

# Personal Protective Equipment (PPE)

## DOFFING INSTRUCTIONS



1. Untie the side tie.



2. Cross your arms to grab the gown and pull forward so the neck straps break away. Avoid touching skin.



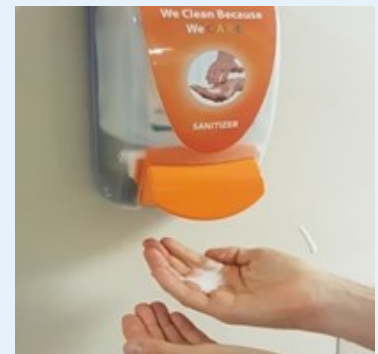
3. Using a rolling motion, grab the exposed side of the sleeve and glove on one arm to remove both in one motion.



4. Remove the other sleeve and glove with your free hand, only touching the inside of the gown.



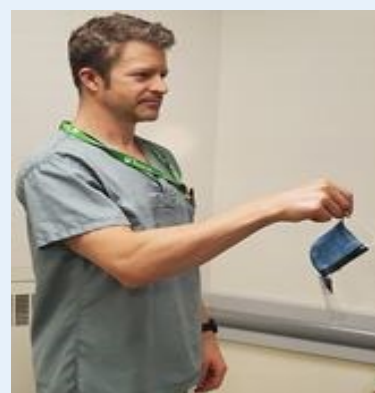
5. Continue rolling gown away from the body until removed. Dispose in the garbage.



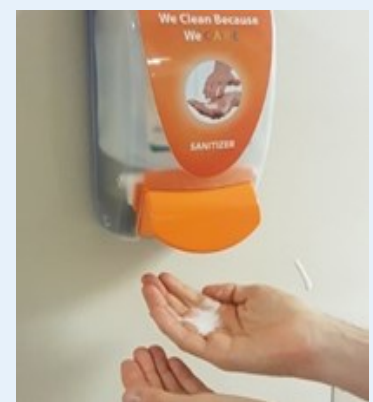
6. Perform Hand Hygiene.



7. If wearing a mask, use clean hands to grab the ear loops and pull the mask away from the face.



8. Without touching the outside of the mask, discard in the garbage.



9. Perform Hand Hygiene.