanities (THH) 1st, 2nd floors (south side)
Tutor Campus Center (TCC) 2nd floor

BE A MODEL OF PRIDE!

Take what you learn today and pay it forward! Be a model of pride in the LGBTQ community. Create or join a GSA. Tell people about something valuable you learned at the Resource Fair. Go above and beyond to create change.

NEED SOMEONE TO TALK TO?

Look for any of our trained volunteers wearing *The Approachables* T-shirts. They are here to listen to you and talk about anything that may come up for you today.

LIFEWORKS PROVIDES YEAR-ROUND FUN!

If you want to keep the camaraderie of Models of Pride going, we encourage you to check out the L.A. Gay & Lesbian Center's LifeWorks Program. LifeWorks' goal is to help LGBTQ youth to realize their goals and dreams with a safe space, positive and affirming role models, and workshops & activities that are fun and educational. You can find LifeWorks on the web and on facebook! www.lifeworksla.org and www.facebook.com/LifeWorksLA.

www.modelsofpride.org

Like us on  www.facebook.com/lifeworksla

Follow us on  www.twitter.com/lifeworksla

Alumni Park:

Registration
Toyota Financial Services Resource Fair
Lunch and Dinner

Taper Hall of Humanities (THH):

Afternoon Workshops

Von KleinSmid Center (VKC):

Youth Workshops

Tutor Campus Center (TCC):

Opening Session
Newcomer's Orientation
Parent and Adult Ally Program
Entertainment and Monster High Dance
presented by Mattel

GENDER NEUTRAL RESTROOMS:

Taper Hall of Humanities (THH) - 1st floor
Tutor Campus Center (TCC) - 2nd floor
Bovard Admin. Bldg. (ADM) - 1st, 2nd, 3rd floors
Von KleinSmid Center (VKC) - All floors

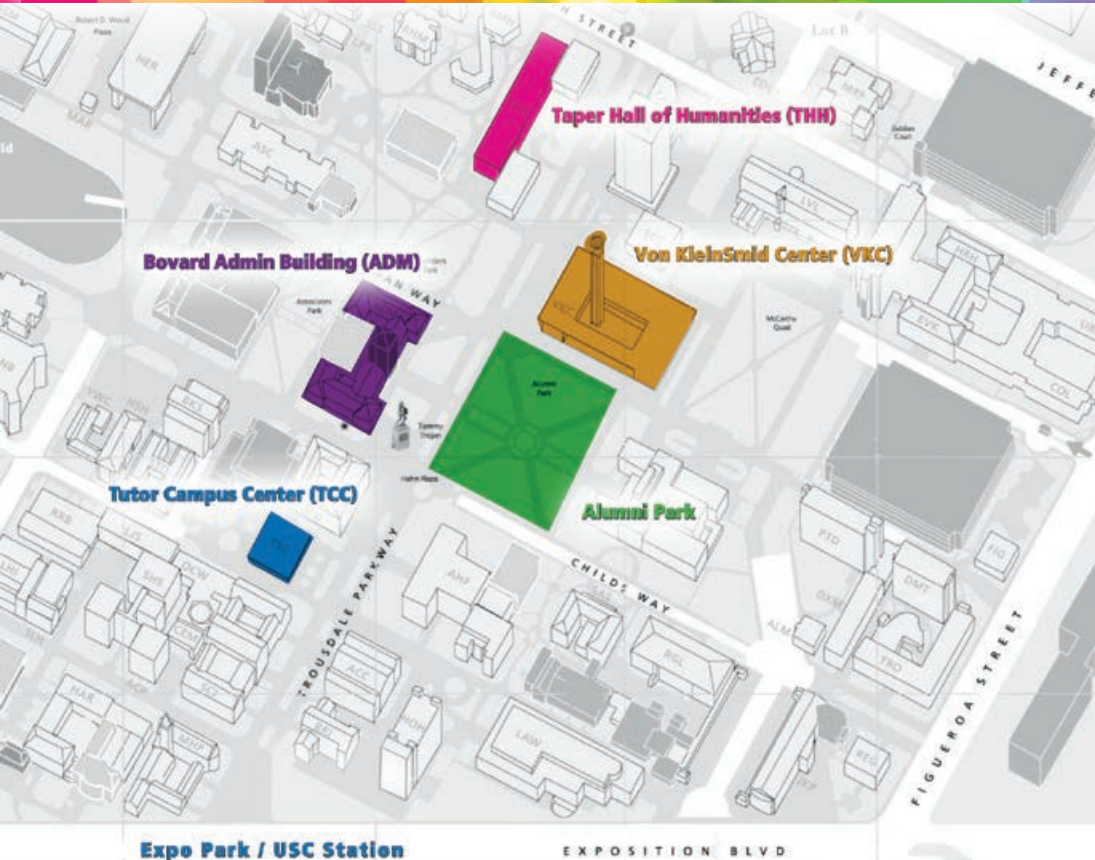
EMERGENCIES:

213.740.4321 or a Models of Pride
Volunteer wearing a Gray T-Shirt.

USC LGBT RESOURCE CENTER:

213.740.7619

CAMPUS MAP



SESSION 1 WORKSHOPS

ACTIVISM & SOCIAL JUSTICE

Counting On You To Make It Count!

VKC 204 - pg 18

Empower Yourself!

Building Youth Advocacy Skills

VKC 157 - pg 19

Fluidity and Nuance: Finding Your Place in the Gender Continuum

VKC 259 - pg 19

Get Empathy: Empowerment Through Community Building - part 1

VKC 207 - pg 20

Hate & Hope: LGBT People & Hip Hop

VKC 100 - pg 20

How to have a Kick-Ass GSA

VKC 101 - pg 21

Let's Talk About It!

LGBTQIPA Identities & Queer Culture

VKC 201 - pg 24

Latin@ Youth, Intersectionality, and Resiliency

VKC 155 - pg 24

OutSet Short Film Screening

VKC 211 - pg 26

Queer Time Travel

VKC 152 - pg 27

The LGBT Intergenerational Experience

VKC 156 - pg 31

ALLY BUILDING

AMP'ed Up: The Alive Music Project

Tutor Hall Ballroom - pg 16

Empower Yourself!

Building Youth Advocacy Skills

VKC 157 - pg 19

How to have a Kick-Ass GSA

VKC 101 - pg 21

Let's Talk About It!

LGBTQIPA Identities & Queer Culture

VKC 201 - pg 24

Trans* Ally Training

VKC 200 - pg 31

ARTS & EMPOWERMENT

A Queer Analysis of Archer

VKC 254 - pg 16

AMP'ed Up: The Alive Music Project

Tutor Hall Ballroom - pg 16

Fun with Flags: A Historically Gay Art Form and Dance

Alumni Park - pg 20

Get Empathy: Empowerment Through Community Building - part 1

VKC 207 - pg 20

Hanging Out & Hooking Up

VKC 111 - pg 20

Hate & Hope: LGBT People & Hip Hop

VKC 100 - pg 20

ImagineME: Shedding Guilt, Fear & Shame Through Liberation Arts

VKC 151 - pg 21

I AM Queer & Fabulous

VKC 105 - pg 21

Life is a Drag: Gender Performance in Practice

VKC 209 - pg 24

OutSet Short Film Screening

VKC 211 - pg 26

Reinas de Los Angeles: LA Drag Scene

VKC 150 - pg 28

The Game of Real LIFE

VKC 256 - pg 30

The Malaya Project: Telling Our Stories

VKC 110 - pg 31

Trans* Awareness: How Much Do You Know?

VKC 107 - pg 32

Yoga on the Green

Alumni Park - pg 33

COMING OUT

AMP'ed Up: The Alive Music Project

Tutor Hall Ballroom - pg 16

Queer Time Travel

VKC 152 - pg 27

The LGBT Intergenerational Experience

VKC 156 - pg 31

The Young Person's Guide to Raising Parents

VKC 205 - pg 31

Who Gets To Know Me?

VKC 158 - pg 33

GENDER (Queer, Trans, Intersex, etc)

Fluidity and Nuance: Finding Your Place in the Gender Continuum

VKC 259 - pg 19

Hanging Out & Hooking Up

VKC 111 - pg 20

Let's Talk About It!

LGBTQIPA Identities & Queer Culture

VKC 201 - pg 24

Life is a Drag: Gender Performance in Practice

VKC 209 - pg 24

The LGBT Intergenerational Experience

VKC 156 - pg 31

Trans* Ally Training

VKC 200 - pg 31

TransPuberty

VKC 106 - pg 22

HEALTH & HEALING

Fun with Flags: A Historically Gay

Art Form and Dance

Alumni Park - pg 20

Hanging Out & Hooking Up

VKC 111 - pg 20

Is Someone Else's Drinking Bothering You?

VKC 154 - pg 23

Latin@ Youth, Intersectionality, and Resiliency

VKC 155 - pg 24

Love Should Never Hurt

VKC 203 - pg 25

Saving LGBT Lives

VKC 109 - pg 28

Sex, Drugs, and Rock'n'Roll

VKC 160 - pg 28

Sexxx Drive: Get in Touch With Yourself

VKC 256 - pg 29

Stop Worrying and Love Your Emotions

VKC 202 - pg 29

Trans* Awareness: How Much Do You Know?

VKC 107 - pg 32

Trevor Lifeguard Workshop

VKC 108 - pg 32

Yoga on the Green

Alumni Park - pg 33

RACE & ETHNICITY

Counting On You To Make It Count!

VKC 204 - pg 18

Let's Talk About It!

LGBTQIPA Identities & Queer Culture

VKC 201 - pg 24

Latin@ Youth, Intersectionality, and Resiliency

VKC 155 - pg 24

Queer Latin@ (S)Heroes

VKC 210 - pg 27

The Malaya Project: Telling Our Stories

VKC 110 - pg 31

SEXUALITIES (Lesbian, Gay, Bi, Queer, Pan, Fluid, etc)

A Queer Analysis of *Archer*

VKC 254 - pg 16

Counting On You To Make It Count!

VKC 204 - pg 18

Hanging Out & Hooking Up

VKC 111 - pg 20

Let's Talk About It!

LGBTQIPA Identities & Queer Culture

VKC 201 - pg 24

SESSION 1 CONTINUED ON NEXT PAGE

SESSION 1 WORKSHOPS

SESSION 1 CONTINUED FROM PREVIOUS PAGE

SEXUALITIES - continued

Queer Time Travel

VKC 152 - pg 27

Sex, Drugs, and Rock'n'Roll

VKC 160 - pg 28

Sexxx Drive: Get in Touch With Yourself

VKC 256 - pg 29

The LGBT Intergenerational Experience

VKC 156 - pg 31

Born That Way: Being Gay and Christian

VKC 102 - pg 17

Father, Son and the Holy Gays

VKC 252 - pg 19

Intro To Meditation

VKC 261 - pg 23

Yoga on the Green

Alumni Park - pg 33

Outfest Presents: Valentine Road

Documentary Screening - part 1

VKC 100 - pg 26

Putting the B back in LGBT

VKC 109 - pg 26

Reel Talk With Yo Boies: Me & My Boies Vol. 1

VKC 150 - pg 27

Safe Schools for Trans* Students

VKC 210 - pg 28

Supporting All the Colors of the Rainbow

VKC 111 - pg 29

Talking About My Generation

THH 101 - pg 30

ALLY BUILDING

Love & Sex in a Big Fat World

VKC 252 - pg 24

How to have a Kick-Ass GSA

VKC 101 - pg 21

Reel Talk With Yo Boies: Me & My Boies Vol. 1

VKC 150 - pg 27

Supporting All the Colors of the Rainbow

VKC 111 - pg 29

Talking About My Generation

THH 101 - pg 30

Trans* Ally Training

VKC 200 - pg 31

ARTS & EMPOWERMENT

Big, Brave, Beautiful You

VKC 202 - pg 17

Get Empathy: Empowerment

Through Community Building - part 2

VKC 207 - pg 20

Love & Sex in a Big Fat World

VKC 252 - pg 24

How Dancing Saved My Life

VKC 205 - pg 21

Making Queerstory - part 1

VKC 257 - pg 25

SESSION 2 CONTINUED ON NEXT PAGE

SESSION 2 WORKSHOPS

ACTIVISM & SOCIAL JUSTICE

Become an Effective Citizen Advocate

VKC 201 - pg 16

DIY R'ashion (Recycled Fashion)

VKC 254 - pg 19

Get Empathy: Empowerment

Through Community Building - part 2

VKC 207 - pg 20

How to have a Kick-Ass GSA

VKC 101 - pg 21

Know Your Rights When Stopped by the Cops

VKC 155 - pg 23

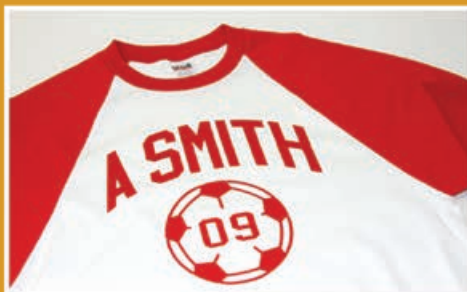
Know Your Rights: LGBTQ Student Civil Liberties

VKC 152 - pg 23

Making Queerstory - part 1

VKC 257 - pg 25

SCREEN PRINTING



Digital Printing



Embroidery

SESSION 2 WORKSHOPS

SESSION 2 CONTINUED FROM PREVIOUS PAGE

ARTS & EMPOWERMENT - continued

Mattel Presents: Living & Loving Life - Translating Your Creativity Into a Successful Future

VKC 260 - pg 25

Money Matters for the Young, Fabulous and Queer!

