

Name: _____ Course: _____ Date: _____

VALUE CONSCIOUS CONSUMPTION

SELF EVALUATION

While helping you learn about a sustainability topic, the goal of this Action Pack was to help you increase your ability in a number of life skills.

By completing the self evaluation below you can acknowledge the areas that you have developed and the areas that need more work. Please keep in mind that your abilities will continue to develop over the years.

Please rate yourself from 1 – 5 for each of the following statements.

- 1** = I did not develop this skill with this project and I do not feel confident in this life skill.
- 2** = I developed this skill a little, but I need to do more work in this area.
- 3** = I developed this skill a fair bit, and I see how I could use it in the future.
- 4** = I developed this skill a lot and I am quite confident about using this skill in the future.
- 5** = This goal was fully met, I actively use this life skill in many areas of my life.

Your Self Evaluation



Inquiry Process:

- | | | | | | |
|---|---|---|---|---|---|
| • I can work well with others to explore a topic. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |
| • I can research a question using internet links. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |
| • I am willing to get personally engaged to use my own experience as part of my research. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |
| • I am willing to look for solutions even when a clear and easy answer is not obvious. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |



Creative/Critical Thinking:

- | | | | | | |
|--|---|---|---|---|---|
| • I learned a lot about this topic. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |
| • I considered different points of view. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |
| • I have generated some new ideas. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |
| • My understanding of this topic will now influence how I think and act in the future. | 1 | 2 | 3 | 4 | 5 |
| | | | | | |

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Communication:

• I am comfortable speaking with others about my area of interest. 1 2 3 4 5

• I can hear and respect different opinions during a discussion 1 2 3 4 5

• I can use digital media to research information. 1 2 3 4 5

• I can use digital media to share information. 1 2 3 4 5

• I can deliver an interesting presentation on my topic. 1 2 3 4 5



Personal & Social Responsibility:

• I know what my own values are. 1 2 3 4 5

• I use my values to decide on my actions. 1 2 3 4 5

• I take responsibility for how my actions impact on my life. 1 2 3 4 5

• I take responsibility for how my actions impact on the lives of others, my community & my planet. 1 2 3 4 5