

Youth Smoking in New Zealand by District Health Board 2013

This factsheet describes the daily, regular and never smoking rates by DHB for 14-15 year old students who participated in the ASH Year 10 Snapshot Survey 2013.

The ASH Year 10 Snapshot Survey has been used to monitor student smoking since 1999. This annual survey samples around half of the schools in New Zealand with Year 10 students. Results are reported for students who were 14 or 15 at the time of the survey. The results reported here are estimates for the whole population based on the Year 10 sample. This is the largest survey of youth smoking in New Zealand.

Up until 2010 the survey normally took place in term 3. Since 2011 the fieldwork has changed to term 2.

Methodology

To measure if they had ever tried smoking, students were asked: *Have you **ever** smoked a cigarette, even just a few puffs?* They can answer either 'yes' or 'no'.

To measure smoking frequency, students were asked: *How often do you smoke **now**?*

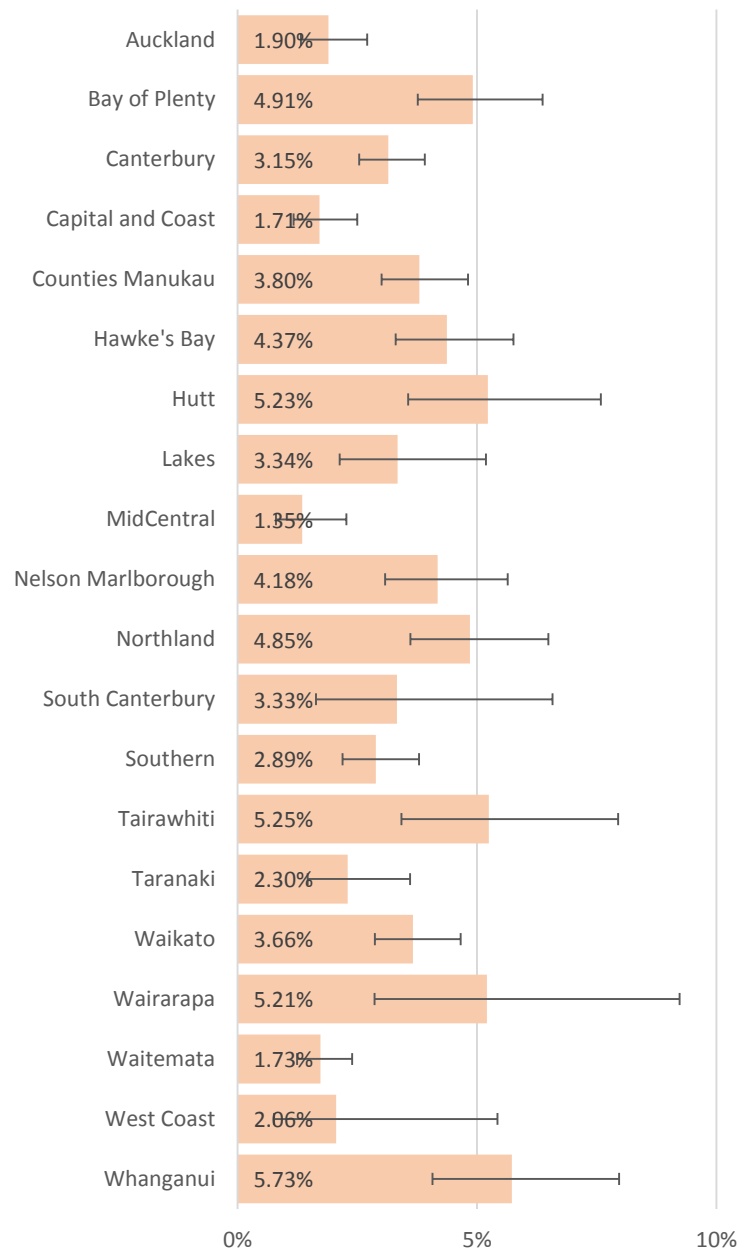
Options for response were: 'I have never smoked/I am not a smoker now', 'At least once a day', 'At least once a week', 'At least once a month', or 'Less often than once a month'.

Regular smokers are those students who report that they smoke daily, weekly or monthly.

Detailed methodology can be found in the *methodology* factsheet.

