

# 5 KEY BARRIERS TO PREVENTING MALE SUICIDE

## WE ARE GENDER BLIND.



Most suicide prevention work we do in Australia is delivered through the mental health sector in a gender-blind way, that is less effective at reaching men.

## WE LACK A POSITIVE NARRATIVE.

Unconscious biases mean we are more likely to view harmed men as deserving blame or punishment, and see harmed women as needing care, sympathy and protection.



## WE ARE NOT TARGETING FUNDING.

While 75% of suicides are male, the majority of Government-funded suicide prevention initiatives are more effective at reaching women.



## THERE AREN'T ENOUGH MEN INVOLVED.

While the major of suicides are male, the majority of people working to prevent suicide are female.



## WE NEED TO HEAR MEN'S STORIES.

There are no apparent mechanisms in place to ensure that the lived experience workforce is gender diverse or provides insights into some of the common pathways to male suicide.



## GIVE MEN A HAND

The case for a National Male Suicide Prevention Strategy

