

## Registration

4-H membership is open to young people of all ages, from kindergarten through high school. There are four forms necessary and a small fee to register as a 4-H member. Forms are available at [alaska4h.org](http://alaska4h.org). All participants in 4-H programs must be registered 4-H members. The new 4-H year begins October 1 and runs through September 31, but you can register at any time with 4-H Program Assistant Mary Wood.



*I pledge*

*My **head** to clearer thinking,  
My **heart** to greater loyalty  
My **hands** to larger service  
My **health** to better living,  
For my club, my community,  
My country and my world.*

## *Sitka 4-H Club*

For more information, contact:

**Mary Wood**  
Sitka 4-H Program Assistant  
907-747-7509  
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## *Sitka 4-H Club*



## What is 4-H

**Mission Statement:**  
**4-H empowers youth to reach their full potential, working and learning in partnership with caring adults.**

The 4-H idea is simple: help young people and their families gain the skills they need to be proactive forces in their communities' and develop ideas for a more innovative economy. As one of the first youth development organizations in America, 4-H opened the door for young people to learn leadership skills and explore ways to give back. 4-H revolutionized how youth connected to practical, hands-on learning experiences while outside of the classroom.



(4h.org)

## Sitka Projects

### Alaska Way of Life

**Leader: Sarah Komisar**  
skom@sitkawild.org

Wild Edibles  
Food preservation  
Outdoor education  
Hikes  
Natural History



### Shooting Sports

**Leader: Paul Rioux**  
paulg.rioux@gmail.com  
Riflery and Archery

### Photography

**Leader: Shoshauna Schmidt**  
shoshauna.schmidt@gmail.com

### Baking

**Leader: Amy Sweeny**  
a\_sitka\_sweeney@yahoo.com



## Community Service

Earth Day  
Litter Pick up

Jams for the  
Pioneer Home

Reusable Bags



## Fishing

Partnership  
with ADF&G



## Gardening

Partnership w SLFN



## Leaders

Do you have life skills you wish to share with youth? Sitka 4-H Club seeks adults who are interested in becoming 4-H leaders. Become a leader today!

Potential Projects:

Chickens	Sewing
Knitting	Arts and Crafts
Cooking	...and so much more!