VKC 156 - pg 25

New Perspectives On Bullying: Transformational Theater Examining Violence Through Drama

VKC 259 - pg 25

On the Spot: Presence Through Improv

VKC 105 - pg 26

Outfest Presents: *Valentine Road* Documentary Screening - part 1

VKC 100 - pg 26

Rainbow of Desires: A Theatrical Approach to Finding Your True Colors

VKC 203 - pg 27

Reel Talk With Yo Boiz: Me & My Boiz Vol. 1

VKC 150 - pg 27

Self-Love 101

VKC 102 - pg 28

Show Us What You Got!

THH 202 - pg 29

Watch Me: A Queer Performance Workshop

VKC 157 - pg 32

Witch Way L.A.

Alumni Park - pg 33

Comcast | NBCUniversal:

So You Want to Work in Media?

VKC 258 - pg 29

CAREERS

6 Simple Steps to Landing Your First Job!

VKC 259 - pg 16

Jump Start The College Admission Process

VKC 209 - pg 23

Comcast | NBCUniversal:

So You Want to Work in Media?

VKC 258 - pg 29

COMING OUT

Coming Out for Asian and Pacific Islanders

VKC 107 - pg 18

Rainbow of Desires: A Theatrical Approach to Finding Your True Colors

VKC 203 - pg 27

Reel Talk With Yo Boiz: Me & My Boiz Vol. 1

VKC 150 - pg 27

GENDER (Queer, Trans, Intersex, etc)

Reel Talk With Yo Boiz: Me & My Boiz Vol. 1

VKC 150 - pg 27

Safe Schools for Trans* Students

VKC 210 - pg 28

Talking About My Generation

THH 101 - pg 30

Trans* Ally Training

VKC 200 - pg 31

HEALTH & HEALING

Decisions, Decisions! Learn to Own Your Decisions and Own Your Life!

VKC 154 - pg 18

Rainbow of Desires: A Theatrical Approach to Finding Your True Colors

VKC 203 - pg 27

Reel Talk With Yo Boiz: Me & My Boiz Vol. 1

VKC 150 - pg 27

Secret Survivors: Using Storytelling to End Child Sexual Abuse - part 1

THH 102 - pg 28

Self-Love 101

VKC 102 - pg 28

Sex, Drugs, and Rock'n'Roll

VKC 160 - pg 28

Trevor Lifeguard Workshop

VKC 108 - pg 32

Witch Way L.A.

Alumni Park - pg 33

RACE & ETHNICITY

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

Talking About My Generation

THH 101 - pg 30

SEXUALITIES (Lesbian, Gay, Bi, Queer, Pan, Fluid, etc)

Love & Sex in a Big Fat World

VKC 252 - pg 24

New Perspectives On Bullying: Transformational Theater Examining Violence Through Drama

VKC 259 - pg 25

Outfest Presents: Valentine Road

Documentary Screening - part 1

VKC 100 - pg 26

Rated M: Sex is Back

VKC 204 - pg 27

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

Sex, Drugs, and Rock'n'Roll

VKC 160 - pg 28

Talking About My Generation

THH 101 - pg 30

SPIRITUALITY & FAITH

Crystals Rock

VKC 110 - pg 18

God's Love: You Own It

VKC 106 - pg 20

Learn to Interpret Your Dreams!

VKC 261 - pg 24

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

Self-Love 101

VKC 102 - pg 28

Witch Way L.A.

Alumni Park - pg 33

ACTIVISM/SOCIAL JUSTICE

Building a Community of Queer Youth Leaders

VKC 209 - pg 17

NBCUniversal Presents:

Building Your Personal Brand

VKC 258 - pg 17

Catholic School Daze: An Interactive Performance

THH 102 - pg 18

Coalition Building and Justice in Your School!

VKC 101 - pg 18

DIY "Be-YOU-ty" Products

VKC 108 - pg 19

I Want My Queer TV

VKC 106 - pg 21

I'm Taking Care of My Community:

Who's Taking Care of Me?

VKC 210 - pg 21

Making Queerstory - part 2

VKC 257 - pg 25

Outfest Presents: Valentine Road

Documentary Screening - part 2

VKC 100 - pg 26

Putting the B back in LGBT

VKC 109 - pg 26

Queer Body Pride

VKC 252 - pg 27

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

Stand Up, Speak Out:

Becoming an Active Upstander

VKC 207 - pg 29

The Fosters Exclusive Screening and Cast Q&A / Presented by ABC Family

THH 101 - pg 30

The Truth Speaks: Unlimiting Blackness in LA

VKC 211 - pg 31

This Is What Feminism Sounds Like!

VKC 211 - pg 31

SESSION 3 CONTINUED ON NEXT PAGE

SESSION 3 WORKSHOPS

SESSION 3 CONTINUED FROM PREVIOUS PAGE

ACTIVISM/SOCIAL JUSTICE - continued

Toyota Presents: LGBT Equality in the Workplace

VKC 151 - pg 31

Using Social Media in Politics

VKC 254 - pg 32

What About Atheism?

VKC 160 - pg 32

Why is Your Health Linked to Your Wealth?

VKC 203 - pg 33

ALLY BUILDING

Catholic School Daze: An Interactive Performance

THH 102 - pg 18

Coming Out Without Coming Unglued

VKC 208 - pg 18

Did You Know?

VKC 107 - pg 19

Local GSA's Unite & Plan Activities Together

VKC 260 - pg 24

Reel Talk With Yo Boies: Me & My Boies Vol. 1

VKC 150 - pg 27

Stand Up, Speak Out:

Becoming an Active Upstander

VKC 207 - pg 29

Telling Dad

VKC 201 - pg 30

The Truth Speaks: Unlimiting Blackness in LA

VKC 211 - pg 31

ARTS & EMPOWERMENT

Acting with Pride

VKC 200 - pg 16

Bringing HAPPY Back Through Dance

THH 201 - pg 17

NBCUniversal Presents

Building Your Personal Brand

VKC 258 - pg 17

Catholic School Daze: An Interactive Performance

THH 102 - pg 18

LGBT Music Artists

VKC 152 - pg 24

Stand Up, Speak Out:

Becoming an Active Upstander

VKC 207 - pg 29

I Want My Queer TV

VKC 106 - pg 21

Making Queerstory - part 2

VKC 257 - pg 25

**Money Matters for the Young,
Fabulous and Queer!**

VKC 156 - pg 25

Outfest Presents: Valentine Road

Documentary Screening - part 1

VKC 100 - pg 26

Photocopying Queer

VKC 204 - pg 26

Poetry as Memoir

VKC 158 - pg 26

Reel Talk With Yo Boies: Me & My Boies Vol. 1

VKC 150 - pg 27

That's What She Said:

The Birth of a Queer Asian-American Webseries

VKC 155 - pg 30

The Fosters Exclusive Screening

and Cast Q&A / Presented by ABC Family

THH 101 - pg 30

This Is What Feminism Sounds Like!

VKC 211 - pg 31

Toyota Presents: LGBT Equality in the Workplace

VKC 151 - pg 31

CAREERS

Acting with Pride

VKC 200 - pg 16

NBCUniversal Presents

Building Your Personal Brand

VKC 258 - pg 17

Toyota Presents: LGBT Equality in the Workplace

VKC 151 - pg 31

COMING OUT

Catholic School Daze: An Interactive Performance

THH 102 - pg 18

Coming Out Without Coming Unglued

VKC 208 - pg 18

Discover LGBTQ History!

THH 202 - pg 19

It's Not Just About Sex

VKC 105 - pg 23

Keeping Faith in the Family

VKC 157 - pg 23

Reaching "Out"

VKC 205 - pg 27

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

Telling Dad

VKC 201 - pg 20

Toyota Presents: LGBT Equality in the Workplace

VKC 151 - pg 31

GENDER (i.e., Queer, Trans, Intersex, etc)

That's What She Said:

The Birth of a Queer Asian-American Webseries

VKC 155 - pg 30

Acting with Pride

VKC 200 - pg 16

Catholic School Daze: An Interactive Performance

THH 102 - pg 19

Coming Out Without Coming Unglued

VKC 208 - pg 18

**Masociclistas: BDSM/Bike Kink
for Queer and Trans People of Color**

VKC 154 - pg 25

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

HEALTH & HEALING

Catholic School Daze: An Interactive Performance

THH 102 - pg 18

LGBT Music Artists

VKC 152 - pg 24

Coming Out Without Coming Unglued

VKC 208 - pg 18

**I'm Taking Care of My Community:
Who's Taking Care of Me?**

VKC 210 - pg 21

**Masociclistas: BDSM/Bike Kink
for Queer and Trans People of Color**

VKC 154 - pg 25

Queer Body Pride

VKC 252 - pg 27

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

**Secret Survivors: Using Storytelling
to End Child Sexual Abuse** - part 2

VKC 110 - pg 28

What is Love?

THH 256 - pg 32

RACE & ETHNICITY

That's What She Said:

The Birth of a Queer Asian-American Webseries

VKC 155 - pg 30

The Truth Speaks: Unlimiting Blackness in LA

VKC 211 - pg 31

Coalition Building and Justice in Your School!

VKC 101 - pg 18

I Want My Queer TV

VKC 106 - pg 21

**Masociclistas: BDSM/Bike Kink
for Queer and Trans People of Color**

VKC 154 - pg 25

Reaching "Out"

VKC 205 - pg 27

Reel Talk With Yo Bois: Me & My Bois Vol. 1

VKC 150 - pg 27

**The Fosters Exclusive Screening
and Cast Q&A / Presented by ABC Family**

THH 101 - pg 30

SEXUALITIES (Lesbian, Gay, Bi, Queer, Pan, Fluid, etc)

Acting with Pride

VKC 200 - pg 16

Catholic School Daze: An Interactive Performance

THH 102 - pg 18

SESSION 3 CONTINUED ON NEXT PAGE

SESSION 3 WORKSHOPS

SESSION 3 CONTINUED FROM PREVIOUS PAGE

SEXUALITIES - continued

Coming Out Without Coming Unglued

VKC 208 - pg 18

Getting Bi in A Gay/Straight World

VKC 202 - pg 20

Masociclistas: BDSM/Bike Kink for Queer and Trans People of Color

VKC 154 - pg 25

Outfest Presents: *Valentine Road* Documentary Screening (Part 1)

VKC 100 - pg 26

Reel Talk With Yo Boiz: Me & My Boiz Vol. 1

VKC 150 - pg 27

The Fosters Exclusive Screening and Cast Q&A / Presented by ABC Family

THH 101 - pg 30

SPIRITUALITY & FAITH

Catholic School Daze: An Interactive Performance

THH 102 - pg 18

LGBT Music Artists

VKC 152 - pg 24

Coming Out Without Coming Unglued

VKC 208 - pg 18

Keeping Faith in the Family

VKC 157 - pg 23

Masociclistas: BDSM/Bike Kink for Queer and Trans People of Color

VKC 154 - pg 25

Reaching "Out"

VKC 205 - pg 27

Reel Talk With Yo Boiz: Me & My Boiz Vol. 1

VKC 150 - pg 27

What About Atheism?

VKC 160 - pg 32

What's Your Sign: Astrology, Dating and Compatibility

VKC 261 - pg 33



NEWCOMERS' ORIENTATION - 10:15-11:30

Meet by the Tommy Trojan statue outside the Bovard Auditorium

This workshop is designed for those new to Models of Pride and for anyone 16 years of age or younger. The focus of this workshop is to help you feel comfortable and make the most of your day. You'll make a ton of new friends, learn everything you need to know to have a great day, and you'll have a ton of fun!

Kevin Berg, LifeWorks.

6 Simple Steps to Landing Your First Job! - VKC 259

Are you ready for your future? Very few youth are ready, but landing your first job is an essential step! David Anderson has been running his own consulting business for ten years and knows what companies want in their applicants. He's seen thousands of resumes and interviewed hundreds of people each year and will show you what you need to stand out from other applicants. Don't miss this opportunity to learn the six steps that can set you on the right path for the rest of your life! **David Anderson**, AHRC.

A Queer Analysis of Archer - VKC 254

Archer fans unite! Ready to experience America's favorite special agent in a brand new way? Come join us as we examine the presence and exclusion of queer characters on *Archer*. TV, movies, are other media are quickly changing to be more inclusive, so let's take a look at *Archer* to see if he is keeping up with the movement. **Doug Riechel**.

Acting with Pride - VKC 200

Acting with Pride is a hands-on introductory workshop for the the aspiring professional actor. Participants will learn the importance of just being themselves in the acting world through particular emphasis on their LGBTQIA identity and will have the opportunity to work with the director and co-creators of "Lovely Bouquet of Flowers" on a scene or monologue of their choosing. **David Gaddas** and **Jazzmun Nichcala**, Lovely Bouquet of Flowers.

