

OUT *yxē*

EST 2018

June/July

PRIDE EDITION

DISCOVER

PRIDE!

A STEP BACK IN

TIME

FEATURING MP SHERI BENSON

MEET OUTSASKATOON'S LONGEST SERVING

VOLUNTEER

ED's Corner



I think it's pretty common knowledge that the first Pride parade was a riot(!) And I'm sure that to this day there are still a handful (or a hundred) of brave queer, trans, and two spirit folks that feel quite rebellious as they walk in their first Pride Parade, hold their partner's hand for the first time in public, and are welcomed into a community where they see themselves reflected and are supported with open arms.

Saskatoon's Pride Festival has grown by leaps and bounds in the past few years and this year's festival has a wonderfully diverse array of events and opportunities to connect. Not only that, but look around you! Saskatoon really is painted in rainbows as more and more organizations and businesses join in to support the LGBTQ2S community.

The feeling of freedom that a city of rainbows affords really helps to make Pride one of the best days of the year, and at the same time, we know that one day is never enough. There are still days where loneliness and fear creep in, days where the world is harsher than it should be. So for those days, know that OUTSaskatoon has your back for the other 364 days of the year. We're here to support you through our drop-in centre, counselling, social groups, and community events in whatever ways that you need.

I always think that there is something about living in and experiencing the margins that makes us more able to recognize injustice and there is something about being different that makes us able to see how valuable difference really is.

So wave your flag, sing out loud, celebrate your differences, and Happy Pride!

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Krista

Our summer practicum student, Krista, is truly a slow leak in the best possible way. In the month that we have had the pleasure of getting to know Krista, we have already learned that her favourite place to be is behind the scenes getting all of the important stuff done. We can't wait to see how much of a tidal wave she will be in the future. And lucky us, Krista will be with us until the end of August!



Sarah

OUTSaskatoon has recently started a new partnership with Family Service Saskatoon to provide safe, LGBTQ2S positive counselling. Sarah, from FSS, is at OUT on Thursday afternoons from 12:30 until 5pm - call us to make an appointment!



What's Happening...

June 16: **Rejoining the Circle: Saskatoon's first
Two Spirit Powwow**
- 12pm at the University of SK Bowl

Senior (55+) Dance
- 6pm at St Georges Anglican Church

June 17: **Family Day Carnival**
- 10am at the Saskatoon Forestry Farm

Real Pride March Saskatoon
- 1pm at Mount Royal Collegiate

Pride Boat Cruise
- 3pm on the Prairie Lily

June 18: **Pride Latte**
- 6pm at the Francis Morrison Library

June 20: **Aging With Pride**
- 10am at OUTSaskatoon

Drag Queen Bingo
- 7pm at The Capitol Music Club

June 22: **Main Stage and Market**
- 4pm at River Landing

June 23: **Pride Parade!**
- 1pm marshalling at 24th and Spadina

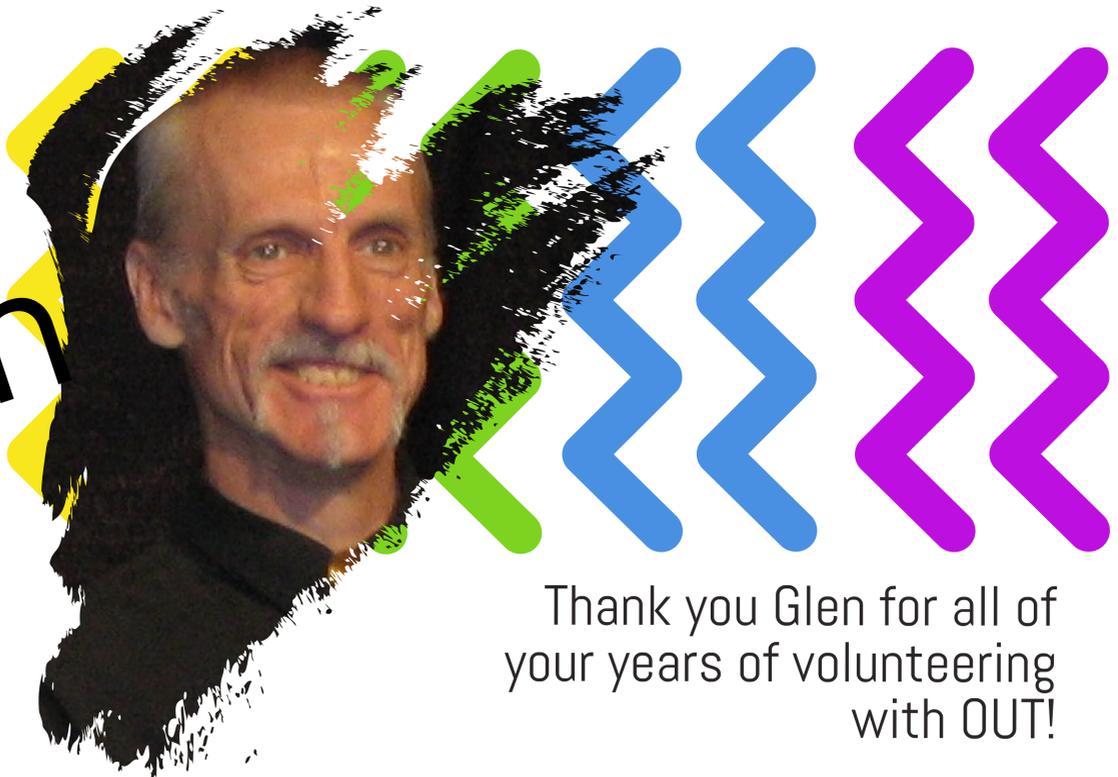
Main Stage and Market
- 11am at River Landing

