As school begins and flu season approaches, ask your doctor if your children are up to date on their vaccines and consider getting your flu shot.

#Flu season is approaching. Now more than ever, it is important to start planning on getting that annual flu vaccine.

You can make a difference this flu season. Ask your doctor about getting your flu shot once it becomes available. [https://www.aha.org/ahia/promoting-healthy-communities/united-against-flu](https://www.aha.org/ahia/promoting-healthy-communities/united-against-flu)