AMP'ed Up: The Alive Music Project - Tutor Hall Ballroom

AMP is a choral music presentation by over 30 members of Gay Men's Chorus of Los Angeles. Songs are interwoven with humor and our personal stories about coming out, coping with bullying/discrimination, the search for LGBT role models, and creating a community within a world-class performing arts ensemble. Moderated Q&A will follow, led by GMCLA outreach and artistic staff. **Dr. Joe Nadeau**, **Lee Stickler**, and the Gay Men's Chorus of Los Angeles.

Become an Effective Citizen Advocate - VKC 201

Do you want to make a difference in the world? The Human Rights Campaign is here to share with you the secrets to making local, national, and global change. The campaign for LGBT equality has come a long way, but there is still much to be done, and we need youth like you to continue lobbying for change. Your experienced HRC staff are here to teach you, and you don't want to miss this amazing opportunity!

Robert Mason, **Ted Holmsquist**, **Sue LaVaccare**, and **Joe Pardo**, Human Rights Campaign.

WORKSHOP DESCRIPTIONS

Big, Brave, Beautiful You - VKC 202

Are you living as your BIGGEST self? This workshop is an invitation to grow into the fullest expression of your authentic self and aims to equip you with tools to help you embrace big, brave, beautiful YOU. Utilizing video and other creative media, we'll explore parts of yourself you might be keeping small, and we'll experiment with nurturing them and letting them grow. **Kate McCracken** and **Jennifer Howd**, Big, Brave, Beautiful.

Born That Way: Being Gay and Christian - VKC 102

Tired of hearing that homosexuality is a sin? It's not, and Rev. Rick is ready to tell you why. In fact, participants will walk away from this workshop with a whole bunch of tools to counter religious hate messages aimed at the LGBT community. From examinations of what the Bible really says to the effects of anti-gay rhetoric in the community, this workshop is chock-full of important information that is sure to leave all participants feeling more secure in themselves and their faith. **Rev. Rick Eisenlord**, Good Shepherd Church, Pasadena.

Bringing HAPPY Back Through Dance - THH 201

Professional dancer and choreographer for the Lakers Girls and America's Best Dance Crew's Team Millennia and former manager of Season 5 Champions, Poreotics Dance Crew, didn't find happiness through success. He found it by accepting what he was.....GAY.....and doing what he loves.....DANCE. Join Danny V. Batimana and Happiness is NOW as they share their Happiness Formula and teach you a little YOLO Flash Mob Dance. "We're bringing HAPPY back!" **Danny V. Batimana** and **Team Millennia Dance Crew**.

Building a Community of Queer Youth Leaders - VKC 209

ENGAGE is a panel discussion of young politically involved queer activists and grass roots organizers. The panel will discuss what civic engagement is and how it relates to youth. Why is it important to get involved as a youth? What role do youth take in creating policy and supporting elected officials who are committed to the issues of the LGBT community? What if you want to BECOME an elected official one day? Participants will come out of the panel with an understanding of why it's important and how they can get involved. **Carolyn Wysinger** and **King Chan**, Long Beach Lambda Democrats.

MODELS OF PRIDE SPONSOR!

The Talent Lab @ NBCUniversal Presents: Building Your Personal Brand - VKC 258

Can't live without Starbucks, Target, or Apple? Then you must love brands and get why they matter! In this fun and interactive session, learn how companies create compelling and exciting brands. Then turn the tables and use those same marketing techniques to build BRAND YOU! Whether you are looking to stand out from the crowd to get into college, find that next job, or become the next YouTube sensation, this workshop will teach you everything you need to build your personal brand. **Jayzen Patria**, Executive Director of Talent Development & the NBCUniversal Talent Lab.

Catholic School Daze: An Interactive Performance - THH 102

This performance, written and performed by Karen Anzoategui, is sure to be an experience you will never forget. "Catholic School Daze" tells the story of 'Karen' who was forced to attend Catholic high school. 265 hours of Christian service later, she is forced to take public blame for an act of "lesbianism." This performance is followed up with an interactive workshop that includes Theatre of the Oppressed techniques that will keep the audience intrigued, entertained, and anxious for more. **Karen Anzoategui** and **Geoff Millam, MSW.**

Coalition Building and Justice in Your School! - VKC 101

Become an advocate for your peers and community! In this interactive, youth-led workshop, participants will learn about the school-to-prison pipeline, educational injustices and how these affect LGBTQA youth. This workshop will provide an in-depth look at educational justice movements, providing insights and tools to fight injustice in school discipline. This workshop is for youth of all identities and skill levels who want to build solidarity and preserve the right for quality and safe education for all. **Chris Wilson** and **GSA Network Youth Trainers.**

Coming Out for Asian and Pacific Islanders - VKC 107

Coming out can be a significant challenge, but coming out in the Asian/Pacific Islander community can be an even greater challenge still. This workshop was designed so that you can have an opportunity to hear from someone who has been where you have been. Asian/Pacific Islanders are held to different standards at home, at school, and even at work. Come discuss how to meet these expectations while embracing your LGBT identity! **Almas Haider, Sanjay Chugani, Danny V. Batimana,** and the **Public Education Committee.**

Coming Out Without Coming Unglued - VKC 208

Afraid of what your parents, friends, and families are going to say when you utter those words, "I'm Gay/Lesbian/Bisexual/Transgender/Queer?" Coming out is an opportunity to earn respect, love, and self-confidence. This workshop is your opportunity to get prepared to open up in the most intimate way; Every person should be free to express who they really are. It's your turn! **Rick Clemons,** The Coming Out Collective.

Counting On You To Make It Count! - VKC 204

It's your time! We are the generation of change, and it's up to us to make it happen. Come and join our panel of queer youth as we discuss community building, leadership, how our generation is already making an impact, and how you can become a leader! You're never too young to make a difference. The time is now! **Samuel Williams, Valentino Lopez, Michael Castro, Maurice Beazer, Gambit Guini,** and **Rey V,** Color in Common.

Crystals Rock - VKC 110

Do you want to learn how to balance and align your spiritual mojo? Want to bring in more prosperity, love and divine guidance into your life? In this hands-on workshop in crystal healing, learn how working with crystals can help to heal, open the heart, clear negative energy, boost psychic abilities, and empower the aura. **Nicholas Pepe.**

Decisions, Decisions! Learn to Own Your Decisions and Own Your Life! - VKC 154

Our lives are filled with decisions! Decisions about our health and well-being can be some of the hardest decisions to make. This workshop will guide you on how to make healthy decisions and how to communicate your decisions to anyone in your life! Ladies and gents interested in improving their communication skills, decision making, and relationships will get the most out of this workshop! **Kathleen Nogoy** and **Gabriella Galdamez.**

WORKSHOP DESCRIPTIONS

Did You Know? - VKC 107

What do you know about HIV? Come learn about the risks of infection and transmission, as well as strategies to have helpful, healthy conversations with people about the disease. Knowledge is power, and this power can save lives. Get educated and make a difference today! **Jerry Morris** and **Lenworth Poyser**, Children's Hospital Los Angeles.

Discover LGBTQ History! - THH 202

Discovering men who loved men (like Alexander The Great and Shakespeare), women who loved women (like The Ladies of Llangollen and Eleanor Roosevelt), and people who transcended gender boundaries (like the Pharaoh Hetshepsut and the Zuni We'wha): our history is empowering! Much of our LGBTQ history has been hidden, and in this session we'll reclaim some incredible stories and people who are our ancestors, our legacy, and our history! **Lee Wind**.

DIY "Be-YOU-ty" Products - VKC 108

What makes you beautiful? Join us as we expose the hazardous substances we use everyday - deodorants, lotions, cologne, perfumes, gel, make up, etc. - which weirdly enough make us feel beautiful. Come participate and learn how our indigenous roots hold the secret to the fountain of beauty. Join us as we engage in DIY (Do It Yourself) beauty products and learn other forms of self-care as we uncover be-YOU-ty! **Milton Nimatuj**, **Iris Verduzco**, **Gerardo Gutierrez**, **Adelene Velazquez**, Communities for a Better Environment.

DIY R'ashion (Recycled Fashion) - VKC 254

DIY R'ashion (Recycled Fashion) is a fun workshop exploring how to turn "junk" into useful items! Discover how your "trash" can become an up-cycled piece of decoration, wallet, or other accessory. Not only will this be a creative excursion for you, but you'll also be encouraged to think about the environment as we discover new ways to recycle! **Angelica Herrera**, Surfrider Foundation.

Empower Yourself! Building Youth Advocacy Skills - VKC 157

Every day in our society, youth are discriminated against just because they're young. That's called Adulthood, and like other kinds of discrimination, it's wrong. But youth can change that! Join us as we talk about and practice the ways youth can empower themselves, build their skills, and create respectful alliances with adults in school, work, community groups, and even in families. **Daniel Solis**, **Xander Pacach**, **Matthew Zavala**, Center for Strengthening Youth Prevention Paradigms

Father, Son and the Holy Gays - VKC 252

This workshop is designed to help you gain a better understanding of yourself as an LGBTQIA person who is loved and valued by God. We will give you some basic information on what the Bible "really" says about homosexuality and provide an opportunity for you to hear personal stories from people who have reconciled their sexual orientation and their faith. **Jerrell Walls**, Christ Chapel of the Valley.

Fluidity and Nuance: Finding Your Place in the Gender Continuum - VKC 259

Challenge your thoughts on gender! Participants will play the game "The Human Barometer" where they will exercise their ideas about gender. Facilitators will lead meaningful discussions of gender, social constructions, and personal experiences. We will openly discuss masculinity, femininity, and all shades between and beyond. Get ready to reshape the dialogue. **Lester Alemán**, The Posse Foundation, Inc.

Fun with Flags: A Historically Gay Art Form and Dance - Alumni Park

Come outside and get some fresh air for this workshop on Flag Dancing! Come learn about the queer history of flag dancing in the community and have some fun learning about an awesome art form. Color meets flow in this creative experience that is sure to leave you exhilarated and relaxed! **Amy Lam** and **Xavier Caylor**, Flagging in the Park - San Francisco.

Get Empathy: Empowerment Through Community Building - VKC 207 two-part / sessions 1 and 2

Come and learn from your peers how to be an activist and help build a movement to end bullying at your schools! Learn how to become a leader by sharing your story so that others can join with you in this grassroots movement in changing the culture of racism, sexism, classism and homophobia in your school. **Jessica Weissbuch**, **Cedar Landsman**, and **Ric Tennenbaum**, LifeWorks.

Getting Bi in A Gay/Straight World - VKC 202

Different issues result from coming out as “bisexual” as opposed to coming out as “gay” or “lesbian.” This workshop will discuss those differences, the stereotypes that plague bisexuality in modern society, and the continued difficulties bisexuals face within the LGBT community. **AJ Walkley**.

God’s Love: You Own It - VKC 106

You were created to enhance this world and everything in it. Stop allowing those who don’t understand that fact to tell you anything different. This workshop is for those interested in hearing about exactly how much God loves you, whether you are short, tall, white, black, straight, trans, or queer. Come learn how to embrace God’s love, and share it with the people in your life. **Deacons Lee Arnee** and **Anthony Batiste**.

Hanging Out & Hooking Up - VKC 111

How LGBT-inclusive was your sex ed class? Most school districts don’t cater to LGBT youth when discussing sex, dating, and hooking up. So here’s your chance! Come learn important information about recognizing your needs, wants, and boundaries, as well as those of a potential partner. Utilizing discussion, interactive exercises, and role-playing, you are guaranteed to leave this workshop feeling more informed about your future life endeavors! **LaDawn Best**, **Mieko Failey**, **Giovanna Martinez**, and **Drian Juarez**, LA Gay & Lesbian Center.

Hate & Hope: LGBT People & Hip Hop - VKC 100

Do you like hip-hop? Tired of hearing rappers call each other “fa****”? Ever heard of homo-hop or gayngsta rap? This fun and interactive workshop will examine LGBT themes and identity in contemporary hip-hop. Using interviews, music videos and songs, we will look at how mainstream artists—including Game, Too Short, Jay-Z, Run-DMC, Fat Joe, and others—perceive the Queer community in hip-hop. We will also examine how LGBT identity influences the work of Queer rappers. **Óscar De Los Santos** and **Nick Cuccia**, University of Southern California.