Gurls: Ladies Night
- 9pm at Drift Cafe & Vista Lounge

June 24: **Pool Party**
- 12pm at The Hilton

OUT
SASKATOON

Glen Horton



Featured Volunteer

Thank you Glen for all of your years of volunteering with OUT!

The simple reasons for me becoming one of the first volunteers for our organization 27 years ago was I was unemployed and my partner was Gens Hellquist who restarted earlier ones that he also started. I've been able to volunteer all this time because my tangle with HIV has kept me living with a 5 year horizon. The reason I've stayed a volunteer is that I'm basically a selfish guy. There may be a few saints who volunteer for selfless reasons but only martyrs stay in a place that treats them like dirt. Most organizations or businesses treat free staff like gold; so very good for your self esteem. The very core purpose of our Centre is to ensure that all of us in our queer corner of society feel good about ourselves and each other.

That certainly was the main focus of Gay & Lesbian Health Services. Our phone line was the lifeline for all the scared and scarred refugees from small minds in small towns and hateful families. Our callers would be faceless voices for a short while until they found the courage to step through the doors into our safe place populated with people they were told to fear as alien creatures. With only a few basic listening tools we could help the frightened rabbits shed some tears from their years of pain. That transition would rarely last long until they felt comfortable enough to be themselves.

So many have become friends, fellow volunteers and staff that have moved on to bigger cities to use the skills and experiences to grow organizations and communities. My life has been so enriched by these amazing bright stars of the national network of helping, healing, empowering trail blazers and builders. I ask you, what could be more rewarding than that?

Bridge City Chorus that I've also had the privilege of being a founding member of, has been singing/rapping a song with the words "Our movement has grown strong, changing laws, changing lives. But others elsewhere..." (it goes on about other countries.)

In our country, city and Centre we've been helping others from elsewhere in Queerdom's un-addressed corners of discrimination in wave upon wave. I not only get to meet more courageous, quirky queers but get to expand my mind with new language and concepts and catch glimpses of an almost utopian tomorrow and all I have to do to earn this primo ring-side seat is exercise my talents of being a finicky fag.

Did you know that in its 26 years of operation, OUTSaskatoon has never had to hire cleaning staff because Glen takes care of everything from recycling to vacuuming, to watering our plants?

OUTSaskatoon would not be the same without you Glen. Your years of dedication to the community is astonishing, hardly selfish ;) You truly are the definition of what community means and we are humbled by your words and actions.

