

# THE 5 SOCIAL FACTORS THAT SHAPE MALE SUICIDE



## BOYHOOD

Work to improve boys' education, promote boys' emotional wellbeing and support a healthy transition into adulthood has a role to play in long-term male suicide prevention.



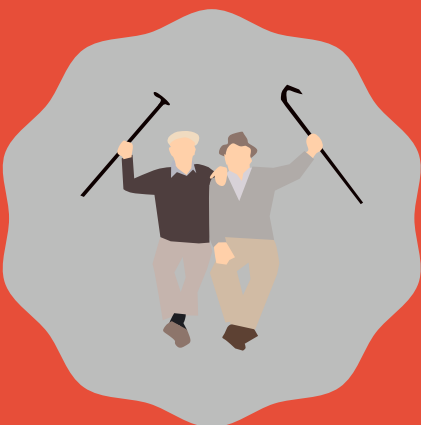
## FATHERHOOD

Boys with good father-son relationships have better social support networks as adults. Paternal post-natal depression and family separation are also linked to suicide in dads.



## CRIMINAL JUSTICE SYSTEM

Men account for nearly 80% of suicides linked to being in trouble with the police and over 90% of prison suicides.



## MASCULINITY

The concept of mateship is a strength of Australian masculinity that has been harnessed in some suicide prevention initiatives, by training men to support their peers.



## MALE-FRIENDLY SERVICES

Male-friendly services work with archetypically masculine interests, practices, norms and roles, affirming men's positive strengths. They challenge the stigmatising stereotype that men don't care about their health.

## GIVE MEN A HAND