WORKSHOP DESCRIPTIONS

How Dancing Saved My Life - VKC 205

Come and hear ReachLA's Studio Dancers speak of how dancing has impacted their lives. During this session we will discuss how to infuse Arts (Dance) to Empower, Educate and Motivate youth in the community. The presentation will be followed by a demonstration of a basic routine; Anyone can learn this fitness-encouraging routine and perhaps learn how dancing can change your life! **Greg Wilson, Enyce Smith, Daveione Williams, Jamari Blahnik, and Ryku Revlon, R-LA Studios.**

How to have a Kick-Ass GSA - VKC 101 session 1 or 2

In this youth-led, interactive, MOP favorite, youth will gain a better understanding of the different types of GSA (Gay-Straight Alliance) clubs, learn about mission statements, organizing meetings and activities, how to be a facilitator, and gain skills and ideas in fundraising, outreach, membership, and activities. GSAs make schools safer, more accepting places, and by attending this workshop, you can learn about the tools needed to do your part in your school community. **Chris Wilson and GSA Network Youth Trainers.**

I AM Queer & Fabulous - VKC 105

There is no reason to ever feel "not good enough." In this fun and interactive workshop, you will learn how to turn negative self-talk and mind-mucking junk into a powerful "I AM" contract. Discover what is already amazing about yourself, and step into your queer and fabulous power NOW! **Kim Girard, Kim Girard Coaching.**

I Want My Queer TV - VKC 106

Tune-in for a discussion on LGBTQ visibility on TV! We'll flip through the channels of history by exploring 50 years of queer characters and learn about common TV tropes and stereotypes of the LGBTQ community. Lastly, an interactive survey of current representations will help you discover your media literacy potential. **Joel Gemino and Jon Dempsey, Chaffey High School.**

I'm Taking Care of My Community: Who's Taking Care of Me? - VKC 210

In LGBTQ activist communities we are frequently encouraged to set aside our own needs in order to devote ourselves to a cause. Caring for our communities and fighting the good fight requires that we care first and foremost for ourselves. This workshop will focus on two crucial areas: identifying our needs, and creating spaces that support personal and collective struggles. This workshop will leave all participants with a more thorough understanding of self-care, so that we can then care for the needs of others. **Lakia Davis and Ray Fernandez, Colors LGBTQ Youth Counseling & Community Center.**

ImagineME: Shedding Guilt, Fear & Shame Through Liberation Arts - VKC 151

With judgmental stares, belittling comments, homophobic sermons spewed from pulpits and ostracism from family squelching our sense of freedom, the embodiment of our true selves can feel downright impossible. We will co-create a healing and resilience-building space and begin an honest dialogue around the negotiation of non-gay affirming upbringings and current attempts to genuinely embrace our sexualities. Envisioning ourselves as self-empowered change agents, we'll identify personal ways to actualize the beauty of such hopeful imaginings. **Lakhiya Hicks, LifeWorks.**

CONGRATULATIONS TO THE WINNERS OF THE 2013 ROLF / URIBE LEADERSHIP AWARD!

The Rolf/Uribe Leadership Award is given annually

to one youth and one adult who has each been

a model of pride to LGBT youth and shown

extraordinary leadership on behalf of the LGBT community.

LifeWorks thanks you for your accomplishments and contributions.

You rock!



WORKSHOP DESCRIPTIONS

Intro To Meditation - VKC 261

Heard about the benefits of meditation but don't think you know enough to start? Do you think that to meditate you need to devote hours of discipline before you can even begin? Learn the real truth about what meditation is and how to get started right now on your inner journey. It's much easier and way more fun than you ever imagined; get started today in this fun and informative workshop in which you will learn a variety of meditation techniques. **Dr. Michael Lennox**.

Is Someone Else's Drinking Bothering You? - VKC 154

Drinking affects not just the drinker but also the drinker's family and friends. Alateen is a program that provides support for teens affected by drinking. During this workshop with a 3-member LGBTQ Alateen panel, the panel members will share how their lives have been affected by alcoholism and what they've learned in Alateen that has helped them turn their lives around. **Richard Rosenthal**, Al-Anon Family Groups.

It's Not Just About Sex - VKC 105

Becoming happy and healthy for life is more than just learning how to be good in bed. Part of living a full queer life is learning how to create your own Family of Choice. Your bio-family may already know you're queer, but they won't know how to teach you how to live a full LGBTQ lifestyle. You'll need to create a different family to walk you through life's queer journey. Learn how to build your family of choice and how to find role models that reflect who you want to become. **Jeanne Cordova**, MSW.

Jump Start The College Admission Process - VKC 209

It is never too early to start preparing for college! Get a jump start on the college admissions process by learning what you should be looking for in a college and what colleges want from an applicant. Come gain the knowledge and tools necessary to get you on track to attend the college you want for the career you desire! **David Montesano**, College Match US.

Keeping Faith in the Family - VKC 157

You don't have to leave faith behind when you or someone you love comes out. Religion and support of LGBTQ family and friends can co-exist. Come listen to parents and LGBTQ persons who have remained committed to both faith and family as they share how their beliefs have deepened and how religion motivates their activism. **Mariette Sawchuck**, **Stuart Huggins**, **Karen Mason**, and **Carol Mannion**, PFLAG Los Angeles.

Know Your Rights When Stopped by the Cops - VKC 155

Have you ever been stopped by police and wondered about YOUR rights? Want to know what to do or say when interacting with law enforcement? In this workshop, you will learn your Constitutional rights when it comes to being stopped, questioned or arrested, as well as tips on effective communication and legal resources. **Jake Finney** and **Melissa Goodman**, LA Gay & Lesbian Center.

Know Your Rights: LGBTQ Student Civil Liberties - VKC 152

Do I have the right to express my opinion at school? Can I wear gender nonconforming clothing to school? Can I bring a same-sex date to prom? Can my school out me to my parents? Am I protected from bullying at school? This workshop will provide answers to these and other questions regarding the legal rights of LGBTQ students. **Joey Hernández**, ACLU of Southern California.

Learn to Interpret Your Dreams! - VKC 261

If dreams are messages from the unconscious, then working with them can yield amazing results. When you know how to effectively use powerful dream experiences, great progress can be made in the process of awareness, insight and self-actualization. **Dr. Michael Lennox.**

Let's Talk About It! LGBTQIPA Identities & Queer Culture - VKC 201

What's going on in Lesbian, Gay, Bisexual, Pansexual, Transgender, Asexual, Queer and Straight Ally communities of color? Do you have strong opinions about pressing issues in the Queer culture of today's society? Have we come a long way or do we have a long way to go? Join this safe and welcoming environment as we ponder current LGBTQ hot topics such as intersecting identities, media representation, coming out, bullying, same-gender marriage, gender and sexual fluidity, allies, etc. You don't want to miss this! **Lysander Valenzuela, CSULA.**

LGBT Music Artists - VKC 152

A panel of LGBT clean and sober musicians, songwriters, and music producers discuss how they've navigated through our community with important messages of health, faith, and creativity. This largely interactive session is your opportunity to ask questions and even get a chance to perform in front of the pros. All participants are invited to perform in the open mic that will be facilitated by the panelists who will also perform. **Arro Verse** and **Kia Hamm**, The Marry Me Movement.

Life is a Drag: Gender Performance in Practice - VKC 209

Come learn about the construction—and deconstruction—of gender through drag, and try your hand at a performance! Drag Kings and Queens are emerging stars in today's ever-changing media spotlight, but there is a lot more to drag than just the costume and the make-up. In this session, we will explore the representation of an entire community and performance tradition. **Charlie Doyle**, Chapman University.

Local GSA's Unite & Plan Activities Together - VKC 260

GSA clubs can work together to create fun activities. This session will teach participants what to plan, how to plan, and how to avoid mistakes. Mike and Doug work with seven local high school GSA clubs to plan and conduct activities: dances, movie nights, bowling nights, beach parties, beach bonfires, discussion/support groups, bicycle trips, sunset/moon-rise hikes, tide-pool visits, etc. Participants will share their own experiences with LGBTQ activities. **Douglas Pollock** and **Mike Freeman**, Marmonte GSA.

Latin@ Youth, Intersectionality, and Resiliency - VKC 155

LGBTQ immigrant youth and youth of color are encouraged to attend this informative workshop where we will hear and share stories of LGBTQ Latin@ and youth of color. Our goal is to give all participants the ability to identify barriers supporting these youth and their families, as we explore immigration, recognize intersectionality, and become empowered by the resiliency of People of Color. Spanglish is welcome! **Marco Castro-Bojorquez**, Lambda Legal.

Love & Sex in a Big Fat World - VKC 252

What's different about dating and relationships between chubs & chasers? Being a chub or a chaser means facing unique challenges in life and blazing our own trails. In this seminar, we'll focus on the central issues unique to our relationships in a safe, non-judgmental space where we're free to ask questions and examine beliefs. **Dan Oliverio.**

WORKSHOP DESCRIPTIONS

Love Should Never Hurt - VKC 203

"A guy can't be beaten by another guy; that's just playing around." "A woman is too weak to hurt anyone, even another woman." This forum is all about discussing the importance of acknowledging abuse in LGBTQ relationships, which is not being taken seriously by the general public. We'll give you the tools of the trade to recognize, reject, and (if it ever comes down to it) run from a toxic relationship. **Carlos A. Vidales**, CSULA.

Making Queerstory - VKC 257 two-parts: session 2 and 3

Take part in a one-of-a-kind workshop facilitated by The Lavender Effect organization called "Making Queerstory!" Meet some of Southern California's LGBTQ Pioneers and, after interviewing them, present their stories in a unique and creative way. This is a two-session workshop to celebrate our Queer History, so please plan accordingly. **Andy Sacher**, The Lavender Effect.

MODELS OF PRIDE SPONSOR!

Mattel Presents: Living & Loving Life - Translating Your Creativity Into a Successful Future - VKC 260

Do you have big dreams about your future? Do you think that you have to sacrifice your creativity to be successful? There are many decisions, paths, and challenges in your life, but shelving your creativity should NOT be taken lightly! So how do you transform your creative ideas into reality? Come listen to Mattel employees share stories about their lives and careers, and the best ways to use creativity in your life. **Robert Best, Michelle de Armas, Stephen Divenere, Cliff Kellas, Darren Sander, Kay Steele**, and moderator **Anna Ziss-Patton**, Mattel.

Masociclistas: BDSM/Bike Kink for Queer and Trans People of Color - VKC 154

Let's talk about sex and the ways BDSM/kink decolonizes and re-defines our sexuality. Come learn about how we as queer & trans* folks of color can reclaim our sexualities from histories of oppression. Let's share stories, deconstruct "normal" sex, and expand our ways to have sex, make love, and enjoy the erotic. Let's whip out the whips and discuss how to make sex toys that do not compromise our earth, our hard earned cash, nor our spirits. Let's dabble into what play time can look like - transformative, healthy, consensual, and pleasurable. BDSM/kink practices can help enhance our lives and communication in the bedroom and beyond. **A Safe Space for Queer & Trans* Folks of Color Ages 18 & over** **Ana Bel Sanchez** and **Rio Contreras**, Masociclistas.

Money Matters for the Young, Fabulous and Queer! - VKC 156 session 2 or 3

Frada or Prada? Gucci or Fucci? Is that banker interested in you or trying to make interest off you? Learn the basics of credit, love and money, and financial planning—so you can be FABULOUS! **Aaron Saenz**, LAUSD/SGV Pride/Pasadena Pride Center.

New Perspectives On Bullying: Transformational Theater Examining Violence Through Drama - VKC 259

Take a fresh look at bullying! In this workshop we will examine many perspectives of bullying. What are the roles of speech, action and violence? What are the roles of perpetrator, target, ally, and bystander? Participants will have the opportunity to take on different roles in a safe environment so that we might come to deeper understandings of the phenomena at play. Let's see how we can take the walk beyond the talk and create meaningful change within ourselves and our communities. **Lester Alemán**, The Posse Foundation, Inc.

On the Spot: Presence Through Improv - VKC 105

We all know that we are stronger, kinder, and wiser when we are “here & now,” yet remembering and practicing true “presence” is infinitely challenging. This workshop will use the tools of improvisational performance to unlock blocks standing in the way of our Authentic Truth. Come play, laugh and engage from the heart as we cultivate three key elements of Presence: Finding Quiet, Active Listening, and Expressive Generosity. **Davie-Blue Bacich**, Bright Creatures.

Outfest Presents: Valentine Road

Documentary Screening - VKC 100 two-parts: session 2 and 3

When an eighth grade boy is shot twice at point-blank range by his Valentine crush, many, including the jurors, are quick to blame the victim rather than the aggressor. With a remarkable degree of clarity, Marta Cunningham’s riveting documentary investigates the roots of LGBT discrimination and bullying as well as the inherent legal flaws that keep true justice from being served. Join us for this exclusive viewing about the 2008 murder of Larry King, after which we will have a discussion about this intense story. **KP Pepe**, Outfest Director of Programming and **Marta Cunningham**, Director & Producer.

OutSet Short Film Screening - VKC 211

Come see the short films produced, written and directed by the next generation of LGBTQ filmmakers between the ages of 16-24. OutSet is the Young Filmmakers Project from Outfest and LifeWorks which exists to mentor and educate young people in the Los Angeles area through a film lab taught by entertainment industry professionals. Each Fall 15 fellows are selected through an application process to participate and they write, produce, direct and create set designs for 5 short films. The filmmakers will be present for a Q & A to follow the screening. **Shari Greicar** and **OutSet Youth Fellows**, Outfest.

Photocopying Queer - VKC 204

Photocopying Queer - part art, part activism! Check out some queer zines (mini-magazines) and learn how to make your own! We’ll be learning about the zine movement, particularly with how it has included LGBTQ zinesters. We’ll also be making a queer youth compilation zine with stories, artwork, comics, and whatever else your little queer heart desires. **Jen Venegas** and **Robyn La Flor**.

