

Factsheet: Youth Smoking in New Zealand by Gender

This factsheet describes daily, regular and never smoking rates for 14-15 year old New Zealand boys and girls in 2013 and shows trends over time in daily smoking from 1999 to 2013 for each gender.

The ASH Year 10 Snapshot Survey has been used to monitor student smoking since 1999. This annual survey samples around half of the schools in New Zealand with Year 10 students. Results are reported for students who were 14 or 15 at the time of the survey. The results reported here are estimates for the whole population based on the Year 10 sample. This is the largest survey of youth smoking in New Zealand.

Up until 2010 the survey normally took place in term 3. Since 2011 the fieldwork has changed to term 2.

Methodology

To measure if students had ever tried smoking, they were asked: *Have you **ever** smoked a cigarette, even just a few puffs?* They can answer either 'yes' or 'no'.

To measure smoking frequency, students were asked: *How often do you smoke **now**?*

Options for response include: 'I have never smoked/ I am not a smoker now', 'At least once a day', 'At least once a week', 'At least once a month' or 'Less often than once a month'.

Regular smokers are those students who report that they smoke daily, weekly or monthly.

The number of responses by gender was; Boys: 14,132 (51% of respondents) and Girls: 13,789 (49% of respondents).

Detailed methodology can be found in the *methodology* factsheet.

Key findings

2.93% of Year 10 boys and 3.47% of girls were *daily smokers*.

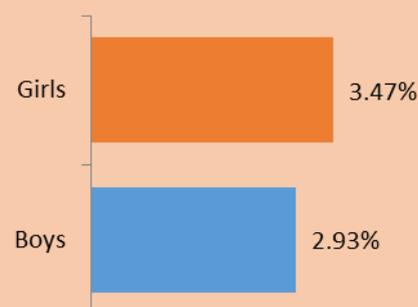
5.80% of boys and 7.78% of girls were *regular smokers*.

75.67% of boys and 74.45% of girls were *never smokers*.

The gap in *daily smoking* rates between boys and girls continued to close.

Daily smokers

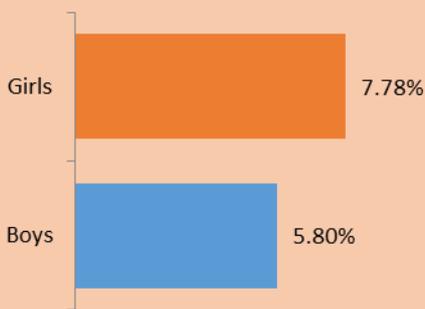
Figure 1: Percentage of Year 10 Students who were daily smokers by gender, 2013



Regular smokers

Regular smokers are students who report that they smoke daily, weekly or monthly.

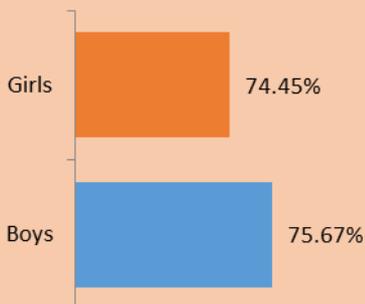
Figure 2: Percentage of Year 10 students who were regular smokers by gender, 2013



Never smokers

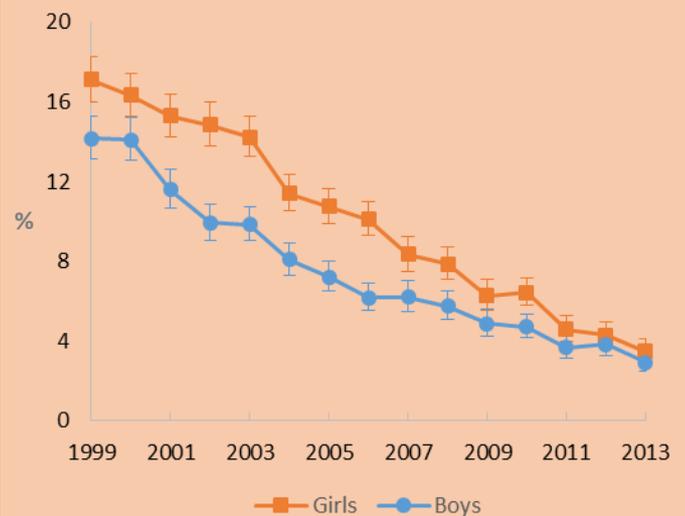
Never smokers are students who have answered 'no' when asked if they have ever smoked, even a puff.

Figure 3: Percentage of Year 10 Students who were never smokers by gender, 2013



Smoking trends

Figure 4: Percentage of Year 10 students who were daily smokers by gender, 1999-2013



Discussion points

The gap in *daily smoking* rates for Year 10 boys and girls has closed significantly over the last decade.

Further information

Detailed information on the survey and further results from the 2013 and previous ASH Year 10 surveys can be found at www.ash.org.nz

Supplementary table

Supplementary Table 1: Smoking status for all boys, 1999- 2013

Smoking Status	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Daily	14.15	14.09	11.59	9.94	9.84	8.07	7.22	6.16	6.19	5.76	4.86	4.72	3.66	3.83	2.93
Weekly	5.22	5.01	4.62	3.64	3.15	2.75	2.7	2.49	2.51	1.98	2.22	2.21	1.63	1.4	1.43
Monthly	5.38	5.3	4.79	3.82	3.39	2.94	2.96	2.09	1.92	1.98	1.99	1.81	1.7	1.55	1.43
Regular	24.76	24.41	21	17.4	16.37	13.76	12.88	10.75	10.62	9.71	9.07	8.74	6.99	6.78	5.8
Experimented	27.97	27.75	26.62	30.6	28.73	29.97	28.06	26.48	25.11	22.33	20.12	20.69	17.24	18.64	14.2
Never Smoked	33.29	34.66	37.66	41.1	45.93	49.84	52.48	57.28	58.88	63.21	66.26	65.3	71.42	69.49	75.67
Total (n)	14,393	14,496	14,340	14,333	16,245	15,460	15,657	16,289	12,467	15,133	12,169	17,119	12,741	13,711	14,132

Supplementary Table 2: Smoking status for all girls, 1999-2013

Smoking Status	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Daily	17.12	16.34	15.29	14.85	14.24	11.41	10.74	10.1	8.33	7.87	6.28	6.43	4.59	4.3	3.47
Weekly	8.13	7.62	6.73	5.79	5.46	5.17	4.48	4.06	3.52	3.1	3.11	2.6	2.31	2.1	2.12
Monthly	7.17	7.45	6.46	5.99	5.2	4.68	5.22	3.49	3.03	3.04	3.13	2.34	2.4	2.12	2.19
Regular	32.42	31.42	28.48	26.63	24.9	21.26	20.44	17.66	14.88	14	12.52	11.36	9.3	8.53	7.78
Experimented	23.06	23.33	22.56	26.17	24.91	25.57	24.3	24.59	22.98	21.7	19.7	19.53	16.19	15.96	13.54
Never Smoked	29.9	31.42	34.17	35.71	38.99	44.24	46.54	50.73	55.81	58.31	61.94	63.3	69.55	70.68	74.45
Total (n)	14,503	14,702	14,869	14,849	16,460	16,169	16,907	16,538	13,511	15,739	13,590	15,486	13,904	14,732	13,789