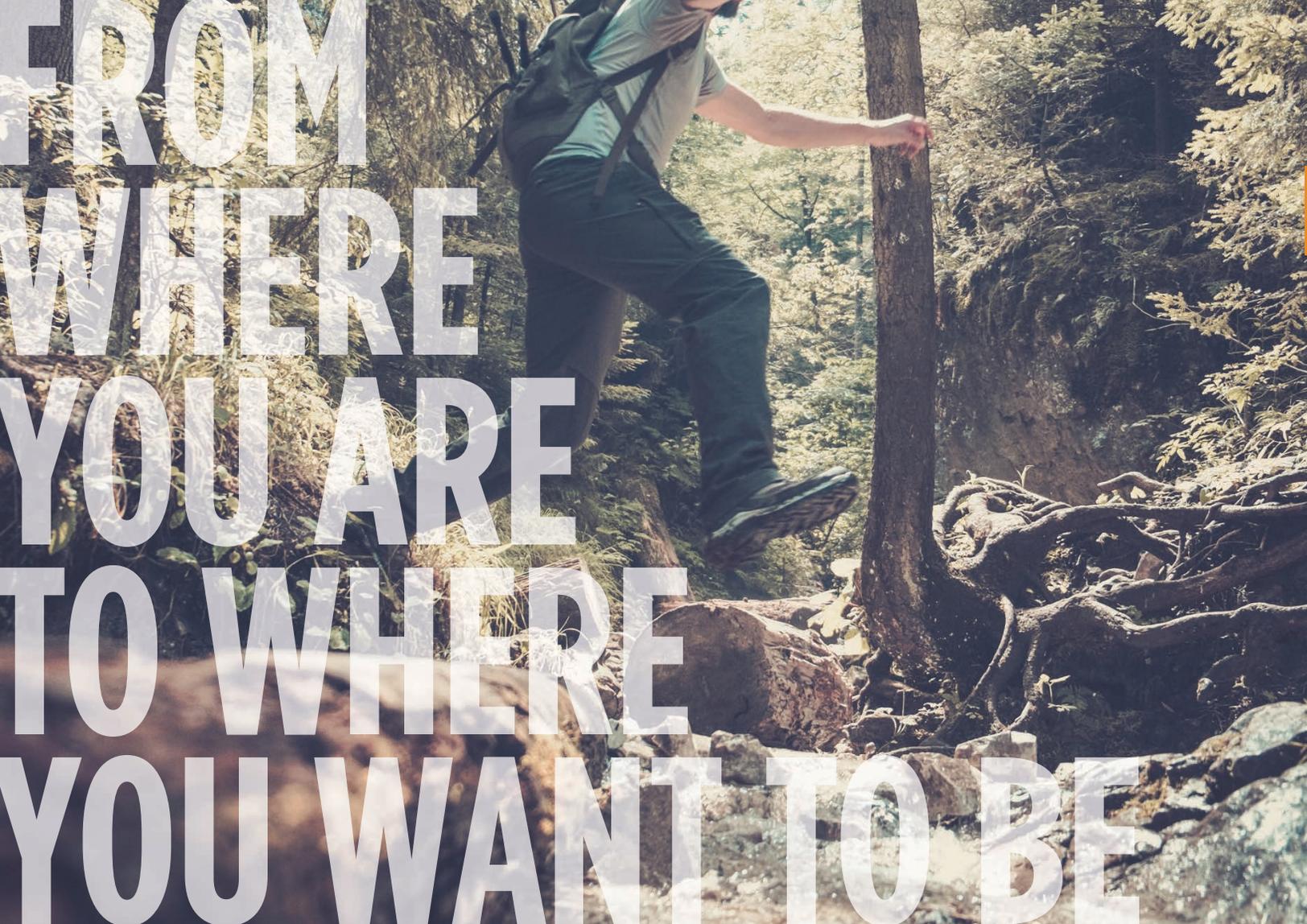




BATTLE FOR YOUR HEART





FROM
WHERE
YOU ARE
TO WHERE
YOU WANT TO BE

THE CHANGE YOU'RE LOOKING FOR IS WITHIN REACH.

WHAT IF GOD ISN'T EXPECTING YOU TO DO MORE,
BUT LONGS TO AWAKEN WHAT HE HAS ALREADY PUT IN YOU?

Real change is something we all seek, but it can be hard to find. Often we focus on specific areas like finances, marriage or work to see transformation. At Wellspring, we find that when the heart is changed, these areas of life are changed organically. Most of us long to go deep in our relationships with God, family, and friends. We want to become vibrant contributors to the Kingdom. How does real change happen?

At Wellspring, we believe that everything we do comes from the heart. Our focus is on developing whole-hearted people, who know the heart of God and their own hearts, and are equipped to engage those around them.

But heart transformation doesn't happen in isolation. It happens when we link arms and do life together. That's why Wellspring Group created the Battle for Your Heart, a discipleship process designed to be experienced in teams. Together, participants join the fight to deeply know God and His incredible love and grace, and to know their

whole hearts as they never have before. Community is not the end result; it's the pathway to significant, sustainable, fundamental change.

So, take a look at what The Battle for Your Heart can offer you. Discover how to dig down to the heart issues that impact every relationship you have. Real change from the inside out is possible...and finding it can release you to live as the person God created you to be.



