Parents as Teachers

What is Parents as Teachers (PAT)?
- A Voluntary FREE Home Based Program
- PAT provides parents with information and education to help build on the parenting skills already present
- PAT’s Home visitors will be able to work with you until your child is 5 years of age

Support Provided through:
- Visits twice a month
- Parent-Child Educational Activities
- Child Development Information
- Parenting Information
- Family Assessments
- Developmental Screenings
- Referrals to Community Resources

Who can qualify:
Expecting parents and parents with children under the age of 5 living in the South Bay, Long Beach, Laundale, Hawthorne, Lennox, Inglewood, Redondo Beach, Manhattan Beach, Palos Verdes, Beverly Hills, Brentwood, Culver City, Malibu, Pacific Palisades, Playa del Rey, Santa Monica, and Venice.

QUESTIONS
Lauren Best, AMFT, Program Manager
(323) 777-2590
Why Home Visitation?
We know parents are struggling on many levels. Providing services in the home is the most convenient and beneficial way to provide services to expecting parents and parents with young children. We come to you!

Parent Educators/Home Visitors:
Parent Educators, also known as Home Visitors, work side by side with you and empower you through the program. We can also help you in areas you want to grow in as a parent. Parent Educators can help broaden your knowledge in many areas to help you make decisions for your child.

How can PAT assist my family?
Your Parent Educator will implement the PAT curriculum and screening to support the healthy development of children and healthy parent-child interactions.
Your Parent Educator will help you create goals and a plan that will meet the needs of you and your family to further your well-being. We know that a parent can be the best parent they can be when they are supported.
We know you love your child and we will help build your strengths and skills as a parent.
We will work together to better help you understand the stages of development and your child’s behavior.