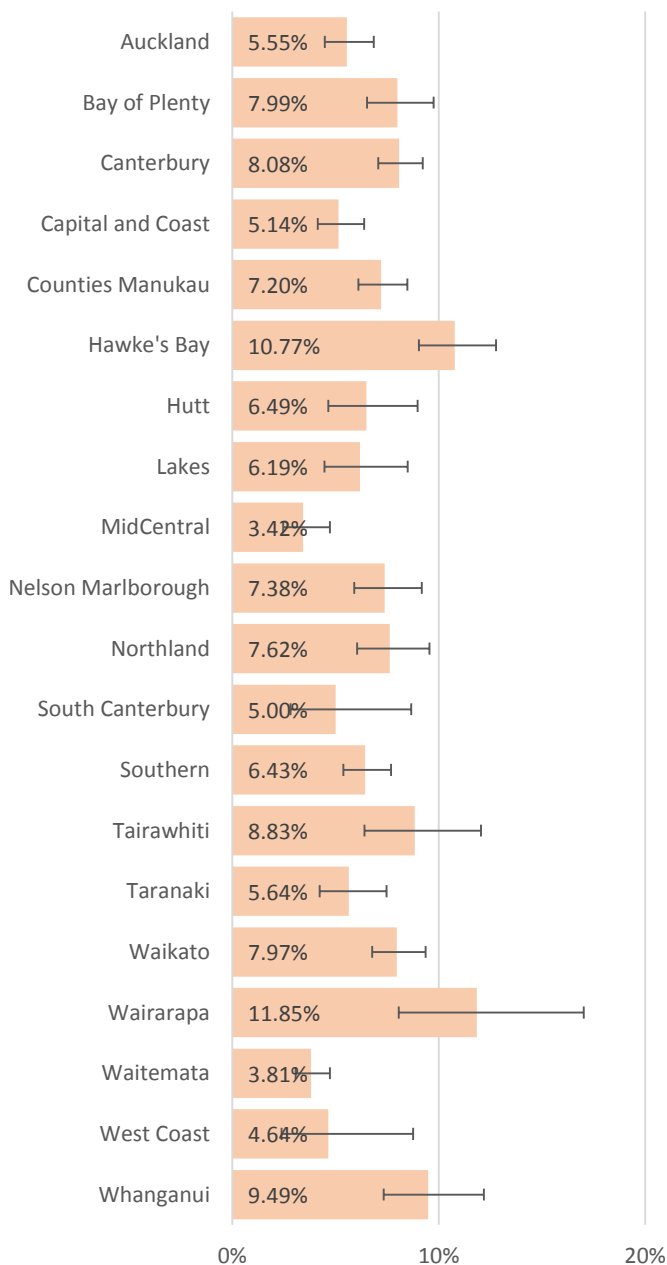
Daily smoking

Figure 1. Percentage of Year 10 students who were daily smokers by DHB in 2013



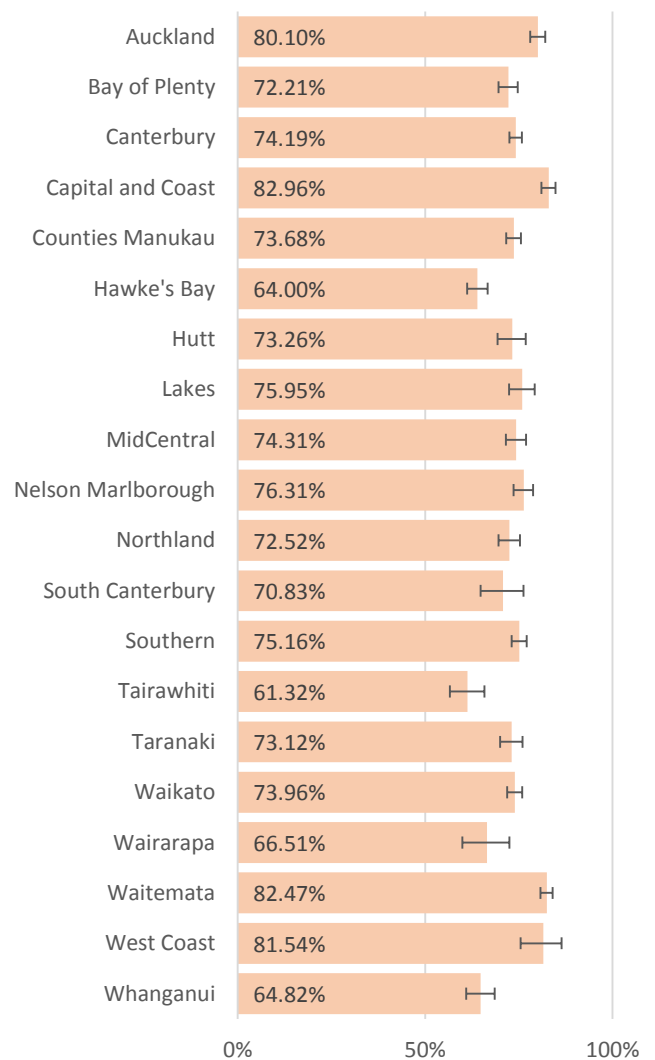
Regular smoking

Figure 2. Percentage of Year 10 students who were regular smokers by DHB in 2013



Never smoking

Figure 3. Percentage of Year 10 students who were never smokers by DHB in 2013



Further information

Detailed information on the survey methodology and further results from the 2013 and previous ASH Year 10 Surveys can be found at www.ash.org.nz