If you would like to volunteer at OUTSaskatoon please visit: outsaskatoon.ca/volunteer or alternatively, email hello@outsaskatoon.ca

Happy Pride Saskatoon

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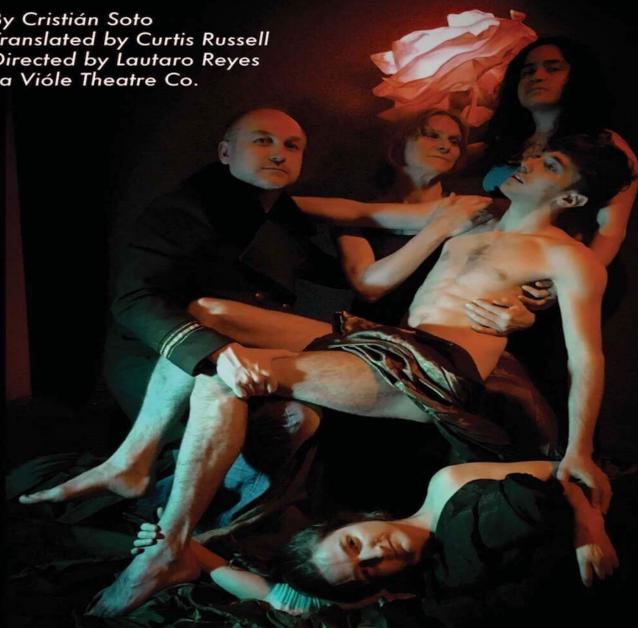
OF LGBTQ2S EMPLOYEES
hide their identity in their workplace

47%

OF LGBTQ2S EMPLOYEES
experience workplace discrimination

SANTIAGO High Tech

By Cristián Soto
Translated by Curtis Russell
Directed by Lautaro Reyes
La Vióle Theatre Co.



Dystopian Sci-fi from Chile; Nudity, adult themes, suicide
Mitchell Larsen, Kyle Syverson, Danylo Puderak, Rosa Del Rio, Miki Mappin

At The Refinery, June 9 & 10, 7:30 pm
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VACATIONS AWAY



**BY: Becky Reid
Travel Agent**

As the adage goes “love is love”, and with same sex marriages being legal in the Mexican state of Quintana Roo since 2011 - members of the LGBTQ+ community can dedicate their lives to each other on the powder white beaches of the Caribbean, in front of a turquoise sea, with nothing and no one to stand in their way, just happy friends and family to surround them in love.

Hoteliers have caught on, too. All resorts in the AMResorts chain (Sunscape, Now, Dreams, Secrets, Breathless & Zoetry) in Quintana Roo offer same sex wedding packages. Whether it's adult's only luxury at Secrets, Breathless or Zoetry resorts; or a family friendly gathering at Sunscape, Now and Dreams resorts - each with fully customizable wedding packages - there is a resort for any wedding style.

And why shouldn't there be? Members of the community have been marching for their love's acceptance since June 28, 1970. They fought for this right, and what better way to thank them than by taking advantage of the rights granted by way of their courage and strength in the face of adversity? After all, **Life Gets Better Together**, doesn't it?

June is Pride month, and through this month, Vacations Away and I want to celebrate you and your love. All vacation package bookings of \$1000 per person (before tax) will get you a special per person discount. Just mention that you saw it in this issue of OUTyxe!

Happy Pride!



We look forward to being involved with community events and getting to know each and every one of you

Watch for us in the next issue of OUTyxe.

Vacations Away is a certified LGBTQ2S Safe Space Business and has undergone Diversity Training.

#40 214 Stonebridge Blvd
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Ageing

with Pride

Wed. June 20th

10:00AM -
2:00PM

OUTSaskatoon



Tourism Saskatoon
JUDGES' TABLE

PARADE START & MARSHALLING AREA

Join Us in the Parade!

We invite all volunteers, group and community members, partners, family, and friends to walk in the Parade with OUTSaskatoon.

Meet us in the parade marshalling area at noon!

Visit hardpressed.ca to purchase this year's Pride T-shirt!

A STEP BACK IN
TIME

FEATURING MP SHERI BENSON



In 1971, Gens Hellquist wrote that a group of gay men discussed the need to establish a regular drinking venue for Saskatoon gays. The group's choice was the Apollo Room at the Downtown Ritz Hotel. Although the Apollo Room was considered unattractive, it was spacious and relatively uncrowded. The Apollo soon had a sizable and committed gay and lesbian clientele that continued to patronize 'the Ritz' for many years. The management and staff welcomes the new clientele and dealt quickly and firmly with anyone harassing LG patrons. The hotel closed in 1985.

From Celebrating a History of Diversity by Neil Richards, 2005





Q & A with MP Sheri Benson



OUTyxe: Can you describe the feel of the first Pride held in Saskatoon in 1992?

