



**Morning Breakout Sessions
Saturday, August 8th -
11:00AM to 12:00PM**

The Data Game: Best Answers to Ten Big Questions (ROOSEVELT)

Facilitated by the staff of BishopAccountability.org: Terence McKiernan, Anne Barrett Doyle, and Kathy Shaw

BishopAccountability.org is a website with a mission to expose the truth. They have the only up-to-date library of documents relating to sexual abuse within the Roman Catholic Church in the United States. The information is not only easy to access with simple clicks it is packaged in a manner that makes it easy to find. The researchers from BishopAccountability.org will present concise and up-to-date answers to the 10 biggest data questions of the crisis. How many victims? How many accused priests? In which dioceses is the crisis still sealed shut? Participants in this workshop will all receive a master table of U.S. dioceses, offering a wealth of information including up-to-date percentages of known accused priests and links to lists published by the bishops. Most of the workshop will be an open-mike session for you to ask us questions about the data, offer insights, and swap information.

SNAP at 21! The survivor movement comes of age. (LINCOLN)

Facilitated by Barbara Blaine

Working with each other and learning from therapists and attorneys survivors have opened the proverbial "Pandora's box." Survivors found support and information from each other and are speaking out, reporting their predators to police and working with attorneys to uncover identities of not only predators but also those who enabled them and policies for covering up the crimes. This session will provide the history of the survivor movement and how the civil and criminal cases have assisted in empowering victims and preventing further abuse. We will explore options for action in the short-term as well as long-term to continue what we have begun.

Men's Support Group (FAIRFAX)

Facilitated by Peter Isely

A veteran therapist and author will lead a discussion of the special needs of male survivors. Then a confidential, participatory support group meeting for men will be held. This is a chance to meet with other survivors in a safe setting and learn from others' experiences. Men are often forced to keep sexual attacks a secret for fear of being labeled weak. This session will help men explore ways to dispel this myth. While every participant will have the opportunity to speak no one is required to do so.

Yoga For Survivors (ARLINGTON)

Facilitated by Santa Molina

Hatha yoga has been found to assist survivors of sexual abuse in their healing process. It consists of different exercises, body movements and positions that strengthen the body and reduce stress. It promotes both physical and psychological health. This session will provide participants the opportunity to learn techniques that can be practiced at home and participants will participate in yoga exercises. The session is being taught by a therapist from the DC Rape Crisis Center who has seen how this yoga technique improved the lives of survivors. To ensure safety boundaries will be set and there will be an opportunity to discuss the emotional responses to poses and movements. Participants should dress to allow themselves to move and stretch.

Women's Support Group (KENNEDY)

Facilitated by Jeanne Cratty

Meet with others who have "walked a mile in your shoes." Share your feelings and experiences, and get some of the affirmation you deserve! This session deals with the unique needs of women as survivors. Society often "blames" the victim for the attack, resulting in additional suffering of guilt and shame. In this session we will explore ways to educate people about rape and sexual assault and the necessity to report these crimes, regardless of how old they are. The session will end with a self-help support meeting wherein all participants will be invited to share (no one has to share.) Listening is recognized and appreciated as a gift to the those who share.

Abuse of A Loved One (JEFFERSON)

Facilitated by Kathryn Robb and Pat Serrano

The sexual abuse of children is epidemic in this country. One in five children will be abused before their eighteenth birthday. The vast majority of the abuse happens within the home by a family member or trusted friend. Victims of these crimes face unique challenges and problems. They not only must deal with the abuse, they are often forced to live under the same roof with the predator. When revealing the crimes the family often breaks down and the victim is left with no support system. We will explore ways that family members can offer support and comfort to the victim, whether the abuser is a family member or not. We will also discuss the ways that abuse affects everyone who knows the victim and the trauma they suffer.

Abuse of Vulnerable Adults (PRINCE WILLIAM)

Facilitated by Barbara Dorris

Those abused as adults endure the same types of horrific consequences as child victims, yet their suffering and needs are frequently overlooked. This workshop focuses on the unique and special needs of vulnerable adults abused by clergy. This session will include a presentation discussing the unique experiences of the adult survivor including how it happens and successful strategies for healing. The session will also provide opportunities for survivors to discuss their situations, ask questions and receive support.

