

“

IF YOU CAN UNDERSTAND
 THAT SEX WITHOUT
 LOVE EXISTS, YOU CAN
 UNDERSTAND THAT LOVE
 WITHOUT SEX EXISTS TOO.

”

OUTSaskatoon works to uplift 2SLGBTQ people by leading, serving, and supporting in a dynamic community. OUTSaskatoon fosters physical, emotional, mental, and spiritual health through community support groups, counselling, drop-in services, queer-specific education and training, sexual health services, community events, and a long-term group home for Two Spirit, queer and trans youth ages 16-21.

FIND MORE RESOURCES AT:

www.outsaskatoon.ca



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ACE IDENTITIES



WHAT IS ASEXUALITY?

AN ASEXUAL PERSON IS SOMEONE WHO GENERALLY DOES NOT EXPERIENCE SEXUAL ATTRACTION.

People who are asexual, or ace for short, do not experience, or experience very little, sexual attraction. A person who is asexual can have sex and even enjoy it, but they generally do not experience the desire to have sex. Some asexual individuals experience romantic attraction, meaning they want to date people, but have little to no desire to have sex with them. Asexuality is different from celibacy, which is a chosen abstinence from sexual activity.

AROMANTICISM

An aromantic person is someone who does not experience romantic attraction. Aromantic people can be in healthy and stable relationships, but may experience less romantic attraction compared to others. Aromantic folks may also be asexual, or not.

**INTERESTED IN MEETING OTHER ACE FOLKS?
COME TO ACE SPACE,
EVERY OTHER MONDAY AT 7PM!**

CAN ASEXUAL PEOPLE HAVE SEX OR BE IN A RELATIONSHIP?

It depends on the individual and how they define sex and/or relationships. If you can have sex without being in a relationship, then you can be in a relationship without having sex. People can be both asexual and aromantic, meaning they experience no or little desire for sexual or romantic relationships, which is completely okay.

Choosing to have sex with a sexual partner when one is asexual requires communication and consent. Remember that there should never be any pressure to have sex in any kind of relationship.

BECAUSE SEXUALITY IS FLUID, MANY PEOPLE IDENTIFY WITHIN THE GRAY AREAS.

GRAY-ASEXUAL: people who may experience some sexual attraction. They may have a low sex drive, enjoy and desire sex under specific circumstances, and/ or only on occasion.

DEMISEXUAL: people who only experience sexual attraction to people with whom they form a strong emotional connection.

QUASIPLATONIC: a strong platonic relationship, where the people involved may consider themselves life partners, may want to live together, may even marry for financial benefits, but in which there are no sexual or romantic feelings. If this relationship is also queer, it could be called Queerplatonic.

TYPES OF ATTRACTION

SEXUAL ATTRACTION

An attraction that evokes the want and desire (or lack of desire) to engage in sexual behavior with specific people. Some sexual orientations include heterosexual, homosexual, bisexual, pansexual, and asexual.

ROMANTIC ATTRACTION

An attraction that evokes the want and desire (or lack of desire) to engage in intimate romantic behavior (e.g., flirting, dating, marriage) with specific people. Some romantic orientations include heteroromantic, homoromantic, biromantic, panromantic, and aromantic.

SENSUAL ATTRACTION

The desire to interact with others in a tactile, non-sexual way, such as hugging or cuddling. For example, Jordan and Chris are close friends and cuddle while watching Netflix.

AESTHETIC ATTRACTION

Occurs when someone appreciates the appearance or beauty of another person(s) and is not necessarily connected to a sexual or romantic attraction. For example: Jordan is watching TV and thinks that the main character is very attractive and loves how their hair is done.