Sheri Benson: What I remember of those early days of Pride is how small it was compared to today and the continued disappointment with our city mayor. About 100 people marched in the city's second Pride march. The Pride committee was again refused a civic proclamation and a parade permit. Marchers shouted, "we're here, we're queer, we're not about to disappear." I loved the resiliency of the community to just keep on truck'in. The Parade was always a small piece or moment in time of claiming community and space. A beacon of hope that things are changing slowly but surely.

OUTyxe: As some of us know, while you were the executive director of United Way Saskatoon, you made it a priority to get funding for OUTSaskatoon, then Gay and Lesbian Health Services (GLHS), eventually being the first LGBTQ2S center in Canada to receive this funding. How was this process and why was it so important to not only you but the community?

Sheri Benson: When OUTSaskatoon became a United Way funded agency was the proudest moment of my United Way career. I was so proud of the Board and I remember one board member who said why wouldn't we fund OUTSaskatoon. This is what United Way is all about. Except, he said it much more eloquently. I wish I had written it down.

The moment was a bit surreal.



June 26, 2000 the Rainbow Flag was flown for the first time at Saskatoon City Hall. The original flag will be on display at the Western Development Museum within the upcoming year as part of the SK LGBTQ History exhibit.

Same-sex marriage became legal in Saskatchewan on November 5, 2004, and on November 6, 2004, Saskatoon's Erin Scriven and Lisa Strumborg became the first same-sex couple to be married in Saskatchewan!



2017 marked 25 years since OUTSaskatoon opened its doors as Gay and Lesbian Health Services. It is also the year that OUTSaskatoon opened Pride Home, Canada's first long-term LGBTQ2S youth group home. Pride Home housed seven LGBTQ2S youth in its first year!



Saskatoon Pride Festival Goes GREEN

We are proud to have The Better Good as our partner in Green this year. At YXE Pride we recognize environmental sustainability to be a fundamental driver in the long term success of growing organizations. This is why we took the Green Stem Sustainability Challenge in 2016, a voluntary commitment to

incorporate environmental sustainability into all decision making and activities. A growing festival has a growing impact on the community and the environment and implementing these changes is a must.

To make a change, we must first change our approach on everything; from choosing venues and suppliers to using sustainable energy and creating carbon offsets.

With the use of biodegradable cups, Bullfrog Sustainable Power, compost stations, our bike valet and waste reduction educators, our tree planting initiatives, we have greatly reduced our environmental impact. In doing so we hope to help educate the community on the many ways to improve our lifestyle while lessening our carbon footprint.

We are Doing it for The Better Good!



E: info@saskatoonpride.ca
W: saskatoonpride.ca
[@saskatoonpridefestival](https://www.facebook.com/saskatoonpridefestival)



Aug. 16-19



2018

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HAPPY PRIDE SASKATOON!



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Cooking Corner with Krystal



VEGAN Kale Caesar Salad



For the Roasted Chickpea Croutons:

- 1 (15-ounce) can chickpeas drained and rinsed
- 1 teaspoon extra-virgin olive oil
- 1/2 teaspoon fine grain sea salt
- 1/2 teaspoon garlic powder
- 1/8 to 1/4 teaspoon cayenne pepper (optional) – but it's delicious, so use it!

For the Caesar Dressing (makes 3/4-1 cup):

- 1/2 cup raw cashews, soaked overnight
- 1/4 cup water
- 2 tablespoons extra-virgin olive oil
- 1 tablespoon lemon juice
- 1/2 tablespoon Dijon mustard
- 1/2 teaspoon garlic powder
- 1 small garlic clove (you can add another if you like it super potent)
- 1/2 tablespoon vegan Worcestershire sauce (I use Wizard's gluten-free brand)
- 2 teaspoons capers
- 1/2 teaspoon fine grain sea salt and pepper, or to taste

For the Nut and Seed Parmesan Cheese: (this is the best part!!)

- 1/3 cup raw cashews
- 2 tablespoons hulled hemp seeds
- 1 small garlic clove
- 1 tablespoon nutritional yeast
- 1 tablespoon extra-virgin olive oil
- 1/2 teaspoon garlic powder
- fine grain sea salt, to taste

For the lettuce:

- 1 small/medium bunch kale, destemmed (5 cups chopped)
- 2 small heads romaine lettuce (10 cups chopped)

For the Nut and Seed Parmesan Cheese: (this is the best part!!)

