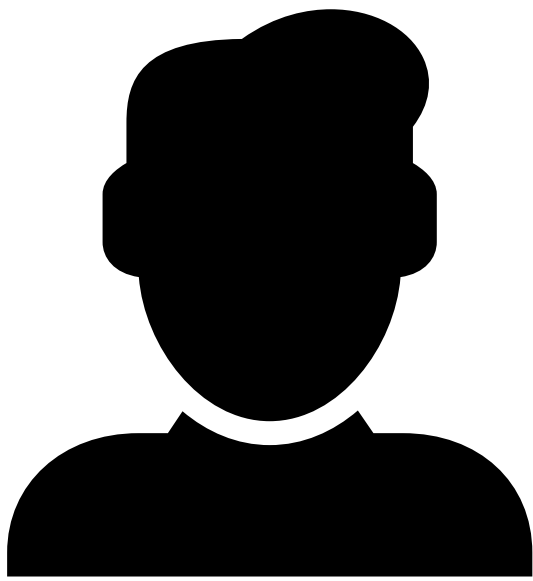


5 ACTIONS TO PREVENT MALE SUICIDE



HELP MEN AT RISK

Invest in male-friendly services

Invest in male-friendly initiatives that respond to some of the life crises that are known to put men at risk of suicide; focus on the nine priority groups listed in the National Men's Health Strategy.



SUPPORT SERVICES FOR MEN

Set targets for helping men

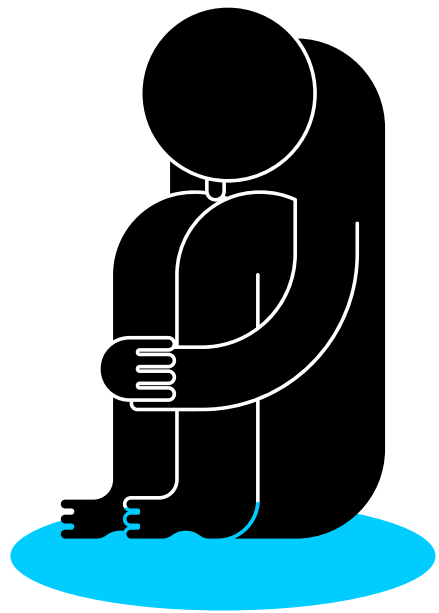
Ensure support services we fund are working for men and there is greater transparency on progress. At a minimum, suicide prevention initiatives be available to men and women should have at least 50% male clients.



WORK DIFFERENTLY FOR MEN

Apply a gender lens

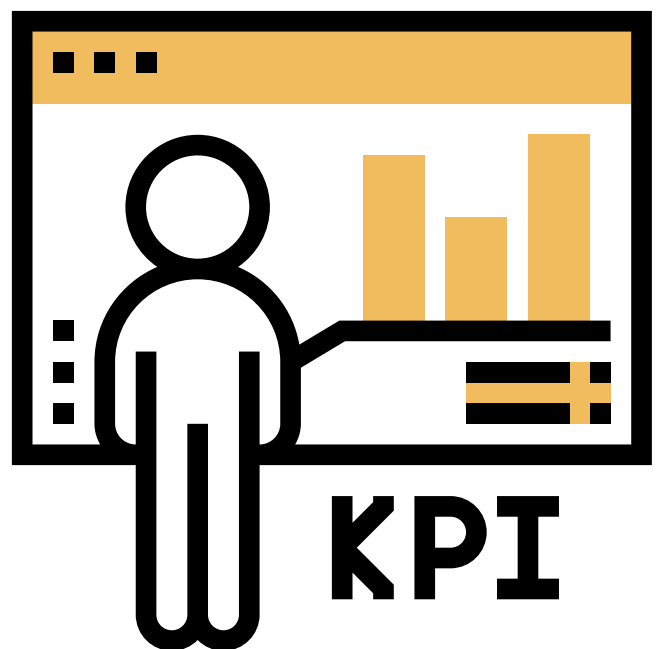
Target resources at the groups of men at greatest risk; give more men a hand to get involved in male suicide prevention; work to make existing services more male-friendly; support services designed with men in mind and allocate an annual fund to drive down the rates of male suicide.



GET MEN INVOLVED

Give men a hand to step up

Increase the number of men working in mental health care; train more men as lived experience workers; fund community-based peer support initiatives that are run by men; build sustainable male-friendly support networks.



FUND MALE SUICIDE PREVENTION

More money for male suicide prevention.

Allocate suicide prevention funding in an equitable way that reflects the fact that 3 in 4 suicides are male. Support the growth of male-friendly support services that work with groups of men who are at greatest risk of suicide.