Poetry as Memoir - VKC 158

Generate new poems based on the content of your life. Autobiographical writing leads to deep self-reflection and appreciation of your whole self. Participants will learn about writing poetry and will craft enjoyable, perplexing, humorous, nostalgic, and sometimes troubling works of art. You don’t need to like poetry, writing, or reading to have a great time in this workshop. Don’t worry about spelling, grammar, or proper vocabulary in here - just bring an open mind, and you’ll be amazed at what you can do. **Steven Reigns**.

Putting the B back in LGBT - VKC 109 session 2 or 3

Tired of people telling you to pick a team? You’re not alone. Bisexuals experience high rates of being discriminated against and rendered invisible by both the heterosexual world and the lesbian and gay communities. Despite years of activism, the needs of bisexuals go unaddressed, and our very existence is still called into question. This workshop will explore the root of bisexual invisibility and how we can join together to put the B back in LGBT. **Jamie Biggs**, CSUN.

WORKSHOP DESCRIPTIONS

Queer Body Pride - VKC 252

What happens when you don't fit into society's idea of what is "acceptable"? This dynamic, interactive, fun workshop will examine topics such as self acceptance, being Fat & Fabulous, promoting equality at every size, and recognizing health at every size. Learn how to accept your body with all its fabulous uniqueness, and learn how to stand up for equal treatment of people of all sizes. **Julianne Wotasik, Jeanette DePatie, and Ragen Chastain**, Size Diversity Task Force.

Queer Latin@ (S)Heroes - VKC 210

Come learn about your Queer Latino history, past and present! Los Angeles is full of Latino LGBT (s)heroes queering the City of Angels. We will explore icons of Queer Latin America, uncover the scandals of our queer Latino ancestors and wrap it up by hearing directly from today's Latino LGBT pioneers. This workshop will be in Spanish, so start practicing. **Francisco Dueñas**, Lambda Legal.

Queer Time Travel - VKC 152

Take an awesome rocket ride back to the game changing explosive events, and meet the people whose shoulders you proudly stand on today; from Bessie Smith singing the blues in Harlem, Rosie the Riveter, the World War, James Baldwin, Capote, the Swinging Sixties, Sex, Drugs and Rock-n-Roll, JFK and Martin Luther King, the Pill, Vietnam, to the Stonewall rebellion and gay liberation - this workshop is bound to blow your mind! **Arnold Pomerantz**, GLIDE.

Rainbow of Desires: A Theatrical Approach to Finding Your True Colors - VKC 203

This workshop will help you to identify the "cops" in your head which keep you from being your fullest self. Using techniques from Theatre of the Oppressed, a type of interactive theatre which focuses on social activism and communal empowerment, combat all the reasons to stay in the closet or hide parts of yourself. Real. Resilient. Rejuvenating. **Rosemary Marston-Higdon and Gilbert Salazar**.

Rated M: Sex is Back - VKC 204

Does that feel good? Is that a turn off? Does size matter? Rated M is the space where sex isn't taboo and where topics of discussion are the ones we rarely talk about: online hooking-up, frequenting bath houses, frisky sexual encounters, and learning to be sex positive. Rated M for Mature Language, Mature Content, Men. **Leo Rodriguez and the Color in Common Boys**.

Reaching "Out" - VKC 205

Reaching "Out" is a workshop about how Spirituality/Religion and Racial/Ethnic backgrounds may impact a young person's coming out experience. Do you have questions about coming out? Everyone does! Come join our dialogue about when, how, where, and why to come out. Everyone has their own individual coming out experience, and we want to help make yours the best it can possibly be. **Greg Wilson and Ovahnness Leaders**, REACH LA.

Reel Talk With Yo Bois: Me & My Bois Vol. 1 - VKC 150 session 2 or 3

Me&MyBois Vol. 1 is a documentary that follows some masculine of center bois residing in California, sharing their experiences to provide visibility for LGBTQ/Queer people. Meet others with a special interest in discussing the following topics: gender, sexuality, the intersection of race & sexuality, spirituality, mental health, physical health, community activism, and the erotic. Come celebrate the beauty and resiliency in being gender non-conforming! **Lex Kennedy and Megan Benton**.

Reinas de Los Angeles: LA Drag Scene - VKC 150

Reinas de Los Angeles explores the lives of Latina immigrant women who produce, host, and perform drag shows throughout LA. The stories explore the social, political, and artistic worlds of a community that has been thriving for the last 20 years. Come join in a screening of an excerpt of this film and join a discussion moderated by the director. **Byron Jose**.

Safe Schools for Trans* Students - VKC 210

A school is supposed to be a safe place of learning for ALL its students, yet trans* youth often find themselves feeling unwelcome or marginalized in academic settings. Come to this workshop to learn how we can make schools a safer, more welcoming place for trans* and gender-nonconforming youth. Learn how to become advocates in your school community so that together we can create an environment to promote the academic success and emotional well being for all students. **Eli Erlick**, Trans Student Equality Resources.

Saving LGBT Lives - VKC 109

How are you supposed to know if your friend is asking for help or just joking around when she says "I don't want to live anymore?" This workshop examines the warning signs of depression and suicide so that you can be prepared to recognize and act when a loved one is in need. Know when something's up. Know when to get help. Youth presenters, handouts, videos, and community resources are all shared in this important workshop. **Elaine Leader, PhD., Ric Tennenbaum, and Greta Mellendez**, TEEN LINE.

Secret Survivors: Using Storytelling

to End Child Sexual Abuse two-parts: THH 102 part 1, session 2 - VKC 110 part 2, session 3

Secret Survivors is a theater-project-turned-documentary conceived by Amita Swadhin, a queer woman of color, daughter of immigrants, and survivor of incest and other family violence. She partnered with NYC-based Ping Chong & Co. to create this work, featuring her and other survivors of child sexual abuse telling their stories. View the resulting documentary, learn how to politicize child sexual abuse as a social justice issue, and discuss the potential for replicating this project. **Amita Swadhin**, Peer Health Exchange.

Self-Love 101 - VKC 102

Whether you know it or not, you have a full-on relationship with yourself just like you have with your friends and family - a relationship full of conversations, fights, celebrations, support, lies, love, hate, listening, ignoring and, most importantly, being. Show up and say hi to yourself. Come and have fun with the parts of you that you like. And sit down and have an open conversation with the parts of you that you may not like. You will be amazed at what you will learn about yourself. **Maia Akiva**.

Sex, Drugs, and Rock'n'Roll - VKC 160 session 1 or 2

Elaine Suranie's workshop is a fun, interactive lecture with group participation while learning about hormones, sex, biology, and how your brain works. Behaviors create your routines and your routines create the direction of your life! This our 7th year at Models of Pride to standing room only crowds. Do not miss this inspiring, informative, session! **Elaine Suranie**, RYSE! (Reclaim Your Spirit Education).

WORKSHOP DESCRIPTIONS

Sexxx Drive: Get in Touch With Yourself - VKC 256

Sex! We all think about it. It is a natural and basic human need. Come and learn about your own your sexual pleasures, feel comfortable with your body, and assert what turns you on and what turns you off. This intimate discussion will provide a safe and open space to talk about sexxx. **Alexander Pacach** and **Matthew Zavala**, Children's Hospital Los Angeles.

Show Us What You Got! - THH 202

Are you ready to perform? Come and show us what you got! Bring your favorite song, poem, dance, movie scene, or open mic piece to perform, and get feedback from performing & recording artist Kelly Mantle and actor, director & producer Jon Imparato. Don't miss this opportunity to get invaluable advice from the pros! **Jon Imparato** and **Kelly Mantle**, LA Gay & Lesbian Center.

MODELS OF PRIDE SPONSOR!

Comcast | NBCUniversal Presents: So You Want to Work in Media? - VKC 258

Are you considering a career in media? Do you love TV, film, or even your smartphone? Come hear about how to be out AND successful at work! In this interactive panel, learn how to break into the industry from the experts! LGBT media employees will be on hand to share their stories and give advice regarding the educational and work experience needed to turn their passions in to careers, coming out at work, and getting your foot in the door. These employees from NBCUniversal, one of the world's premier entertainment, news, and sports media companies, are here to give you the inside scoop. You don't want to miss this opportunity! **NBCUniversal Employee Panel** and **Jayzen Patria**, Executive Director of Talent Development & the NBCUniversal Talent Lab.

Stand Up, Speak Out: Becoming an Active Upstander - VKC 207

Sometimes we don't realize the powerful effect or lasting impact words can have. Have you ever seen someone being bullied or teased and wanted to help, but didn't know how? This workshop will teach you how to safely become an upstander that can respectfully and confidently disarm bullies and help those being bullied feel valued. Through various realistic role plays, participants will learn to fully utilize tools to create change, one voice at a time. **Jessica Weissbuch** and **Get Empathy! Youth Leaders**.

Stop Worrying and Love Your Emotions - VKC 202

Do you ever feel overwhelmed or taken over by your emotions? Learn a new technique to better understand where your emotions come from and how to manage them. Learn to activate healing energy by gently tapping on certain points of the body with your fingers. It may sound crazy, but using the Emotional Freedom Technique (EFT), learn how to relax when faced with difficult, stressful, and overwhelming emotions. **Sylvia Raskin**, Active Joy.

Supporting All the Colors of the Rainbow - VKC 111

Just because I'm gay doesn't mean I'm just like you. Being lesbian, gay, bisexual, trans, or queer is just one part of our identity. Race, ethnicity, religion, age, ability, class, gender - they all play a part of who we are and should be valued and affirmed just as much as our sexuality. As a community, we need to figure out how to ally for each other while valuing and affirming ALL parts of our identities. Come join us as we discuss ways to do just that! **Alison Berk**, True Colors, Inc.

Talking About My Generation - THH 101

Understanding the different types of people in the world seems like an impossible task, but come and join us in this workshop for an eye-opening experience. This workshop will help you to understand the four basic types of generations in the workforce today: Traditionalists, Baby Boomers, Generation X, and Generation Y. How do Baby Boomers convince Traditionalists that their point is the right one? This communication-oriented workshop will be filled with videos, interactive activities, and real life examples to help you better understand society, and how to best function with others to be the best you can be. **Kristin Beasley, PhD**, and **Candi Hood, MA**, Clarity of Thought Consulting.

Telling Dad - VKC 201

For a lot of LGBTQ youth, Dad is the hardest person to tell. But Dad can also be your strongest advocate. How do fathers (biological, step, foster, or guardians) make the journey? A multi-ethnic panel from PFLAG will talk about their experiences in an interactive question and answer format. The panel includes Mike Fahar (gender queer daughter), Stuart Huggins (African American gay man) David Sanchez (trans son), Sandy Sawchuk (gay identical twin sons), and Domingo Torres-Rangel (father of a gay son). **Domingo Torres-Rangel**, PFLAG.

***That's What She Said: The Birth of a Queer Asian-American Webseries* - VKC 155**

Join the members of Pearl Girls Productions as they share the story of "That's What She Said," an LGBTQ, Asian American webseries following the lives of 5 friends living in Los Angeles. Learn the importance of story telling and how to use creativity and art as forms of activism. Get insight into how to create your own webseries and the importance of community. **Allison Santos, Vicky Luu, Nina Ki, Narinda Heng**, and **Claire Kes**, Pearl Girl Productions.

MODELS OF PRIDE SPONSOR!

***The Fosters Exclusive Screening and Cast Q&A / Presented by ABC Family* - THH 101**

Come and watch your favorite multi-ethnic, LGBTQIA family on screen and in-person! ABC Family, one of our major Models of Pride sponsors, will present an episode of the new hit original series, *The Fosters*. The television drama examines the "non-traditional" family structure - something lots of Models of Pride should be able to identify with! If you are a fan of the show, or are interested in seeing LGBT issues presented in major network programming, this workshop is for you! As an added bonus, Executive Producers and cast members from the show will answer questions from the audience. You'll also get to hear about some of the exciting story lines you'll see when all new episodes premiere this January. Don't miss this opportunity to ask television celebrities what it is like playing LGBTQIA roles for the entire country to watch!

The Game of Real LIFE - VKC 256

Jobs, cars, relationships, family, groceries, finances, housing - there are a lot of concerns to keep track of in this game we call life. Come get a realistic taste of what adults deal with every day by participating in our simulated game of LIFE. How easy or hard is it going to be to achieve your goals? In what areas are you prepared? In what areas do you need to improve? Join us to see what you know and what you think you know! You'll be surprised! **Ange Castellanos, Jojo Cerda, James Welch**, and **Arian Gauff**, RISE.

WORKSHOP DESCRIPTIONS

The LGBT Intergenerational Experience - VKC 156

What do you think life was like for LGBT youth 50 years ago? Prepare to have your mind blown! Come explore the intergenerational LGBT community at its best. During this workshop, LGBT seniors will share their stories about growing up in a different era. Youth participants will engage in exercises to promote mutual learning across generations in the LGBT community. **Steve Gratwick**, LA Gay & Lesbian Center.

