



# 2020 NATIONAL MEN'S HEALTH GATHERING

Incorporating the 10th Aboriginal  
& Torres Strait Islander Male  
Health Convention and the 13th  
National Men's Health Conference

## CONFERENCE PROGRAM



**LEADING THE WORLD  
IN MEN'S HEALTH**

[menshealthgathering.org.au](http://menshealthgathering.org.au)

13-15 May 2020  
Rydges Hotel, Melbourne

Hosted by  **AMHF**  
AUSTRALIAN MEN'S HEALTH FORUM

# 2020 NATIONAL MEN'S HEALTH GATHERING

Incorporating the 10th Aboriginal & Torres Strait Islander Male Health Convention and the 13th National Men's Health Conference



## LEADING THE WORLD IN MEN'S HEALTH

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13-15 May 2020  
Rydges Hotel, Melbourne



## 10<sup>th</sup> Aboriginal and Torres Strait Islander Male Health Convention

### Program: Wednesday, 13<sup>th</sup> May 2020

7:30 am	Conference Registration – Tea and Coffee on Arrival
8:30 am – 10:00 am	<b>10th Aboriginal and Torres Strait Islander Male Health Convention Opening Plenary</b> <i>More information to be announced in the coming weeks</i>
10:00 am – 10:30 am	Morning Tea and Trade Exhibition
10:30 am – 12:30 pm	<b>10th Aboriginal and Torres Strait Islander Male Health Convention Sessions</b> <i>More information to be announced in the coming weeks</i>
12:30 pm – 1:30 pm	Lunch and Trade Exhibition
1:30 pm – 3:00 pm	<b>10th Aboriginal and Torres Strait Islander Male Health Convention Sessions</b> <i>More information to be announced in the coming weeks</i>
3:00 pm – 3:30 pm	Afternoon Tea and Trade Exhibition
3:30 pm – 5:45 pm	<b>10th Aboriginal and Torres Strait Islander Male Health Convention Sessions</b> <i>More information to be announced in the coming weeks</i>
6:00 pm – 7:30 pm	<b>2020 National Men's Health Gathering Welcome Reception</b> Locanda Private Dining & Deli, Rydges Melbourne

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# 2020 NATIONAL MEN'S HEALTH GATHERING

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13-15 May 2020  
Rydges Hotel, Melbourne



# 13<sup>th</sup> National Men's Health Conference and the 10<sup>th</sup> Aboriginal and Torres Strait Islander Male Health Convention

## Program: Thursday, 14<sup>th</sup> May 2020

7:30 am – 9:00 am	<b>Breakfast With The Dads Sector Panel Session</b> <b>Panellists:</b> <u>Thomas Docking</u> , <i>CEO, Dads Groups Inc</i> <u>Kāti Gapapaillard</u> , <i>CEO, The Fathering Project</i> <u>Greg Aldridge</u> , <i>CEO, EveryMan Australia</i>			
8:15 am – 9:15 am	<b>Conference Registration – Tea and Coffee on Arrival and Trade Exhibition Open</b>			
9:15 am	<b>Welcome to Country</b> <i>Speaker to be announced shortly</i>			
9:25 am	<b>Opening Keynote Presentation</b> <i>Speaker to be announced shortly</i>			
9:45 am	<b>Panel Discussion: Does Australia Lead The World In Men's Health?</b> <b>Panellists:</b> <u>Dr Anthony Brown</u> , <i>Chair, Global Action for Men's Health</i> <u>Cristina Caperchione</u> , <i>Associate Professor, Sports and Exercise Science, UTS</i> <u>Professor Gary Wittert</u> , <i>Freemasons Foundation Centre for Men's Health, University of Adelaide</i> <u>Brehdan Maher</u> , <i>Global Director, Mental Health and Suicide Prevention, Movember</i>			
11:00 am – 11:30 am	<b>Morning Tea and Trade Exhibition</b>			
	<b>HEALTH RESEARCH:</b> <b>Men's Health</b> <b>Research Show us</b> <b>the evidence!</b>	<b>MENTAL HEALTH:</b> From <b>Boys to Men the role of</b> <b>male Rites of Passage</b> <b>in 2020</b>	<b>SOCIAL HEALTH:</b> Go <b>Father – working with</b> <b>dads to promote better</b> <b>health</b>	<b>ABORIGINAL &amp; TORRES</b> <b>STRAIT ISLANDER</b> <b>MALE HEALTH</b> <b>CONVENTION</b>

