GirlTrek
Take a walk. Join a movement!

Put your name down in History. We're starting a new health movement.!

living a healthier, more fulfilled life- simply by walking. Together we will lace up our sneakers and step out on faith. We walk for exercise, for stress relief, to inspire our daughters and to reclaim our streets! I promise to walk 30 minutes per day! By signing my name below, I have read, understand it and agree to all of the release and terms below.

FULL NAME (Please print clearly to accept all terms)	**PHONE** Your real one-to get the weekly updates	**LOCATION** Park or your neighborhood & City	**EMAIL ADDRESS** To receive daily updates during the season

RELEASE OF LIABILITY WAIVER: in exchange for permission to participate in walks, events, outdoor activities group or individual exercise and any other activities sponsored or organized by GirlTrek. I release from liability and agree not to sue GirlTrek or any of its employees, agents, volunteers or sponsors with respect to any claims of personal injury or damage to my property that I may sustain as result of participating in any GirlTrek activity. I allow GirlTrek to take photographs or videos of me while participating in GirlTrek events, and to use such photographs and vides as well and my name and other identifying information that I have provided on the GirlTrek website and in other GirlTrek promotional materials, without the right to receive any payment. If you are under the age of 18, you must confirm the permission of your parent or legal guardian prior to registering with GirlTrek. I certify that I am either 18 years old and am between 13 and 18 and have obtained consent of my parents.