The Malaya Project: Telling Our Stories - VKC 110

Growing in popularity, The Malaya Project is an ongoing multi-media storytelling series that explores the lives of young LGBTQ Filipinos through photography. This workshop examines themes in the Asian Pacific Islander community of HIV, drag, trans experiences, queer acceptance, music, and love. Join the creators and participants as we take a peek into the lives of others and learn how we can have our own voice in the world. **Gregory Pacificar**, **Deney Tuazon**, and **Allison Santos**.

The Truth Speaks: Unlimiting Blackness in LA - VKC 211

What does it mean to be black in the LGBT community? "The Truth," a young men's group based in South LA, talks about their experiences being black and LGBT in LA. Our interactive discussion will focus on black LGBT history, culture, family, stereotypes and creating your own "Truths." **Percival Pandey**, **Davon Crenshaw**, **Frankie James**, **Troy Lucas**, and **Chris Meyers**, APLA

The Young Person's Guide to Raising Parents - VKC 205

This interactive workshop will use group discussion, role-playing, and other activities to discuss ways to manage our relationships with our parents, whether they be biological, step, adoptive or "alternative." Topics will be both philosophical & practical in nature. We will practice compassionately setting boundaries and dealing with parents' reactions when they are unhappy with us. Please bring an open mind and your sense of humor. **Reynold Watkins**.

This Is What Feminism Sounds Like! - VKC 211

Feminism? Radio? How retro! Don't call it a comeback though -- we've been here all along! Ever been pressured to focus on just one aspect of who you are and ignore other aspects? Have you been told that feminism is just about women? How can our feminisms work to end all systems of oppression? This is about feminist media - and your voice. Today we're handing you the mic; now broadcast your WHOLE self! **Sammy Lyon**, **Lynn Harris Ballen**, and **Annette Pakhchian**, Feminist Magazine KPFK 90.7.

MODELS OF PRIDE SPONSOR!

Toyota Financial Services Presents: LGBT Equality in the Workplace - VKC 151

Lesbian, Gay, Bisexual & Transgender employees often face unique challenges at their places of employment. This workshop will include discussions on various LGBT workplace issues such as coming out at work, finding out about employer non-discrimination policies, advocating for LGBT equality at work, top LGBT-friendly companies, helpful resources and information about ENDA (Employment Non-Discrimination Act). **Clay Cosse**, Toyota/Lexus Financial Services, **Karen Kindschi**, and **Jerry L'Hommendieu**.

Trans* Ally Training - VKC 200 session 1 or 2

Trans* Ally Training (*signifies an acknowledgment of myriad gender identities) is an experiential workshop working with participants to educate and empower folks to be active allies to and for the trans community **Kyle Sawyer** and **Diamond Samuels**.

Trans* Awareness: How Much Do You Know? - VKC 107

Do you ever wonder what it's like for youth who identify as trans or gender non-conforming? Take a walk in someone else's shoes by joining us for a viewing of a short film that documents the life of some trans youth. The youth featured will also be available for Q&A. Their struggles and triumphs hopefully will enlighten you into a world that is unfortunately not always cast in the most positive light by society. **Annabel Agustin** and **Christina Quiñonez**, Children's Hospital of Los Angeles.

TransPuberty - VKC 106

Realizing that you may identify as trans* can be a scary process and can lead to lots of questions. We'll be bringing in a physician to discuss the medical and social options available to trans* youth. This workshop is designed to be an open forum for youth to discuss their thoughts and voice questions about their gender identity, the process of transitioning, and what their lives will be like as they go through these changes. **Sean E. Enloe**, M.D.

Trevor Lifeguard Workshop - VKC 108 session 1 or 2

The Trevor Project Lifeguard Workshop is an opportunity for middle school, high school and college-age youth to discuss mental health, suicide and ways to deal with stress and anxiety in a safe environment. Workshop participants will learn about the services that the Trevor Project provides and how to get help for themselves or a friend. **Arquimides Pacheco**, The Trevor Project.

Using Social Media in Politics - VKC 254

There are so many ways we can be activists in our communities today, and now social media is being more and more utilized as a tool for creating social change. Come learn how Facebook, Twitter, Tumblr, and all other kinds of social media are creating huge changes in the world. This workshop is designed to introduce you to the tips and tricks of optimizing your computer, cell phone, or other electronic devices to make your life, and the lives of others, better. **Michael Colorge** and **Thomas Gudino**, Stonewall Young Democrats.

Watch Me: A Queer Performance Workshop - VKC 157

Come and watch queer performance artists **Dino Dinco**, **Rafa Esparza**, and **Kate Gilbert** present an immersive, experiential, and interactive workshop on Queer Performance Art. You don't want to miss this! We'll cover some strategies, tools and methodologies of the discipline, including image making and identity, fiction and storytelling, props and materials, the (queer) body as canvas, economy of gesture & expression, and knowing one's audience. **Dino Dinco**, **Rafa Esparza**, and **Kate Gilbert**.

What About Atheism? - VKC 160

During this workshop the Black Skeptics of Los Angeles (BSLA) will bring awareness to LGBTQ youth about the secular/humanist community efforts in addressing Atheism, Agnosticism, Freethinking and Skepticism, etc. Considering that the majority of LGBTQ youth come from religious family backgrounds, we think it's important to discuss alternative frames of thinking that embrace logic and reason as opposed to the religious dogma that increases the struggle of acceptance among the LGBTQ youth in our communities as well as globally. **Nicome Taylor**, **Elizabeth Ross**, and **Chavonne Taylor**, Black Skeptics Los Angeles.

What is Love? - VKC 256

Love has many definitions, but abuse is never one of them. During this workshop we'll explore the difference between healthy and unhealthy relationships, healthy online and offline communication, what LGBTQ youth can do if they are in an abusive relationship, and how popular culture influences our opinions on dating. **Jasmine Ceja** and **Eric Anderson**, Break the Cycle.

WORKSHOP DESCRIPTIONS

What's Your Sign: Astrology, Dating and Compatibility - VKC 261

Ever wonder why you're always attracting Scorpios in your life? You're a Capricorn and can't understand why you keep dating those hard-to-pin-down Sagittarians? Come to this workshop and find out what's really behind your astrological Sun Sign and your dating experience. Find out what signs you work best with and who you should stay away from. Finally, you'll be able to use the pickup line, "What's your sign?" and know what it really means! **Dr. Michael Lennox**.

Who Gets To Know Me? - VKC 158

"How do I tell someone I'm gay?" "Won't they reject me?" "How do I decide who to share my feelings and secrets with and still feel safe?" Every day these concerns and more make it hard to share who you are in a less than friendly world. In this highly interactive workshop, you will learn simple tools to make it easier to tell the world who you are as a part of the LGBTQIA community. **John Sovec**, The Life Group LA.

Why is Your Health Linked to Your Wealth? - VKC 203

This workshop will provide you with an overview of the social, economic and physical environments in which our community members are born, live, and work and how those factors affect lifespan and health. The series will also provide an opportunity for dialogue about potential solutions to public health concerns among LGBTQ youth. **Nicole Vick**, LA County Dept. of Public Health.

Witch Way L.A. - Alumni Park

Witch Way L.A. is an intuitive exploration of ourselves and our surroundings. We will begin by exploring our own inner voice or intuition. We will then expand our awareness to the plant world, discussing plants and herbs that can be easily found and foraged in Los Angeles. Finally we will expand our awareness with some basic astrology and planetary energy that can be harnessed and integrated to help us set intentions. **Marty Windahl**, TAROTSCOPES.

Yoga on the Green - Alumni Park

Kundalini Yoga is an ancient style of yoga focused on breath, chakras, and healing. It has been known to heal diseases and emotional imbalances, while strengthening and empowering our bodies, minds, and spirits. Start off your day with this uplifting hour of yoga, and enjoy all the benefits of this transformational practice. **Satyajeet Avila-Green**, LifeWorks.

Continue the conversation
you started at Models of Pride!

LifeWorks INVITES YOU TO JOIN US FOR

STEP UP

at the L.A. Gay and Lesbian Center

LifeWorks.org / 1125 N. McCadden Place, LA 90038

Wednesdays 3-5:30 pm
& Thursdays 4-6:00 pm
Check-in, build new friendships,
find resources, play games
and have fun!

ABC FAMILY - abcfamily.com

ACLU SOUTHERN CALIFORNIA - aclu.org

AEROSPACE - aerospace.org

AIDS/LIFECYCLE - aidslifecycle.org

ALTAMED HEALTH SERVICES - altamed.org

ANTIOCH UNIVERSITY - antiochla.edu

APLA HEALTH & WELLNESS CENTER
- apla.org/health-and-wellness

BOEING - boeing.com

BREAK THE CYCLE - breakthecycle.org

CHILDREN'S HOSPITAL LA - chla.org

CHRIST CHAPEL OF THE VALLEY - christchapel.com

COMCAST | NBCUNIVERSAL - comcast.com/careers;
nbcunicareers.com

GAY MEN'S CHORUS OF LOS ANGELES - gmcla.org

GOOD SHEPHERD CHURCH PASADENA
- goodshepherdpasadena.com

GSA NETWORKS - gsanetwork.org

HAPPINESS IS NOW, INC. - happinessisnow.org

HUMAN RIGHTS CAMPAIGN - hrc.org

IN THE MEANTIME MEN'S GROUP INC.
- inthemeantimemen.org

LA COUNTY LGBT CHILD ABUSE PREVENTION COUNCIL
- preventlgbtchildabuse.org

LA POLICE DEPARTMENT - lapdonline.com

LAMBDA LEGAL - lambdalegal.org

NORTHROP GRUMMAN - northropgrumman.com

OUTFEST - outfest.org

PFLAG LOS ANGELES - pflagla.org

PFLAG PASADENA - pflagpasadena.org

**PFLAG SAN GABRIEL VALLEY
ASIAN PACIFIC ISLANDER**
- sangabrielvalleyapiflag.com

PLANNED PARENTHOOD LOS ANGELES
- plannedparenthood.org

POINT FOUNDATION - pointfoundation.org

TEENLINE - teenlineonline.org

TOTOTA FINANCIAL SERVICES - tfsinthecommunity.com

THE TREVOR PROJECT - thetrevorproject.org

USC LGBT RESOURCE CENTER - usc.deu/lgbt

VIVA PROJECT - laglc.org

YOUTHQUAKE LOS ANGELES - youthquakela.org

COLLEGE RUSH

Brooks Institute - The Visual Arts

Cal State Northridge

Cal State University, San Marcos

Carleton College

Columbia College, Chicago

Eastern Washington University

Fashion Institute of Design & Merchandising

Indiana University-Purdue University

Lafayette College

Lawrence University

Marlboro College

San Diego State University

Soka University

The University of Iowa

Trinity University

University of California, Santa Cruz

University of Chicago

University of Colorado, Colorado Springs

University of Pennsylvania

University of the Pacific

Utah State University

Vanderbilt University

Virginia Commonwealth University

Warren Wilson College

Washington and Lee University

Wesleyan University

Western Washington University

Westminster College

PARENT AND ADULT ALLY PROGRAM

Welcome to Models of Pride COMING OF AGE

THE LARGEST LGBTQ CONFERENCE OF ITS KIND!

The Parent Program has been a part of Models of Pride since 2010. The parent-oriented program was initially produced by local PFLAG chapters. This year the parents are joining with adult allies: high school Gay-Straight Alliance advisors, chaperones for other groups of youth attending the conference, LGBT activists and advocates interested in working to support LGBT youth, school personnel, and counseling professionals. The number of workshops has increased dramatically from a single track of workshops to twenty-six in both English and Spanish. Adults can attend any of the adult workshops but are not allowed to attend the youth workshops.

Workshops are designed for six kinds of participating adults: Parents whose child/teen/adult child came out recently; Parents experienced with Lesbian, Gay, Bisexual, Transgender, Queer/Questioning (LGBTQ) issues; Spanish speaking parents, new and returning to Models of Pride; Parents of transgender or gender-creative children/teen/adult children; Professionals working with LGBTQ youth; Adult allies - Gay-Straight Alliance (GSA) advisers and chaperones, advocates for LGBTQ youth, and LGBTQ activists.

There are three styles of workshops: **Panel** (with presenters and time for questions); **Discussion** (facilitated discussion groups); **Roundtable** (participant-driven, with experts providing answers to specific questions).

Have a wonderful day at Models of Pride. Thank you for supporting all the LGBTQ youth at this conference by your presence!

The committee producing the Models of Pride Parent and Adult Ally Program includes many parents of LGBT youth, representatives of organizations which advocate for LGBT youth, and members of the LGBT community. The organizations include several chapters of PFLAG (Parents, Families and Friends of Lesbians and Gays), Southern California Safe Schools Coalition, ACLU, Children's Hospital Los Angeles, Planned Parenthood, GSA Network, GLSEN, Lambda Legal, Bienestar, L. A. Gay and Lesbian Center, Gender Center, NAMI, The Trevor Project, Cedars-Sinai Hospital, and many local experts who work primarily with LGBTQ youth and their families.