<p><b>11:30 am – 11:45 am</b></p>	<p><i>To be confirmed</i></p>	<p><b>Contemporary Rites of Passage</b> <i>Arne Rubinstein, The Rites Of Passage Institute</i></p>	<p><b>Working with at Risk Fathers: Beyond the Rhetoric</b> <i>Dr Joseph Fleming, Edith Cowan University</i></p>	<p><i>To be confirmed</i></p>
<p><b>11:50 am – 12:05 pm</b></p>	<p><b>Australian Men’s Perspectives of Mental Health and Well-being: Influences, Practices, and Opportunities for Prevention</b> <i>Paul Sharp, University Of Technology Sydney</i></p>	<p><b>Acceptability and Psychosocial Outcomes Associated with a Gender-Sensitive Rite of Passage Program for Adolescent Male Wellbeing</b> <i>Dr Simon Rice, Orygen</i></p>	<p><b>Good Practice Approaches to Preventing Separated-Instigated Violence by Newly Separated Men</b> <i>Simon Santosha, Men &amp; Family Counselling</i></p>	<p><i>To be confirmed</i></p>
<p><b>12:10 pm – 12:25 pm</b></p>	<p><b>An Investigation of Risk Factors for Suicidality Among Australian Men: Findings from the Ten to Men study</b> <i>Sonia Terhaag, Australian Institute Of Family Studies</i></p>	<p><b>Ancient Wisdom for Today’s Young Men</b> <i>Wayne Stevens, Centre for Men Australia</i></p>	<p><b>The Being A Dad Group</b> <i>Steve Hunt, Uniting Victoria &amp; Tasmania</i></p>	<p><i>To be confirmed</i></p>
<p><b>12:30 pm – 12:45 pm</b></p>	<p><b>Men’s Engagement in Health Care System: Evidence from Ten to Men: The Australian Longitudinal Study on Male Health</b> <i>Neha Swarmi, Australian Institute Of Family Studies</i></p>	<p><b>Results of a Pilot School-Based Young Men’s Program</b> <i>Darryl Harris, All Souls St Gabriels School</i></p>	<p><b>Building evidence for male health. Turning your great idea into great research</b> <i>Dr Neil Hall, Western Sydney University</i></p>	<p><i>To be confirmed</i></p>



12:50pm – 1:05 pm	<b>Suicide, Suicidal Ideation and Mental Health in the Construction Industry: Current Knowledge, Approaches and Future Directions</b>  <u>Simon Tyler</u> , <i>Mental Health And Suicide Prevention Research Group, University Of South Australia</i>	<i>To be confirmed</i>	<i>To be confirmed</i>	<i>To be confirmed</i>
1:05 pm – 2:00 pm	<b>Lunch and Trade Exhibition</b>			
	<b>PHYSICAL HEALTH: A Sporting Chance – Using Men’s Love of Sport to Improve Male Health</b>	<b>MENTAL HEALTH: Men We Need To Talk – working with men in group settings</b>	<b>RURAL HEALTH: Hard To Reach? Lessons from working with rural and remote men</b>	<b>ABORIGINAL &amp; TORRES STRAIT ISLANDER MALE HEALTH CONVENTION</b>
2:00 pm – 2:15 pm	<b>Mentally Healthy Footy</b>  <u>Terry Cornick</u> , <i>Mr Perfect</i>	<b>The Hero’s Journey - a template for men’s group programs</b>  <u>Richard Kaser</u> , <i>Men’s Wellbeing</i>	<b>Stuck in the mud: Reaching the hard to reach</b>  <u>Mary O’Brien</u> , <i>Are You Bogged Mate?</i>	<i>To be confirmed</i>
2:20 pm – 2:35 pm	<b>Kicking Goals for Men’s Health</b>  <u>Catherine Dell’Aquila</u> , <i>Western Bulldogs, Sons of the West Program</i>	<b>A Wholeness Approach to Mental Health in a World (pathologically?) Obsessed with Pathology</b>  <u>Steve Freeman</u> , <i>Centre for Men Australia</i>	<b>Lessons from the Development of an Online Wellbeing-Promoting Intervention</b>  <u>Kate Gunn</u> , <i>Department Of Rural Health, Unisa</i>	<i>To be confirmed</i>
2:40 pm – 2:55 pm	<b>The Hat Trick Men’s Health Program</b>  <u>Cristina Caperchione</u> , <i>UTS</i>	<b>The Listening Shed – How to get Men to Listen so other Men can Talk</b>  <u>Miles Protter</u> , <i>Men’s Business Mentoring Inc.</i>	<b>Working with Warriors - A Primary Care Approach for Hard to Reach Rural and Remote Men</b>  <u>Owen Catto</u> , <i>Regional Men’s Health Initiative</i>	<i>To be confirmed</i>
3:00 pm – 3:15 pm	<i>To be confirmed</i>	<b>Men Supporting Men</b>  <u>Alexander Robey</u> , <i>Assert Development</i>	<b>Lessons from Working with Men in Rural and Remote Locations</b>  <u>Darren Black</u> , <i>OzHelp Foundation</i>	<i>To be confirmed</i>

