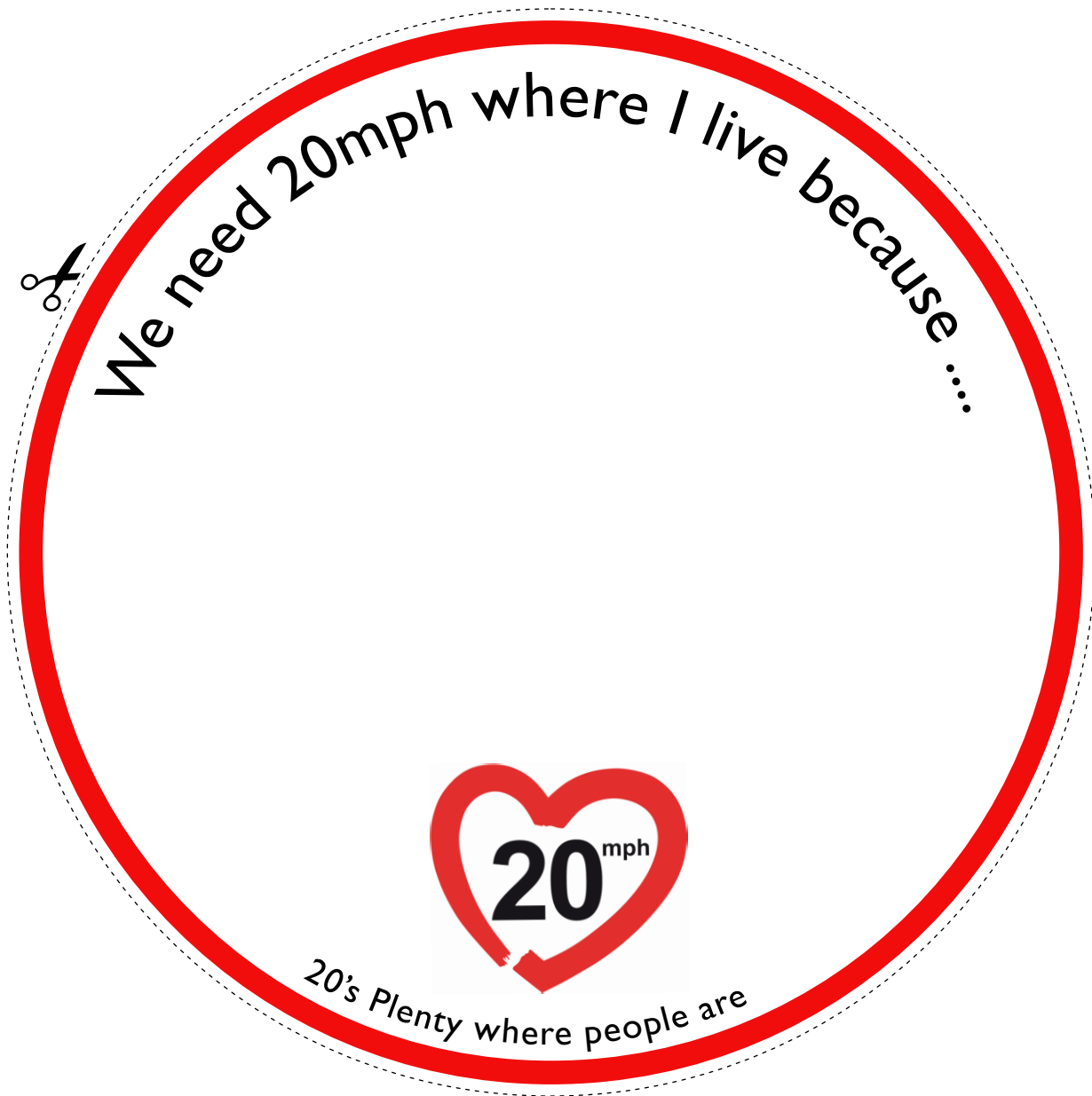




20's Plenty for Us

...making your place a better place to be

Paper Plate Template



Instructions for your 20's Plenty Plate:

1. First of all, decide on your message and write it on the plate. Make sure it's big enough to read. You could add some decoration or a picture as well if you like. Don't forget to add your name and where you live.
2. Cut your plate out following the dotted line.
3. If you have a paper plate, stick your design in the middle - don't worry if you haven't got one.
4. Now take a photo of your finished plate, making sure your message is easy to read.
You can include yourself in the photo holding the plate or perhaps just show your hands holding the plate.

For more information on 20's Plenty visit www.20splenty.org

To join the 20's Plenty for Us Campaign contact Anna Semlyen - anna.s@20splenty.org (it's free to join)