- 1/3 cup raw cashews
- 2 tablespoons hulled hemp seeds
- 1 small garlic clove
- 1 tablespoon nutritional yeast
- 1 tablespoon extra-virgin olive oil
- 1/2 teaspoon garlic powder
- fine grain sea salt, to taste

Directions:

1. Soak cashews in a bowl of water overnight, or if you are not someone who plans ahead, soak for at least a few hours, use boiling water. Drain and rinse.
2. Roast chickpea croutons: Preheat oven to 400°F. Drain and rinse chickpeas, pat dry. Place onto large rimmed baking sheet. Drizzle on oil and roll around to coat. Sprinkle on the garlic powder, salt, and optional cayenne (but seriously, use it!). Toss to coat. Roast for 20 minutes at 400°F, then gently roll the chickpeas around in the baking sheet. Roast for another 10 to 20 minutes, until lightly golden. They will firm up as they cool.
3. Prepare the dressing: Add the cashews and all other dressing ingredients (except salt,) into a high-speed blender, and blend on high until the dressing is super smooth. You can add a splash of water if necessary to get it blending. Add salt to taste and adjust other seasonings, if desired. Set aside.
4. Prepare the Parmesan cheese: Add cashews and garlic into a mini food processor and process until finely chopped. Now add in the rest of the ingredients and pulse until the mixture is combined. Salt to taste.
5. Prepare the lettuce: Destem the kale and then finely chop the leaves. Wash and dry in a salad spinner. Place into extra large bowl. Chop up the romaine into bite-sized pieces. Rinse and then spin dry. Place into bowl along with kale. You should have roughly 5 cups chopped kale and 10 cups chopped romaine.
6. Assemble: Add dressing onto lettuce and toss until fully coated. Season with a pinch of salt and mix again. Now sprinkle on the roasted chickpeas and the Parmesan cheese. Serve immediately.

Krystal's Tips!

1. This makes a very large salad and once the salad is dressed, it does not keep well. So, only dress what you are prepared to eat! You will be full and HAPPY!
2. The dressing thickens when chilled, so be sure to leave it at room temperature to soften before using.

Prairie Pride

A postcard from Saskatoon

By Krystal Nieckar

I remember it as one of those extreme summer days, heat rising up from the asphalt in front of City Hall. There were maybe 300 people milling about, barely a blip in a city of 200,000, but that small crowd had a colossal impact on me, and it reverberates even now. Since my very first Pride 10 years ago, I've worked to recapture that feeling of acceptance and community over and over again – not just for myself but also for other LGBTQ+ people around me.

Saskatoon is a vibrant city full of passionate and fiercely proud lesbians. We are students, athletes, activists, mothers, sisters, teachers, wives, artists and organizers. Everyone knows everyone else – or, at the very least, knows someone who knows someone else. (We seem to share this quality with lesbian communities everywhere.) We've grown up – and, frankly, grown – together.

There's no denying that ours is an increasingly progressive city committed to creating safe spaces for its citizens. The Saskatoon Police Service works closely with our festival – now in its 24th year – to ensure everyone can be their authentic selves at our events. We host conferences, educate and encourage youth, and partner with various organizations, non-profits, and businesses.

Civic rights are not yet where they need to be, not nearly, and part of our mandate is to push community leaders and politicians for change. Pride isn't just about partying – it's a platform, one that enables us to advocate for widespread equality.

That said, it isn't Pride if it isn't fun! Offerings for those among us who identify as female include the Out on the Green golf tournament, a screening at the queer film festival and the new women-specific party, Gurls.

As in many centres, our bars and clubs are more than just somewhere to drink and carouse – they're our meeting places and safe spaces. For many years, I worked as a beer-tub girl and bartender at Divas Nightclub – Saskatoon's longest running gay bar. Even now, there's no underestimating its importance to the city and its queer citizens.

"Working to create positive change has been one of the most profound things I've ever done."

At 33 years old, I have come to realize I am many things; a cisgender lesbian, a mother of two little boys and a recreational therapist. And I'm a volunteer who's proud to pile phone calls, email, even management and a whole lot of glitter (both metaphorical and literal) onto an already hectic schedule. Working to create positive change has been one of the most profound things I've ever done – and I can only begin to imagine what we could all do if we joined together.

It's no accident that the theme of Saskatoon Pride's 2016 edition was "Pride Shines": our future is undeniably bright.