3:15 pm – 3:45 pm	<b>Afternoon Tea and Trade Exhibition</b>
3:45 pm – 4:00 pm	<b>Aboriginal &amp; Torres Strait Islander Men’s Health Convention Closing Ceremony</b> <i>Speakers to be announced shortly</i>
4:00 pm – 5:15pm	<b>Panel Discussion: How men and men’s health are changing, from cradle to grave</b> <b>Panellists:</b> <u>Jeremy McVean</u> , <i>Founder, The Fatherhood</i> <u>Darren Black</u> , <i>CEO, OzHelp Foundation</i> <u>Jack Jones</u> , <i>Program Director, The Banksia Project</i>
7:00 pm – 11:00 pm	<b>Conference Awards Dinner</b> <i>Broadway Ballroom, Rydges Melbourne</i>

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## LEADING THE WORLD IN MEN'S HEALTH

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13-15 May 2020  
Rydges Hotel, Melbourne



# 13<sup>th</sup> National Men's Health Conference

## Program: Friday, 15<sup>th</sup> May 2020

8:15 am – 9:15 am	Conference Registration – Tea and Coffee on Arrival and Trade Exhibition Open			
9:15 am	<b>Welcome to Country</b> <i>Speaker to be announced shortly</i>			
9:25 am	<b>Opening Keynote Presentation</b> <i>Speaker to be announced shortly</i>			
9:45 am	<b>Panel Discussion: Men's Mental Health, crisis or revolution?</b> <b>Panellists:</b> <u>Dr Zac Seidler</u> , Director, Health Professional Training, Movember <u>Jeremy Forbes</u> , Founder, HALT (Hope Assistance Local Tradies) <u>Angus Clelland</u> , CEO, Mental Health Victoria			
11:00 am – 11:30 am	Morning Tea and Trade Exhibition			
	<b>PHYSICAL HEALTH:</b> Male-friendly Health Professionals – Stories of best practice from the frontline of men's health	<b>MENTAL HEALTH:</b> Preventing Male Suicide – what's working to keep men at risk alive?	<b>SOCIAL HEALTH:</b> Tackling Violence – working with male victims and male perpetrators	<b>POPULATION HEALTH:</b> Working with priority populations of men
11:30 am – 11:45 am	<b>Engaging men in chronic disease prevention: My health for life men's health pilot</b> <u>Margaret Hegarty</u> , Diabetes Queensland	<b>Finding Solutions to Address the Silent Statistics around Older Men and Suicide Ideation</b> <u>Deborah Mulligan</u> , University of South Queensland	<b>Working with Men as Victims Using a Gendered DV Lens</b> <u>Andrew King</u> , Relationships Australia NSW	<b>Engaging with Veterans- Key Learnings from the MHPE program</b> <u>Jessica Law</u> , Department of Veteran Affairs