Meet Mark

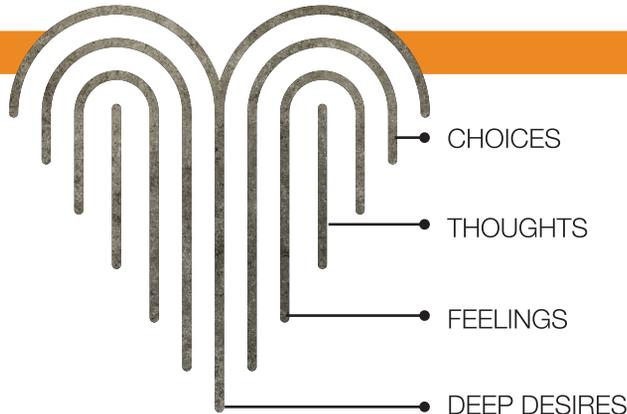
*and hear his story at
wellspringgroup.org/newcomers*

WHAT WOULD IT MEAN FOR YOU TO LIVE FROM YOUR WHOLE HEART?



When the Bible speaks of your heart, it's talking about the core of who you are: your choices, thoughts, feelings, and deepest desires. What is visible on the outside of your life, like how you speak or act, flows out of what you believe, feel, and desire. If you dig deep, you'll get to a place of real heart change. That's why Solomon told his son, "Above all else guard your heart because it is the wellspring of life."

The Battle for the Heart is a path to discovering the wellspring of your whole heart, understanding what's blocking it, and becoming equipped to guard it. It's a rigorous experience consisting of two weekend intensives, with follow-through, that opens up your whole heart to God's larger story. Entering the Battle gives you a clear path to change, connecting you to the Fellowship that will walk with you as you move into your part in God's larger story.



How we engage with our world flows out of our thoughts, feelings, and desires.

Thoughts and beliefs are formed in our experiences, feelings, and desires. Aligning our core beliefs with Gospel truth is critical to becoming the people God created us to be.

Our emotions flow from met or unmet desires. We can follow our joy or pain to discover our deep desires.

Desires may be deceptive or distorted, but our deepest desires reflect God's image in us and can only be fulfilled in Him. It is these God-given desires that energize real change.



BATTLE FOR THE HEART

LIVE TRANSFORMED

EVENT NO.1

BATTLE FOR THE HEART

A series of interactive teaching sessions, facilitated team discussions, and personal reflection times introducing you to the framework for fighting for your heart

TEAM FOLLOW THROUGH

After the retreat, go deeper with your team into knowing how to win the daily battle for your heart through reflections in scripture and weekly team meetings

EVENT NO.2

BATTLE FOR YOUR DOMAIN

An intensive experience in authentic community, equipping you with the skills of fighting for the hearts of your team and those in your sphere of influence

TEAM FOLLOW THROUGH

Personal reflections and weekly team meetings focus on overcoming obstacles that keep you from winning the battle for your heart and playing your part in God's larger story



She knows she's shutting down, but she doesn't know what to do.



LESS EMPHASIS ON

Searching Scripture for answers.

Defining and exposing sinful behavior.

Giving advice.

Trying harder to live the Christian life.

Developing strategies for handling life's challenges.

Implementing a new program or principles.

Seeking what God wants you to do.

Managing life independently.



MORE EMPHASIS ON

Experiencing God in Scripture.

Uncovering the energy and the patterns behind sin.

Pursuing the whole heart.

Living out the Gospel with a whole heart.

Identifying what's truly at stake in life's challenges.

Sustaining significant, fundamental change.

Discovering who God has created you to be.

Enjoying life in authentic community.

THIS IS HOW GOD USES WELLSRING TO
CHANGE PEOPLE

He now understands
his own heart and is able
to connect with hers.





Through God's incredible work in me, he is already doing incredible work in those around me. Through my experience of God, others are experiencing him in similar ways. Through my preaching, teaching, discipling, and even just being present with those around me, God is drawing so many others into a deeper experience of his love for them and their worth and value in him. This is what I was made to do!

Pastor, Muncie, IN

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Through the Battle process, I have become more real and vulnerable with people. This is true leadership, leading in the trenches of real life rather than from arm's length. As I have been transparent with the men that I minister to, my impact in their lives has increased.

Missionary, Budapest, Hungary

WE DON'T BATTLE ALONE

IN COMMUNITY, THE POWER OF THE GOSPEL PENETRATES OUR HEARTS AND OVERFLOWS INTO EVERY AREA OF OUR LIVES: FAMILY, FRIENDSHIPS, WORK, AND CHURCH.

The Battle for the Heart experience has called me out of my safe harbor with relationships. I've been drawn to deeper waters that hold greater risk for rejection and disappointment, but also greater opportunity to taste God's glory in authentic community.

Dad and businessman., Birmingham, AL

I knew from the first retreat that I had found something for which I had been searching for a long, long time. I will admit that the follow-up process was not always easy. But we persevered. We became a Fellowship that truly loved, cared and protected each other. It was a grueling and beautiful process!

Missionary, Paris, France

I was wounded, closed off and very reluctant to enter into the Battle process with my daughters-in-law, two women who differed from me in every possible way. To my astonishment, God had something beautiful and profound to offer us that we could only get from each other. His pursuit of us through Wellspring has transformed our marriages, powerfully impacted our children, and freed us to embark on the adventure that God has for us.

*Mother and ministry leader,
Kalamazoo, MI*



GETTING STARTED

Get answers
to your questions



Attend
a free Introduction to the Battle

Gather a team
See our online guide at
wellspringgroup.org.





Talk with someone
one-on-one about their
Battle experience.



www.wellspringgroup.org



Register
for upcoming Battle for Your Heart events





WELLSPRING
GROUP

overflowing transformation

wellspringgroup.org