Afternoon Breakout Sessions

Saturday, August 8th - 2:30PM to 3:30PM

Civil Litigation as Prevention and Healing (KENNEDY/JEFFERSON)

Facilitated by Jeff Anderson, Mitch Garabedian, Irwin Zalkin and Joe George

Many survivors struggle with the decision whether suing the church is helpful or harmful. This workshop explores the pros and cons. The legal system is often frightening and confusing for survivors, this is a chance to ask questions of the experts. The presenters will discuss how to assess the facts to determine if filing is appropriate and explore strategies for overcoming statutes of limitations blockades and will discuss every stage of the legal case. The presenters of this session have filed cases for hundreds (maybe even thousands) of survivors in most if not all of the 50 states. These attorneys are well seasoned and have been representing survivors of sexual abuse for decades. Attorneys who attend this session will receive drafts of pleadings and have opportunities to discuss specific strategies with the presenters.

Vibrancy, Growth and Victories in the Latino Survivor Community (LINCOLN)

Facilitated by Eric Barragan

While many of the difficulties and experiences of abuse within the Latino community become compounded by a culture which prefers to deny and minimize the reality of abuse, survivors are thriving. Latino survivors are finding their voice and building a strong movement both in Mexico and in the United States. They have succeeded in changing federal law in Mexico and are building self-help support groups to assist survivors and family members in healing and restoring power. They are not only working with attorneys to explore and exercise their legal rights they are also working with prosecutors in both Mexico and United States to expose and prosecute predators who have crossed international boundaries Learn of their successes and the unique cultural and spiritual components Latinos face.

Working With Media to Reach Survivors & Expose Wrongdoers (ROOSEVELT)

Facilitated by David Clohessy

This workshop will focus on how talking to the media can not only help victims heal, but also protect others. Practical "how-to's" will be provided as well as role-playing. David will teach skills that will help get journalists' attention, motivate volunteers, stay on message and reach/help other survivors (even if the victim chooses to remain anonymous.) This session is helpful to survivors, supporters, and attorneys who represent survivors. When the stories of abuse are reported by the media the positive impact is far-reaching. Details will be explained. Participants will receive handouts including samples of "Media Advisories," "Press Releases" and "Statements by Survivors."

Working with clergy sexual abuse survivors: The hidden challenge to the helping professionals (PRINCE WILLIAM)

Facilitated by Peter Isely

When a child or a vulnerable adult is sexually assaulted by a member of the clergy a whole array of often hidden institutional and cultural forces are activated to prevent and impede healing, making individual recovery from this trauma particularly difficult and complex. Much of the challenge for those who find themselves working with this client population is being unprepared and unequipped to address the impact on victim recovery of the social power and prestige of faith based institutions and beliefs, most of which support the exceptional status of clergy in American culture and deny the criminal conduct of its members. This session will explore how to address and even make good use of the larger social context of recovery from these unique crimes and how to work through familiar obstacles helping professionals and trained volunteers can expect to encounter with clergy sexual abuse victims in a variety of formal and informal settings.

Using Reiki for Healing After Trauma (ARLINGTON)

Facilitated by Kathy Jordan

This session offers an introduction to Reiki, a Japanese mind/body approach that supports stress-reduction and deep relaxation, and is known to safely promote emotional, physical and spiritual healing. During a Reiki treatment, a practitioner gently places his or her hands either on or above the fully clothed body, and allows healing energy to flow to where an individual needs it most. Individuals can also learn how to use Reiki for self-treatment. Reiki is an ideal complement to a survivor's healing journey because it is non-invasive and can be effectively practiced without physical touch.

During this session, you will:

- Learn how Reiki works to reduce stress and aid healing
- Practice a technique for accessing your own healing energy at any time you would like to feel more calm and grounded
- Have an opportunity to experience a Reiki "mini-treatment" (if desired).

Changing the scene: How one person can make a difference in the survivor movement. Becoming involved, practical ways to help. (FAIRFAX)

Facilitated by Barbara Dorris

SNAP's mission is to heal the wounded and to protect the vulnerable. Many people want to help but have no idea what to do. Whether you are a survivor or a supporter you can help! (You can even do this and remain anonymous at the same time!) This session will explore many ways to become involved. Many people want to help but have no idea what to do. Whether you are a survivor or a supporter you can help! (You can even do this and remain anonymous at the same time!) We'll suggest easy-to-follow steps you can take to start a SNAP support group in your area. We'll also suggest practical ways to support survivors, adopt an "orphan" diocese, be a spokesperson for the movement (even if you don't know what to say), among other things. Fund raising, donating your expertise and current needs of the survivor movement will be discussed. The goal of this session will be to give you concrete ways to make a difference in the fight to stop sexual abuse.

