

# Big Red Bus Club Charlton Limited



## Health and Sickness Procedures

All members should feel that BRBC is a safe environment to attend with their children. This includes attending BRBC without fear of being exposed to contagious illnesses. It is important to recognise when your child is sick and prohibit them from attending BRBC. This will limit the spread of illness and help your own child rest and recuperate.

### Vaccination

It is important to note that it is not mandatory to have your child vaccinated in order to attend BRBC. Therefore, there will be members with children who are not vaccinated and may be at an increased risk of developing particular conditions.

### If your child has the following symptoms

Please do not bring your child to BRBC if they experience one or a number of the following symptoms until the course of drops/cream/treatment has been completed or the incubation period recommended by the doctor has passed:

- Known diseases such as measles, mumps and chickenpox.
- Infected skin or eyes (including conjunctivitis).
- Undiagnosed rash.
- Severe itching, dry skin on either body or scalp (If caused by head or body lice or scabies).
- Unexplained diarrhoea or loose stool (may or may not be combined with vomiting). These symptoms may indicate a bacterial or viral gastrointestinal infection which is easily passed to other children.
- Nausea and vomiting. Children should not attend until all symptoms have fully ceased for 48 hours.
- A cold with listlessness, green runny nose, watery eyes, persistent cough or sore throat. Once the child's temperature, wellbeing and energy have returned to normal and is no longer contagious, they may return to playgroup, even if they still have a slight cough or clear runny nose. If symptoms (runny nose and eyes, coughing) are caused by an allergy (e.g. hay fever, asthma) the child is not contagious and can attend.

### Children should not attend the BRBC until the following symptoms have fully ceased or the child is diagnosed as not contagious:

- Difficulty in breathing, wheezing or persistent cough.
- Fever accompanied by symptoms such as listlessness or sluggishness.
- Sore throat or trouble swallowing.
- Pain – any complaint of unexplained or undiagnosed pain (not including complaints such as teething).

### What to do:

Parents are responsible for determining if their child is well enough to attend BRBC. Each group is encouraged to self-manage any concerns arising, but may refer to the volunteer for assistance and or advice.

Signed:

Name:

Date:

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