TODAYS SCHEDULE

7:30-9:30

Registration

Franklin Suite - room 351-352

Tutor Campus Center - not at the same place as youth registration

Purchase your \$10 lunch ticket at registration or you can have lunch on your own

8:30 - 9:15

Opening Session (English with Spanish translation)

The Forum - room 450

Keynote Speakers:

Dr. Earl Perkins

Assistant Superintendent School Operations, Los Angeles School District.

Superintendente Auxiliar de Operaciones Escolares del Distrito Escolar de Los Angeles.

Ms. Norma Roqué

A journalist with 20 years experience with Univision, the most prestigious Spanish language network in the United States.

Es una periodista con 20 años de trayectoria dentro de Univision la más prestigiosa cadena de Televisión en español de Estados Unidos.

9:30 - 10:30

Session One Workshops

10:45 - 11:30

Session Two Workshops

Toyota Financial Services

11:30 - 1:15

Lunch and Resource Fair

Get there early to avoid the long lines!

Purchase your \$10 lunch ticket at registration or you can have lunch on your own.

1:15 - 1:30

Greeting from Michael Ferrera, Executive Director of LifeWorks

Join us in the Forum, room 450, hear about the excitement happening in the Youth Conference.

An energizing way to begin your afternoon of workshops!

1:30 - 2:45

Session Three Workshops

3:00 - 4:15

Session Four Workshops

4:30 - 5:00

Closing Session with Dr. Gail Rolf, co-founder of Models of Pride

4:00 - 6:00

Adult Reception - Tutor Center Ballroom (adult beverages)

Monster High Experience presented by **Mattel**

6:00 - 8:15

Dinner (on your own)

8:30

Monster High Dance Ends (pick up youth from the conference)

Note: Campus gates close at 9pm. If you are not inside the gates at 9pm you will have to wait for youth outside the campus fence. Youth will be at the dance in the Tutor Center Ballroom.

SESSION 1 WORKSHOPS 9:30 - 10:30

PANEL / ENGLISH - room 450

The Parents' Point of View: From Coming Out to Becoming an Ally and Everything in Between

Becoming aware that our kids may be LGBTQ sets in motion a process of exploration and, hopefully, growth in us as parents. We can help each other develop the comfort and skills that enable us to be the best parents and LGBTQ allies we can. Parents of LGBTQ children will share personal stories, exploring how families of varying backgrounds handled their child's "coming out" and where they are on their journey. We will provide resources for support, with time for questions about your own family experience. **Presenters:** *Liz Siegel Mullen, PFLAG Speakers' Bureau, mother of a gay son; Ken Sitz, LGBTQ community advocate, father of a gay son in a multi-racial family; Other participants to be announced.*

DISCUSSION / SPANISH - room 350

Que dice la religion sobre la homosexualidad?

En este taller, nos enfocaremos en lo que realmente dice la religion sobre la homosexualidad. Capellan Frederico Gianelli, la senora Rosa Marquez y el senor Omar Hernandez nos presentaran sus perspectivas sobre este tema basandose en la religion catolica. **Presenters:** *Capellan Frederico Gianelli, openly-gay Roman Catholic chaplain, USC Medical Center; Rosa Manriquez, IHM, Fortunate Families, for Catholic families with LGBT children; Omar Hernandez, Outreach Director, Los Angeles Gay and Lesbian Center.*

DISCUSSION / ENGLISH - room 320A

Welcoming Our Trans and Gender-creative Family Members

Parents of transgender children and young adults describe their journey as a family, and answer questions from parents and caregivers whose child or young adult is questioning their gender, in mid-transition, or has moved from their natal gender. Parents whose teenaged and now-adult children made the journey will answer your questions and share their experiences. A resource flyer will help you move forward with your child. **Facilitator:** *Betsy Hanger, TYFA Family Advocate, PFLAG Pasadena Secretary.* **Participants:** *David Sanchez, PFLAG and Transforming Families; Marley Sims and Fred Rubin, whose son who became their amazing daughter in 2007; Ofelia Barba, parent of three children, one of which is a beautiful, affirmed, transgender little girl.*

PANEL / ENGLISH - room 227

Lessons That Matter: LGBT Inclusive Lessons Data

This is Session 1 in a three-part series of workshops on LGBTQ-Inclusive Lessons. This session introduces participants to groundbreaking new research about implementing LGBTQ-inclusive lessons in classroom instruction. Learn about the impacts of these lessons on students' overall feelings of safety, school engagement, academic achievement and more. Participation in all three sessions is highly encouraged but not required. **Presenter:** *Amanda Harris, Project Manager, GSA Network Safe & Healthy LGBT Youth Project*

PANEL / ENGLISH - room 432

Data is Power: LGBT School Climate Survey Results How to Conduct a Survey

A local principal reviewed the results of the GLSEN LGBT School Climate Survey from his school and said, "We have a problem; we've got to do something about it." Survey data can lead to administrative decisions and actions. This workshop has three parts: GLSEN and GSA Network survey results, survey results from a local high school, guidelines to help you to conduct a survey at your secondary school. **Presenters:** *Jason Navarro, GLSEN Los Angeles Chapter Co-Chair. Doug Pollock, Co-Adviser, Agoura High School Gay-straight Alliance.*

PANEL / SPANISH (translation provided in English) - room 232

Expresión de Género e identidad 101

Este taller se enfocará en el entendimiento básico de la expresión de género e identidad. La presentadora incluirá la terminología de LGBTQ, las limitaciones comunes, el entendimiento del proceso de la transición, consejos para crear ambientes positivos y la diferencia entre identidad y orientación sexual. Se dedicará tiempo necesario para preguntas y respuestas.

Gender Expression/Identity 101

This workshop will increase our basic understanding of Gender Identity/Expression. Our speaker will cover LGBTQ terminology, common barriers, the difference between gender identity and sexual orientation, understanding the transition process, and tips for creating inclusive environments. Time will be allowed for a brief Q&A session. **Presenters:** *Drian Juarez, Program Manager, LAGLC's Transgender Economic Empowerment Project.*

SESSION 2 WORKSHOPS 10:45 - 11:30

PANEL / ENGLISH - room 450

Wrestling with Religion: Resolving Conflicts

Whether you are a person of faith or someone who has to DEAL with a person of faith, religion can cause a lot of pain when LGBT issues come up. In this panel, a Jewish Scholar, a Protestant minister, and a Catholic mother talk about the positive developments in their faith communities as well as the progress that still needs to be made. Questions of Scripture, authority, tradition, and conscience will be among the topics discussed. Come with lots of questions as we explore the richness and complexity of faith in the lives of LGBT persons, their family members, straight allies, and the society at large.

Presenters: *Reverend Ed Hansen, retired United Methodist Pastor, Hollywood United Methodist Church; Dr. Joel L. Kushner, Director, Institute for Judaism, Sexual Orientation and Gender Identity, Hebrew Union College - Jewish Institute of Religion; Dr. Mariette Sawchuk, Los Angeles PFLAG President.*

DISCUSSION / SPANISH - room 350

PFLAG en español (Padres, Familias y Amigos de Lesbianas y Gays)

PFLAG significa Padres, Familiares y Amigos de Lesbianas y Gays. Es un grupo de personas LGBTQ* y sus familias que vinieron buscando ayuda en su viaje hacia la aceptación familiar. Este taller es una oportunidad de tomar parte en un típico grupo de apoyo dirigido por parientes de hijos LGBTQ y miembros de PFLAG en Español del Sur de California. El taller está abierto a todos miembros de la comunidad LGBT, sus familias y amigos. Podrán desahogarse y compartir sus inquietudes y experiencias con confidencialidad. *LGBTQ se refiere a la comunidad lesbica, gay, bisexual, transgénero y otras personas no heterosexuales. **Presenters:** *Elvira Diaz-Sanchez, Parent Partner (RISE) for LAGLC, Parent/Adult Ally Program Coordinator, (SPANISH) Gizella Czene, PFLAG Member and Proud parent of two successful LAUSD students.*

PANEL / ENGLISH (translation provided in Spanish) - room 320A

Mental and Physical Well-Being for Our Gender-Creative Children

Dr. Jo Olson and Susan Landon, MFT will discuss the developmental and physical needs of children from birth to age 11. Those who have older children and teens may want to listen in on this fascinating conversation, to be prepared for the afternoon. We will break into smaller groups based on our families composition (adult children, etc.) to continue peer-to-peer support and education for those who wish.

Presenters: *Johanna Olson, M.D., Assistant Professor at Childrens' Hospital Los Angeles; Susan Landon, MFT, Director of the Child and Adolescent Program at the Los Angeles Gender Center.*

PANEL / ENGLISH (translation provided in Spanish) - room 232

Know Your Rights: How Parents can Advocate for LGBTQ Students

Do you want to be an advocate with and for LGBTQ students? This workshop will go over pertinent laws that protect LGBTQ students, provide tools for adult allies and parents to create positive change in their local communities and create a safer school environment for all students. **Presenters:** *Joey Hernandez, ACLU Community Engagement & Policy Advocate working primarily on the LGBTQ Student Rights Project.*

PANEL / ENGLISH (translation provided in Spanish) - room 435

Giving a Voice to LGBTQ Siblings

Siblings of LGBTQ individuals are important members of our families. They may need assistance in navigating their community and school environments. This workshop will consist of a panel of parents, siblings and therapists creating a safe space for siblings of LGBTQ individuals allowing them to express themselves and understanding a crucial component to having a successful family dynamic.

Presenters: *Brian Goldman, former Manager of Clinical Services for the RISE Initiative, facilitates the Sibling Support group for Transforming Families, Evelyn Cortez, a Parent Partner at the LA Gay and Lesbian Center in the RISE (Recognize, Intervene, Support and Empower) Project; Doris Haley, Lead Parent Partner at the La Gay & Lesbian Center for RISE. Erica Rodriguez, Clinical Coordinator for the RISE Initiative.*

PANEL / ENGLISH - room 227

Lessons That Matter: Making a Safe Classroom

This is Session 2 in a three-part series of workshops on LGBTQ-Inclusive Lessons. This teacher-focused session builds on teachers' expertise about how to establish a classroom culture that fosters supportive learning about sexuality and gender. Highly interactive, this session focuses on school staff experiences and practical, proven steps teachers can take make a safe classroom in preparation for teaching LGBTQ-inclusive lessons. Participation in all three sessions is highly encouraged but not required. **Presenters:** *Amanda Harris, Project Manager, GSA Network Safe & Healthy LGBT Youth Project.*

ROUNDTABLE / ENGLISH - room 432

Working Successfully on LGBT Issues within Schools - room 432

Parents, GSA Advisers, LGBT Advocates and Activists should understand the special problems of schools. This forum will provide an opportunity for those working to help change or support schools' approaches to LGBTQ issues to ask questions of school administrators who care about LGBTQ inclusion in their schools. **Presenters:** *Suzanne Blake, Principal, Kennedy High School, LAUSD. Brandon Cohen, Director of Teaching and Learning at Brawerman Elementary School, former Principal of Downtown Magnets High School. Larry Misel, recently retired Principal, Agoura High School (Las Virgenes USD).*

Toyota Financial Services

LUNCH RESOURCE FAIR 11:30 - 1:15

1:15 - 1:30 Greeting from Michael Ferrera, Executive Director of LifeWorks

Join us in the Forum, room 450, hear about the excitement happening in the Youth Conference.

An energizing way to begin your afternoon of workshops!

SESSION 3 WORKSHOPS 1:30 - 2:45

DISCUSSION / ENGLISH - room 232

Walking Through the Mine Field of Teen Talk: Communicate Effectively with your LGBT Youth

Talking to any teen can be difficult: learning how to communicate with your LGBT teens and understanding their world presents an entirely new set of challenges. In this highly interactive workshop, explore how the influences of a hetero-centric communication style can effect your conversations with your teen, learn tools to bridge the gap, and build awareness of the needs of your LGBT teen.

Presenter: *John Sovec, MA, LMFT, a psychotherapist in private practice in Pasadena who specializes in working with LGBT teens and families during the coming out process. John is a nationally recognized expert on LGBT teens.*

PANEL / ENGLISH (translation provided in Spanish) - room 320a

Mental and Physical Well-Being for our Gender-Creative Teens

Dr. Johanna Olson, one of the foremost adolescent pediatricians in the country, and Susan Landon of the Los Angeles Gender Center will present options for adolescents and beyond. This continues the conversation from the morning workshop but will focus on youth during and after puberty.

