

LIFT THE Silence

Suicide Awareness Week

KNOW THE SIGNS. START THE CONVERSATION. REACH OUT.

SEPTEMBER 8-12, 2015

It's time we all respond to mental health issues, together. **Our heroes are human too.**



Friday, September 11
3:00pm

RESPONDING TO MENTAL HEALTH

Ezio Faraone Park

Meet local first responders, hear stories of courage against adversity, and learn more about an emergency service perspective on mental health and suicide. Resources on suicide prevention and awareness will be available.

First responders, their family members as well as all members of the public are welcome!

This event is organized by representatives from RCMP-GRC, AHS-EMS Edmonton Zone, and Edmonton Fire Rescue Services teams for Lift the Silence Suicide Awareness Week.

rcmp-grc.gc.ca
albertahealthservices.ca
edmonton.ca

Stick around for a BBQ dinner beginning at 4:30pm generously organized by the Alberta Federation of Labour.

afl.org



For information on other **Lift the Silence** events and a full list of collaborating partners and sponsors, visit our website or Facebook page.

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