## **Bullying Prevention Resources**

Created by the Bullying Prevention Initiative at the Harvard Graduate School of Education

## Websites and Organizations:

The following is a partial list of websites and organizations that provide research-based resources for children, teens, parents, educators, and/or community members to prevent bullying and/or develop social, emotional, or ethical capacities.

The Collaborative for Academic, Social, and Emotional Learning disseminates information on the benefits and importance of social and emotional learning. Their website provides resources related to selecting a social and emotional learning program at schools, and offers suggestions related to the training, funding, and assessment of such programs.

http://casel.org

**The National School Climate Center** helps schools integrate social and emotional learning with academic instruction. Their website features tools, and best practices for promoting and measuring positive school climate. The "Bully Prevention" section of the website provides information on topics like building a community of "Upstanders" and promoting student leadership.

http://www.schoolclimate.org

PREVNet (Promoting Relationships and Eliminating Violence) is a network of researchers, organizations, and governments committed to stopping bullying. Their site features research- based strategies for parents, students, educators, and community members to prevent bullying and promote relationships. Their site provides downloadable, easily accessible handouts, manuals, and research summaries. http://prevnet.ca

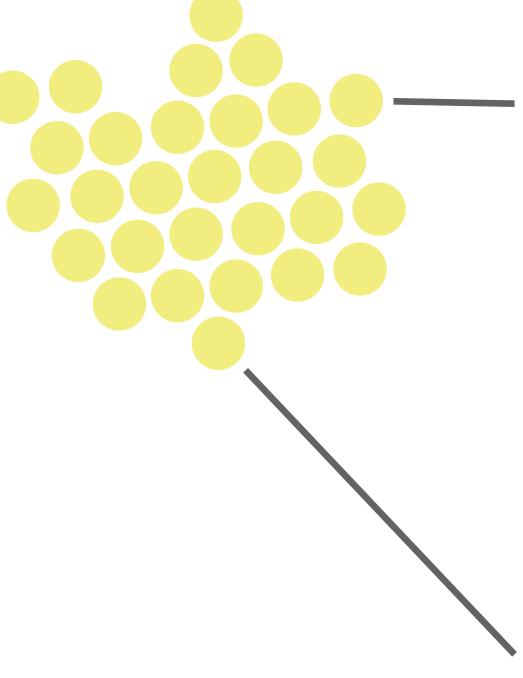
# Initiatives or resources for LGBT youth and youth with disabilities:

Pacer's National Bullying Prevention Center features information and resources for children, teens, parents and educators around bullying topics with a particular focus on students with disabilities. Their additional websites www.teensagainstbullying.org and www.kidsagainstbullying.org are designed for kids by kids and feature videos and art, games and activities, and developmentally appropriate information for kids about bullying.

#### http://www.pacer.org/bullying

The Gay, Lesbian and Straight Education Network provides tips, strategies, and tools for educators, students, and supporters to promote school communities where all members are valued, regardless of sexual orientation or gender identity. Their site features resources for building student allies, and information about participating in nationwide school initiatives and projects that promote respect and diversity.

http://www.glsen.org



#### The Morningside Center for Teaching Social Responsibility

fosters social and emotional learning in schools by supporting an array of school-based programs. Their website features descriptions of social and emotional programs that promote conflict resolution and intercultural understanding. Their sister website www. teachablemoment.org offers free lessons and activities for teachers to promote social and emotional learning in the classroom.

http://www.morningsidecenter.org

#### The Center on the Social and Emotional Foundations of Early

**Learning** disseminates research and evidence-based practices to early childhood programs. Their site features resources for policymakers, families, educational coaches, and teachers/caregivers about promoting social and emotional development in young children (ages 0-5).

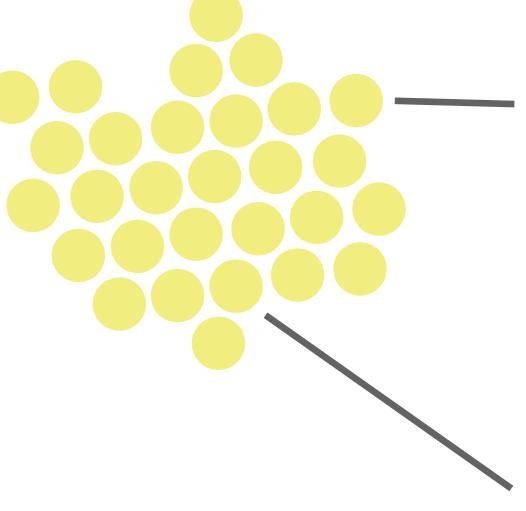
http://csefel.vanderbilt.edu

**Safe and Supportive Schools** provides tools and manuals, research briefs, and additional readings about topics within the broad areas of school engagement, environment, and safety. The "School Climate Measurement" portion of the website features a school climate measurement tool compendium.

http://safesupportiveschools.ed.gov

**StopBullying.gov**, managed by the U.S. Department of Health and Human Services, features information for students, parents, educators, and community members on how to intervene in bullying situations. The "References and Resources" section of the webpage includes summaries of bullying research, policy information and briefings, and links to additional websites and tools.