11:50 am – 12:05 pm	<b>Observational Study of Male Specific Health Promotional Material in Health Facility Waiting Rooms in the Blue Mountains district</b> <u>Michael Whitehead, NSW Health</u>	<b>Male Suicide Lived Experience Project - the Stories Behind the Statistics</b> <u>Tess Colliver, SOS Yorkes Suicide Prevention Network</u>	<b>Men Masculinities and Violence - Tools for Personal and Political Change</b> <u>Tony Webb</u>	<b>Using a Psychosocial Model in working with Males Diagnosed with Cancer and survivors of cancer</b> <u>Greg Millan, Men's Health Services</u>
12:10 pm – 12:25 pm	<b>Why do Men Hide and Not Seek? Insights into Engaging Men/Fathers into Support Services</b> <u>Simon Santosha, Men &amp; Family Counselling</u>	<b>A Situational Approach to Male Suicide Prevention</b> <u>Shravankumar Guntuku, Men's Health Information &amp; Resource Centre</u>	<b>Alternative Approaches to Working with Violent, Aggressive Teenage Males with Conduct Disorder</b> <u>Luke Walton, Nelson College</u>	<b>Effective Engagement Strategies Improving Community Health, Well Being and Community Participation for Older CALD Men</b> <u>Antonios Maglis, Pronia</u>
12:30 pm – 12:45 pm	<b>Positive Strategies for Engaging Males – A Self-Assessment for Services</b> <u>Ken McKenzie, Hunter New England, LHD</u>	<b>Working with Men who Have Been Sexually Abused</b> <u>Ken Clearwater, Male Survivors Aotearoa</u>	<b>'Just friends and family': The importance of informal support for imprisoned primary carer fathers pre and post release in Victoria, Australia</b> <u>Tess Bartlett, Monash University</u>	<i>To be confirmed</i>
12:50 pm – 1:05 pm	<b>Pub-based Men's Health Program</b> <u>Rebecca McGowan, Prick 'N'A Pint</u>	<b>From Sad Blokes to Well Men: Changing the Focus in the Prevention of Male Suicide</b> <u>Barry Taylor, TaylorMade Training</u>	<i>To be confirmed</i>	<i>To be confirmed</i>
1:05 pm – 2:00 pm	<b>Lunch and Trade Exhibition</b>			
	<b>HEALTH ADVOCACY: Men's Health Champions – Advocating for Better Health</b>	<b>MENTAL HEALTH: Mental Health Warriors – Celebrating Grassroots Approaches to Working with Men</b>	<b>SOCIAL HEALTH: Are you Feeling it? – Working to Improve Men's Emotional Wellbeing</b>	<b>DIVERSITY: Going Beyond Gender Stereotypes – Celebrating Diversity in Men and Boys' Lives</b>



2:00 pm – 2:15 pm	<b>"Little by Little" Developing a Mens Health Strategy in Rural Far North Queensland</b> <u>Mal Fraser</u> , Atherton Community Health	<b>Behind The Smile, the Story of Life after Losing my Brother to Suicide</b> <u>Mitch McPherson</u> , SPEAK UP! Stay ChatTY	<b>How Men are Developing Emotional Intelligence and Why We Need More</b> <u>Michael Riley</u> , Relationships Australia NSW	<b>Supporting Male Careers' Health and Wellbeing in the Workplace</b> <u>Madeleine Gearside</u> , Carers NSW
2:20 pm – 2:35 pm	<b>Working Together to Make Men's Health Week happen</b> <u>Shravankumar Guntuku</u> , Men's Health Information & Resource Centre	<b>Making People Comfortable with Talking about the Uncomfortable - How storytelling is key to Breaking the Mental Health Stigma</b> <u>Chris Lytas</u> , Right Mate	<b>What are Modern Men Hungry for and What Makes them Angry?</b> <u>Anna Marie Guz</u> , Synergy CP	<b>'Should I Stay or Should I Go?': Mentoring the Male in Early Childhood Education out of Extinction</b> <u>Dr Martyn Mills-Bayne</u> , UniSA
2:40 pm – 2:55 pm	<i>To be confirmed</i>	<b>Building a Proactive Men's Mental Health Movement</b> <u>Sam Parker</u> , Grab Life By The Balls	<b>A Buddhist Approach To Ending Violence: The Four Noble Truths</b> <u>Gregory Riddet</u> , Resilient Neuro	<b>Having Difficult Conversations with our Young Men</b> <u>Amy Harvison</u> , Top Blokes Foundation
3:00 pm – 3:15 pm	<b>Garage Bands - A New Frontier in Men's Health?</b> <u>Dr Neil Hall</u> , Western Sydney University	<b>The Men's Table, Peers before Professionals</b> <u>David Pointon &amp; Ben Hughes</u> , The Men's Table	<b>A Warrior's Mind and Heart</b> <u>Hanuman Das</u> , Living Peace Yoga & Meditation	<i>To be confirmed</i>
3:15 pm – 3:45 pm	<b>Afternoon Tea and Trade Exhibition</b>			
3:45 pm – 4:30 pm	<b>Closing Plenary</b>			

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