Presenters: *Johanna Olson, M.D., Assistant Professor at Children's Hospital Los Angeles. Susan Landon, MFT, Director of the Child and Adolescent Program at the Los Angeles Gender Center.*

PANEL / SPANISH - room 350

Bienestar

Jovenes lesbianas, gays, bisexuales, transgéneros y otras personas no heterosexuales (LGBTQ) enfrentan mayores retos de salud comparado a los jóvenes heteronormativos. Desde acceso médico limitado u opciones menos informadas sobre tratamientos, o falta de proveedores especializados para ayudar a este grupo, el resultado es que jóvenes LGBTQ son menos aptos a conseguir la ayuda que necesitan. A la vez, se encuentran en un ambiente que dirige prejuicios, miedo y odio hacia ellos simplemente por su orientación sexual o identidad. Este taller presentado por varios grupos al servicio de la comunidad LGBTQ, le enseñará como puede mejorar el bienestar mental, físico y emocional de su joven LGBTQ. **Presenters:** *Marta Castillo, Didi Hirsch Mental Health Services. Jorge Diaz, MSW, Director of Mental Health, Bienestar. Dr. Enrique Lopez, Cedar Sinai Hospital. Ari Ruiz, Bilingual Outreach coordinator, The Laurel Foundation.*

DISCUSSION / ENGLISH (translation provided in Spanish) - room 450

Difficult Conversations: Reconciling Family, Religious and Cultural Conflicts

A family member's "coming out" as LGBT introduces sexual diversity into family dynamics, which may be complicated further by religion and culture. Conflicts may arise between love for a child and allegiance to long-held beliefs. Sitting in a circle with resource people from diverse religious and cultural backgrounds, we will explore how families of LGBT children might reconcile new information about sexual diversity with traditional beliefs from their faith and culture. **Presenters:** *Rev. Dr. Bill Thomas, Jr., openly-gay minister, Little White Chapel (Disciples of Christ), Burbank.*

Participants: *Mitch Mayne, openly-gay, executive secretary, San Francisco Stake (Mormon); Wendy Montgomery, co-founder, LDS Family Fellowship in California, Tim Ky, Temple Beth Israel of Highland Park and Eagle Rock, a Conservative synagogue; Larry Riesenbach, MBA, UCLA Anderson Graduate School of Management, Frederico Gianelli, openly-gay Roman Catholic chaplain, USC Medical Center; Rosa Manriquez, IHM, Fortunate Families, for Catholic families with LGBT children; Marco Castro-Bojorquez, community educator, Lambda Legal.*

PANEL / ENGLISH (translation provided in Spanish) - room 432

Conversations about Sex: Now that they're out, Now What?

This program provides information and tools to help parents and caregivers communicate with children, adolescents and teens about sexuality, puberty, and relationships. Through this program you will gain knowledge, confidence and tips on how to start conversations, engaging your LGBTQ family member, and answer questions openly and honestly. **Presenters:** *Minerva Cano, Health Educator at Planned Parenthood Los Angeles.*

PANEL / SPANISH (translation provided in English) - room 435

Frida Kahlo y otras heroínas y heroes Latino LGBT

¡Ven y aprende acerca de nuestra historia Latina LGBT y el presente! Hay muchas heroínas y heroes Latinos LGBT en Los Angeles creando una cultura única en nuestra ciudad. Exploraremos iconos de America Latina LGBT, repasaremos los escándalos que agobiaron nuestros antepasados Latinos LGBT y concluiremos con un panel de pioneros Latinos LGBT de hoy. Este taller sera exclusivamente en español, asi que comiencen a practicar.

Frida Kahlo and Other Queer Latino (S)Heroes

Come learn about Queer Latino history, past and present! Los Angeles is full of Latino LGBT (s)heroes queering the City of Angeles. We will explore icons of Queer Latin America, uncover the scandals of our queer Latino ancestors and wrap it up by hearing directly from today's Latino LGBT pioneers.

Presenter: *Francisco Dueñas, Coordinator for Lambda Legal's Latino Outreach Project.*

ROUNDTABLE / ENGLISH - room 227

Gay-Straight Alliances: Best Practices

This forum will have no presentations other than introductions. The expert panel will answer questions about how to start, run, and maintain a successful GSA club over many years. They will focus on practical responses to the problems that Gay-straight Alliance clubs face. **Presenters:** *Lewis Chappellear, Adviser, James Monroe HS GSA, 2008 California Teacher of the Year; Lucia Lemieux, Instructor of English and Mass Media, GSA Advisor at Newbury Park High School; Domingo Torres-Rangel, retired teacher and GSA Adviser at Gabrielino High School.*

SESSION 4 WORKSHOPS 3:00 - 4:15

PANEL / SPANISH (translation provided in English) - room 350

Hasta en las mejores familias!

Uno de los valores más importantes para nuestra gente es la familia! En este taller exploraremos lo que para ti y los miembros de la comunidad LGBT, significa "la familia". Mostraremos una documental corto llamado "Tres Gotas de Agua," que explora temas como el "salir del closet" y la aceptación familia. También exploraremos y discutiremos la consecuencias que la gente LGBT experimenta, debido al aislamiento social y emocional al no ser aceptado como tal. Acompáñanos y participen con nosotros en esta conversación sobre nuestra historia familiar en relación con la experiencia LGBT. Hoy más que nunca sabemos lo importante que es para una persona LGBT, la aceptación familiar. En este taller trataremos fortalecer la capacidad de nuestras familias para que sigan adelante y que se apoyen incondicionalmente.

One of people's greatest values can be a family!

This workshop will explore what "family" means to you and to LGBT community members. We will show "Tres Gotas de Agua," a short documentary that explores ≠ "coming out" issues - *continued on next page*

continued from previous page - and family acceptance. We will also explore the potential consequences of social and emotional isolation in LGBT people. Join us for meaningful conversations about your families' past and future in relation to the LGBT experience. Today, we know more than ever the importance of family acceptance for LGBT people. This workshop is an effort to build the capacity of families to stay strong and support every family member. **Presenters:** *Marco Castro-Bojorquez, Community Educator, Lambda Legal Defense and Education Fund.*

PANEL / ENGLISH (translation provided in Spanish) - room 320A

Trans and Queer Youth Panel: Our Journeys, Our Needs

This panel will introduce you to individuals who identify as trans* or who present outside the binary, and will answer parents and adult ally's questions. Cisgender adults sometimes worry if the youth they love will be safe, happy, able to make their lives meaningful, and most of all, how can they help? The panel will address these concerns as well as the amazing world that begins after transition.

Presenters: *Diamond Samuels, Minority AIDS Project Health Educator, Trans* Youth Advocate; Kyle Sawyer, Trans* Ally Trainer, Lambda Literary Program Coordinator; Amy Trangsrud, NASA JPL Systems Engineer; Cadence Valentine, CSUN Pride Center Program Coordinator; Transsafetycounts; Transgender Leadership Council Board.*

PANEL / ENGLISH (translation provided in Spanish) - room 432

Young LGB Adult Panel: Our Stories, Our Successes

A forum of young adults describe their challenges, their values, and the resources that helped them. For parents and adult allies who have questions or anyone who wants to be inspired! **Presenters:** *Ana Sanchez, law student and LifeWorks Models of Pride intern; Jen Olson, receptionist, advocate and logistics expert for MOP 19, 20, 21; Jason Torres-Rangel, LAUSD Teacher.*

PANEL / ENGLISH - room 227

Lessons That Matter: Design Your Own LGBTQ Lessons

This is Session 3 in a three-part series of workshops on LGBTQ-Inclusive Lessons. This teacher-focused session gives participants the opportunity to practice hands-on curriculum creation with other teachers and school officials. Participants will choose their subject matter and be given free resources, curriculum tools, and facilitator guidance to create lessons. Participation in all three sessions is highly encouraged but not required. **Presenters:** *Amanda Harris, Project Manager, GSA Network Safe & Healthy LGBT Youth Project.*

PANEL / ENGLISH (translation provided in Spanish) - room 450

Mental Health Challenges and Solutions:

A Discussion with NAMI, SPIN, and Other Local Providers

This workshop will explore the need for and importance of mental health services and guidance for the parents of LGBT youth. Because there is a high incidence of depression and suicide attempts among these youth, it is critical that parents and teachers learn the signs of depression and the availability of mental health services in their community. **Presenters:** *Patti Loitz, President of Pasadena PFLAG; Instructor for NAMI's (National Alliance on Mental Illness) "Family-to-Family"; Sara Train, Coordinator of Project SPIN (Suicide Prevention Intervention Now), a partnership between LAUSD and the LA Gay & Lesbian Center; Dr. Davina Kotulski, licensed clinical psychologist, LGBT rights leader, author; Dr. Lauren Costine, licensed clinical psychologist in private practice, Antioch University Los Angeles' LGBT Specialization in Clinical Psychology, Arquimides H. Pacheco, Education Manager-West, The Trevor Project.*

WDISCUSSION / ENGLISH (translation provided in Spanish) - room 232

Parents' Successes Working with School Issues:

Moderated by the Southern California Safe Schools Coalition

Successfully working with schools in support of LGBT youth requires negotiating with teachers, school and district administrators; keeping records; finding allies, monitoring the school, and if that doesn't work, shopping for a friendlier learning environment. **Presenters:** *Steve Krantz, Ph.D., PFLAG Director, Southern Pacific Region, and National Board Member; Teresa Sitz, mother of a gay son badly bullied in middle school, David Sanchez, Ofelia Barba, single parent of a transgender little girl.*

CLOSING SESSION 4:30 - 5:00

Gail Rolf introduces parents and adult allies to some of the many ways to get involved as an activist for LGBTQ youth.

Yes, We Can! ENGLISH (translation provided in Spanish) - room 450

The dictionary defines an activist as someone who acts to benefit humanity. To be an activist is to be someone who rejects injustice, intolerance and inequality in the LGBTQ community. There are many ways to apply pressure, some examples are: writing letters, gathering signatures, boycotts, demonstrations. In this workshop, you will share your concerns and be empowered to effect change.

Si se puede!

El diccionario define activista como "persona cuyas acciones y hechos se guían en pro de la humanidad. Ser activista es ser una persona que se rebela pacíficamente ante la idea de que nada puede hacerse para cambiar las situaciones de injusticia, de intolerancia, de desigualdad en la comunidad LGBTQ. Existe una enorme variedad de formas de presión, algunos ejemplos son: escribir cartas para los medios y la sociedad, recaudar firmas, realizar boicot al consumo de ciertos productos o establecimientos y manifestaciones como marchas y plantones. En este taller podrán compartir* sus vivencias* y encontrar maneras de realizar cambio. **Presenters:** *Gail Rolf, Education Director for Friends of Project 10 and co-creator of Models of Pride; Steve Krantz, Ph.D., PFLAG Director, Southern Pacific Region, and National Board Member; Dr. Enrique Lopez, Cedar Sinai Hospital; Ari Ruiz, Bilingual Outreach Coordinator, The Laurel Foundation.*

Diversity is what unites us all.

Parents can learn to deal with their exceptional children,
and find profound meaning in doing so.

In the universal struggle toward compassion,
many families grow closer; most discover
supportive communities of others similarly affected;
some are inspired to become advocates and activists,
celebrating the very conditions they once feared.

Unattributed reviewer of Andrew Solomon's Far from the Tree.



**PFLAG's Hospitality Center for
Parent and Adult Ally Program Participants**
Franklin Suite 350-351

If you have come to the conference with special concerns or if the sessions have raised any issues for you, stop by and meet parents with many years of experience supporting LGBTQ youth and their families. They will be wearing the "Talk To Me" buttons. Please feel free to ask them for a private conversation. Talking can be especially helpful if you have learned recently about your child's sexual orientation or gender identity, and we look forward to meeting everyone. Printed resources will also be available for you to take home.

The Hospitality Center is
a place where you can relax,
have a moment of quiet,
find resources, and talk
privately or in small groups
to parents from PFLAG

PFLAG (*Parents, Families and Friends of Lesbians and Gays*) offers support for families of LGBT children, provides education for the community, and advocates for the rights of LGBT persons. Find information about local PFLAG chapters at **www.pflag.org**. A current list of local PFLAG Chapters is provided at the Resource Table in the Hospitality Center.

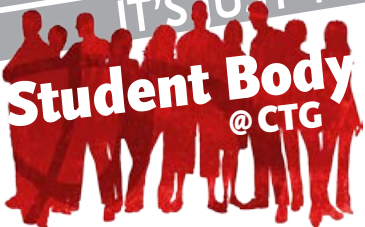


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**MODELS OF PRIDE IS GENEROUSLY
SUPPORTED BY A GRANT FROM THE
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FOUNDATION**

Ernest Lieblich was an avid supporter of children and the arts for many decades. His contributions over the years supported diverse organizations dedicated to providing children with the tools of self-expression. Ernest was drawn to the arts at an early age when he would recite Shakespeare to his family at home in Germany. When he turned 16 his voice changed to a base baritone and he promptly started singing for any audience he could find.

As a young man, Ernest was caught in the tumult of World War II and although he had always supposed he would have a singing career, life found a safe haven for him in Portugal with his brother and sister. Years later Ernest emigrated to the United States, first landing in New York, and working as a busboy near the West Village. He soon got a job as a singing waiter in a Jewish resort for the summer.

Drafted into the army in the early 1940s, Ernest was trained as a combat engineer, but it was discovered he could play the organ and he was re-assigned to Los Angeles where he spent the duration of the war. Settling in Los Angeles after the war, Ernest began a long and successful business career culminating in his establishment of Food Craft, the pioneer in coffee and refreshment service for commercial businesses in Los Angeles.

Financial success allowed Ernest to pursue his love of the arts by supporting organizations that valued arts and education for children as a cornerstone to enriching children, families and society. Ernest was a strong supporter of more than 50 different organizations. We are proud to say that his legacy continues through his foundation's support of Models of Pride.



**We are extremely grateful to
The Ernest Lieblich Foundation
for their grant.**



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