

3 Free Courses for UNISON Members

**RETURN
TO LEARN**

**WOMEN'S
LIVES**

**ENGLISH
FOR YOU**



New learning opportunities specially
designed for adults to build self-confidence,
widen horizons and help progress at work.

No exams to take!

Develop your skills with

RETURN TO LEARN

R2L will help you develop your skills and give you confidence in four key areas:

- Writing
- Investigating and Research
- Analysing and Problem Solving
- Working with Numbers
- Where facilities are available you will also be able to learn basic computer skills



New Opportunities?

RETURN TO LEARN



R2L is not about going back to school. It's a course specially designed for adults who have been away from learning for a long time. There are no exams. The course is delivered on behalf of UNISON by the Workers' Educational Association (WEA). You can also get a certificate at the end of it.

Past students from a variety of work backgrounds have found it helps them at work and at home with things like report writing, case notes, job applications and of course the children's homework.

The benefit from the course is a new found ability to explore new areas, test new waters and meet any challenge with a greater degree of confidence.

Learn from experience with

WOMEN'S LIVES

Women's Lives looks at issues of interest to women and draws on your own experiences at work and home. While doing this it will develop your skills and give you confidence in:

- Writing
- Investigating and Research
- Analysing and Problem Solving



Need a new start?

WOMEN'S LIVES



Women's Lives is a course specifically designed for women who have been away from learning for a long time but would now like to take up new learning opportunities. There are no tests or exams. You can also get a certificate at the end of it.

You will join a regular study group that meets once a week in the evening at a local venue with a woman tutor who will run the study group, help and advise you and give you feedback. The sessions are designed to be informal and friendly.

It gave my self-confidence a big boost. I have continued with further education with the prospect of promotion at work.

Improve your English with

ENGLISH FOR YOU

English for You is for any UNISON member whose main language is not English. It will help you with:

- Speaking and listening
- Reading and writing
- Vocabulary
- Punctuation and grammar



Improve your English

ENGLISH FOR YOU



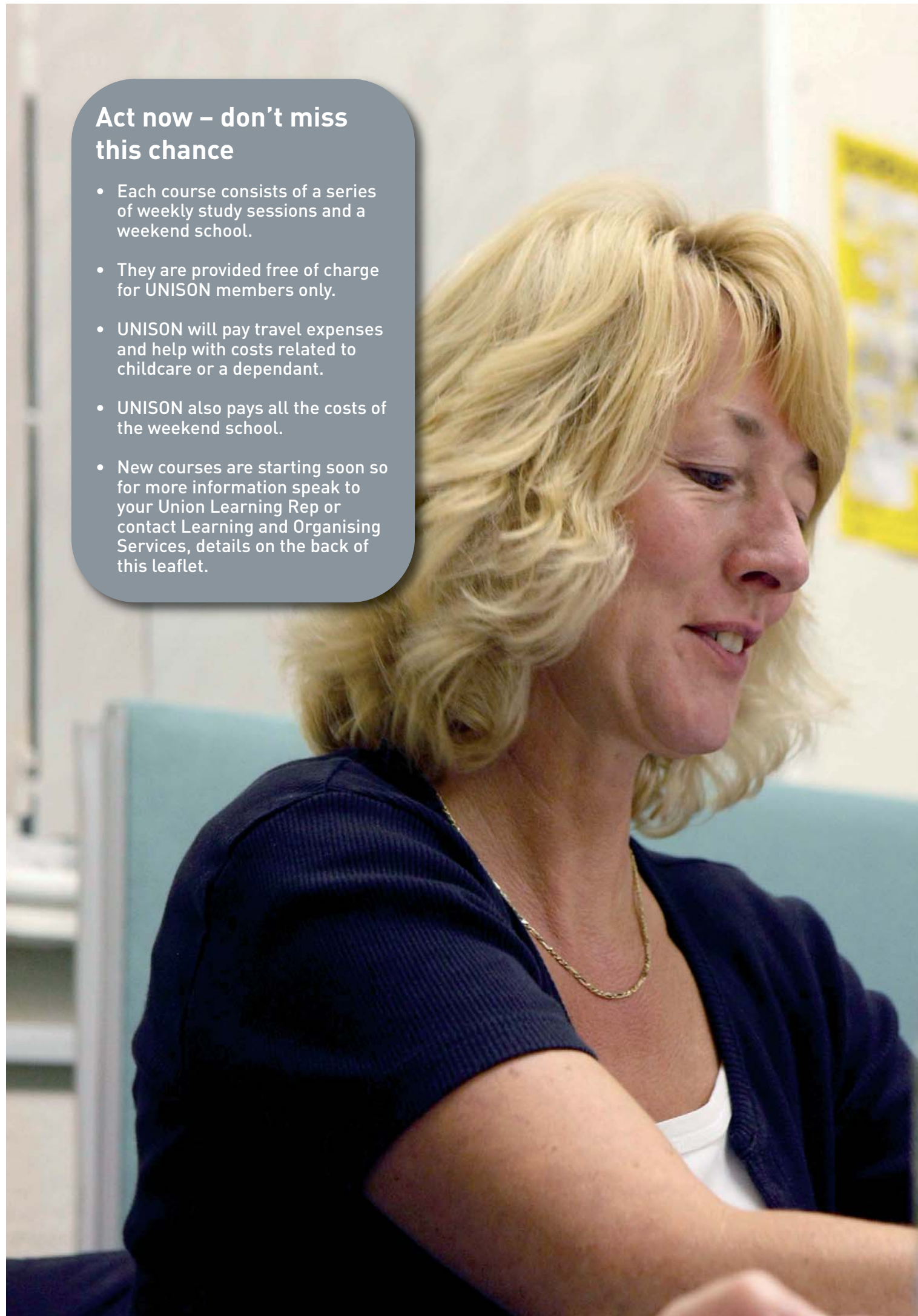
English for You will make it easier for you to talk to your work colleagues, understand workplace health and safety issues and understand your union. It will help you to develop your self-confidence at work and within your community. You can also get a certificate at the end of it.

You will join a small study group that meets once a week in the evening at a local venue with an experienced tutor to help and advise you.

The course has helped me to speak to my line manager with more confidence.

Act now – don't miss this chance

- Each course consists of a series of weekly study sessions and a weekend school.
- They are provided free of charge for UNISON members only.
- UNISON will pay travel expenses and help with costs related to childcare or a dependant.
- UNISON also pays all the costs of the weekend school.
- New courses are starting soon so for more information speak to your Union Learning Rep or contact Learning and Organising Services, details on the back of this leaflet.



What some of our students have said:

It has developed my self confidence, writing ability and widened my horizons.

Return to Learn Student

We enjoyed it so much it became our way of life. The work we achieved gave us great confidence in ourselves.

Women's Lives Student

The group meetings were well organised - the tutor and fellow students were friendly and helpful.

English for You Student

It proves what you can achieve if you really go for it.

English for You Student

Contact Us:

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