http://www.stopbullying.gov



**Cyberbullying Research Center** provides up-to-date, researchbased information about the nature, extent, causes, and consequences of cyberbullying among adolescents. The site features cyberbullying research summaries and publications, resources about responding to cyberbullying situations, and a place to read and share personal stories of cyberbullying.

http://cyberbullying.us

**Education.com** offers (bilingual) resources for parents that cover a wide range of topics about bullying. The site provides researchbased articles for parents of children who are bullies, victims, or bystanders, and provides information about cyberbullying, young children and bullying, bullying in schools, and prejudice.

http://www.education.com/topic/school-bullying-teasing/

**Common Sense Media** provides teachers and school administrators with a "toolkit" that contains resources to aid in the creation of a positive school culture and work to end cyberbullying. The site offers elementary, middle, and high school teachers access to grade-appropriate classroom lessons and tools and strategies for working with parents.

http://www.commonsensemedia.org/educators/cyberbullying-toolkit

### **Programs and Curricula**

The following is a partial list of programs that provide research-based, rigorously evaluated interventions that prevent or reduce bullying and/or develop social, emotional, or ethical capacities in children and youth.

• **PATHS: Promoting Alternate THinking Strategies Program** (grades Pre-K to 6) http://www.channing-bete.com/prevention-programs/paths/paths.html

• Olweus Bullying Prevention Program (grades K to 8): http://www.olweus.org/public/index.page

• Second Step: Social Emotional Skills for Early Learning (grades K to 8): http://www.cfchildren.org/programs/ssp/overview/

• Steps to Respect: A Bullying Prevention Program (grades 3 to 6) http://www.cfchildren.org/programs/str/overview/

• The Incredible Years: Parents, Teachers, and Children's Training Series (ages 0 to 12): http://www.incredibleyears.com/

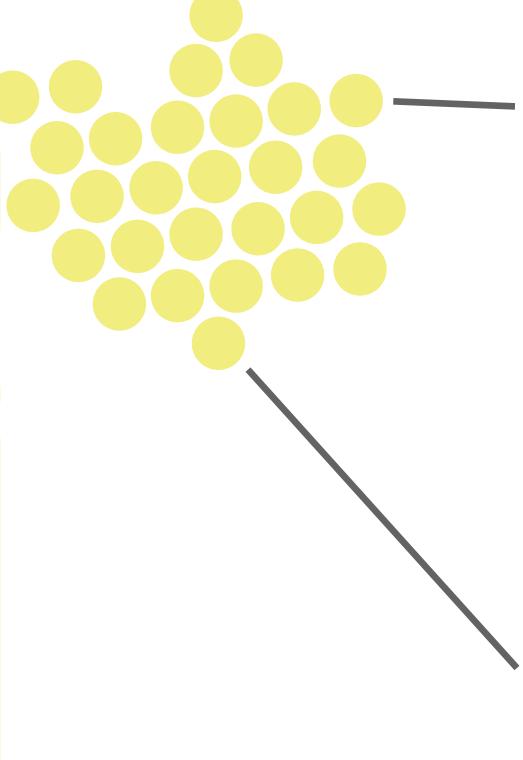
• **4Rs: Reading, Writing, Respect, and Resolution:** A Social and Emotional Learning and Language Arts Program (*grades Pre-K to 8*) http://www.morningsidecenter.org/images/4RsSummary.pdf

Tools of the Mind: A Program to Promote Intentional Self-Regulation (grades Pre-K and K)
http://www.mscd.edu/extendedcampus/toolsofthemind/



• Caring School Community Program: A Program to Build Classroom and School-Wide Community (grades K to 6) http://www.devstu.org/caring-school-community

• I Can Problem Solve: An Interpersonal Cognitive Problem Solving Program (grades Pre-K to 6) http://www.researchpress.com/product/item/4628/



## **Articles Briefs and Books**

The following is a partial list of articles, briefs, and books created by team members from the Bullying Prevention Initiative at the Harvard Graduate School of Education. Documents include information for parents, educators, researchers, and policy makers about bullying, and/or developing social, emotional, or ethical capacities in children and adults. PDFs of select documents to follow. The following is a partial list of articles, briefs, and books created by team members from the Bullying Prevention Initiative at the Harvard Graduate School of Education. Documents include information for parents, educators, researchers, and policy makers about bullying, and/or developing social, emotional, or ethical capacities in children and adults. PDFs of select documents to follow.

Aber, J. L., Brown, J. L., Jones, S., & Roderick, T. (2010). SEL: The history of a research-practice partnership. In Better: Evidence-based Education, Special Issue on Social-Emotional Learning (pp. 14-15). Institute for Effective Education, University of York, Heslington, York, UK.

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Brion-Meisels, G., & Jones, S. M. (2011). Learning about relationships. In S. Roffey (Ed.), Positive relationships: Evidence based practice across the world (pp. 55-74). New York: Springer.

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McCartney, K. & Weissbourd, R. (2012, February 29). Listen to Lady Gaga -- be kind, stop bullying. CNN.com. Retrieved from http://www. cnn.com/2012/02/29/opinion/mccartney-weissbourd-bullying/index. html

Weissbourd, R. (2009). The Parents We Mean to Be. Boston: Houghton Mifflin.

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