

Pregnancy & Parenting Youth Services



*A Wellness and Respite Program Supporting
Pregnant & Parenting Youth and Their Children*

**211 3rd Avenue,
Venice, CA 90291
(213) 318-5758**

The Landing at St. Robert's Center in Venice Beach is a no-cost, one-of-a-kind, daytime wellness & respite drop-in center for pregnant & parenting youth ages 14-25 and their children. We provide a safe, trauma-informed, home-like environment supporting positive parent/child attachments, purposeful parenting skills, healthy living and lifestyle choices, featuring:

Life's Basic Essentials — showers, meals and groceries, daytime resting rooms for parents and children, clothing, hygiene supplies/toiletries, laundry, support and guidance

Counseling & Therapy — individual and family, parenting groups & classes, children's play therapy

Baby & Children's Necessities — clothing, diapers, formula, supplies, and equipment

Workspace — computers, internet and WiFi service

Peace — a safe and peaceful space for nurturing, growth, healing and reflection. Yoga and meditation offered and encouraged.



Wellness & Respite Drop-In Hours: Monday – Friday 12:00pm – 5:00pm

**No-Cost Counseling by Appointment:
Monday – Friday 8:30am – 5:00pm**

No-Cost Wellness & Respite Drop-in Services include:

- Resting Rooms for napping
- Showers & Beauty Room
- Laundry
- Baby & Me Boutique for clothing, diapers & supplies
- Child Play Room
- Child/Parent Reading Room
- Computer Lab with WiFi
- Lunch & On-Site Cooking and Groceries
- Peer Community Building and Group Therapy & Classes
- Yoga & Meditation
- Counseling – individual, family & child, by appointment

The Landing is a program of Catholic Charities of Los Angeles, Inc., a 100-year-old, 501c3 nonprofit social services agency providing a full spectrum of shelter, services and programs to homeless and poverty level individuals and families across Los Angeles, Ventura, and Santa Barbara counties. We strive to make life better and easier for those in need in any way we can. We have sustained accreditation status eight times through the Council on Accreditation and earned the coveted 4-Star rating from Charity Navigator nine times for our commitment to accountability and transparency. We welcome all religions, nationalities, ethnic origins, genders, ages and sexual orientations into our programs.

**For more information: Rubén Borrero
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