



## PACKING AND TRAVEL SUGGESTIONS

### CLOTHES

We will be visiting a number of churches in Italy, and Italian churches do not allow visitors with uncovered knees or shoulders; those in shorts, skirts, or tank tops will be refused entry. Female visitors to Italy generally bring a light shawl that can be thrown over the shoulders or tied around the waist as needed.

### SHOES

We will be walking regularly and frequently as we learn about Rome. Much of this walking will be on cobblestones, but will also include dusty walkways, uneven flagstones and low stone walls when visiting archaeological sites. Your feet will thank you if you do this walking in sturdy sneakers or cross trainers.

### SUN

We recommend bringing sunscreen or a hat, and a good pair of UV-protective sunglasses just in case. Sunscreen is very expensive in Italy, so it's best to bring enough from home.

### ELECTRONICS

All of your chargers and devices will need either adapters or converters for European outlets. Most things, like camera, phone, and laptop chargers, just need adapters. However, a handful of things, like blowdryers, require a converter. Make sure you do a quick Google search if you are unsure of what you need.

### MONEY

The use of credit cards can't always be relied upon in Rome, so it's a good idea to have some euros on your person just in case. There are ATMs at Fiumicino Airport. Some people prefer to change their dollars to euros at cash exchange places, but that can be rather expensive. It would be a good idea to call your bank to see what their international ATM withdrawal fee is. Bank of America, for instance, is a sister bank of BNL in Italy— this means that people can withdraw cash from BNL ATMs with little charge.

### TOILETRIES

Toiletries in Rome can be purchased at many places, so if you would like to cut back on the amount of liquids in your carry-on, it's very easy to pick up things like toothpaste and shampoo. However, keep in mind that sunscreen is often expensive in Rome.

### LANGUAGE

Though many people in Rome will be able to understand at least some English, it is a good idea to learn a couple of Italian phrases just in case. Fodor's has a nice, short list.