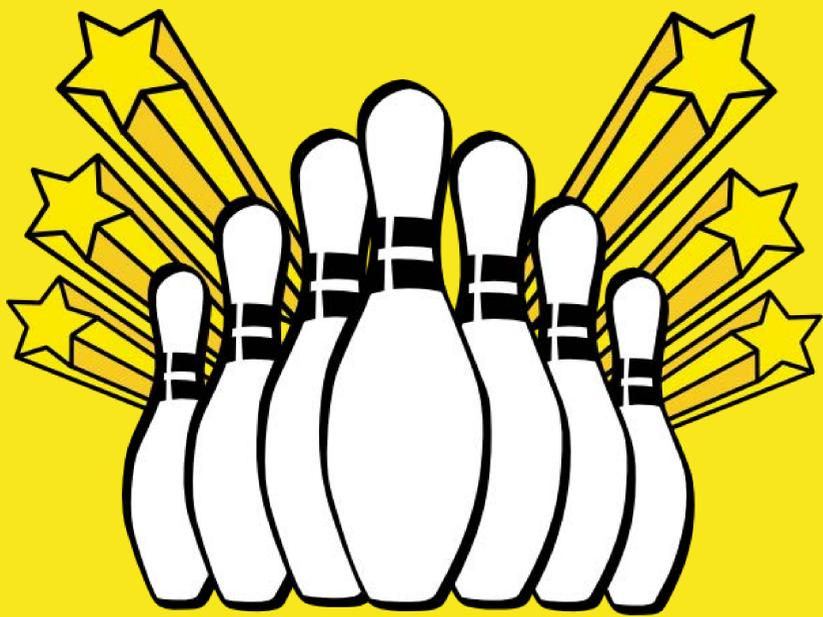
OUTSaskatoon's Krystal Nieckar wrote this article back in 2016 for *Lez Spread the Word*. You can check out their website at lezspreadtheword.com



Revitalizing the Circle: Saskatoon's first Two Spirit Powwow

Sat. June 16, 2018
The Bowl at the University of Saskatchewan
Grand Entry at Noon

More info: outsaskatoon.ca/powwow



Strikes and the City

Saskatoon's Queer League

Tuesdays at 7:00pm
Teams of 4
3 games/ night
\$20/person/night
Prizes for best team!
Windup pizza party!

For Registration Contact:

Sean
events@outsaskatoon.ca
306-665-1224

Darren
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2018 Saskatchewan Pride Season



May 12 - 20	Yorkton & Melville*
May 27 - June 2	Estevan*
June 3 - 9	Prince Albert*
June 3 - 9	Swift Current*
June 8 - 17	Regina
June 10 - 24	Saskatoon
June 15	Beardy's & Okemasis' Cree Nation (Tentative)
June 30	La Loche
July 8 - 14	Weyburn*
July 22 - 28	Moose Jaw*
August 17 - 18	Flin Flon / Creighton
August 19 - 25	Humboldt*
August 20 - 26	Battleford* (Tentative)
TBA	La Ronge

www.MooseJawPride.ca/events

*Events organized or sponsored by Moose Jaw Pride & the Saskatchewan Pride Network.



5 tips

For Being a Good Ally During Pride
With Jess!



Educate yourself around the history of Pride - Pride can be a fun celebration of diversity, but it didn't start off that way! It's important to respect the reasons why Pride takes place (human rights) and recognize that there is still work to be done in creating safe, accepting spaces for all.



Be aware of your privilege and the space you take up at events - Remember that Pride is for the LGBTQ2S community. If you show up to an event that has limited space, make sure LGBTQ2S folks have access to that space first. Also, keep in mind, some events are not intended for you as well (i.e. a Lesbian Lunch).



Be a visible ally - Show your support by addressing homophobic/transphobic comments and help create safe spaces for everyone. Offer to volunteer at an LGBTQ2S event. Help promote LGBTQ2S fundraisers. And remember, allyship is about ongoing support, not just a one-time action.



If someone comes out to you, ask how you can support them, and check in about who else they are 'out' to. Never share a person's identity with others unless you have received 100% expressed permission to do so from the individual.



Know that assumptions can hurt - Don't assume things about a person's identity based on their appearance. Keep assumptions in check and use inclusive language. If you're not sure what language to use, check out the "Queer Terms" section on our website (www.outsaskatoon.ca).

The

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Project

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GLITTER

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6:00 - 10:00pm

\$125

Saturday, November 3rd

Sheraton Cavalier Main Ballroom

For tickets to GLITTER or to
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