

The Best Me is a Fit Me!

Justice and Witness Ministries,
UCC's Let's Move Task Force,
Faith Community Nurses, COREM Health Table
and the Pension Boards invite you to be a part of the
UCC Faithfully Walking Challenge !



UCC joins First Lady Michelle Obama's
Let's Move Initiative to Reduce Childhood Obesity!

Persons interested in participating in the
final phase of the walking challenge may register
online at www.ucc.org/justice/health

Walking Challenge instructional booklets are also available online.

Help the UCC reach its goal of 600,000 miles by the end
of November. We've already walked over 200,000 miles!

