Claris Health is a good resource https://www.clarishealth.org/our-services/.

These are our current services until the stay-at-home order lifts:

Claris Health (clinics in West and South LA) is offering essential medical services (pregnancy services for women who have not accessed care, STD and UTI testing for symptomatic patients). To book an appointment:

Call West LA (310-268-8400) Monday through Friday or South LA (323-299-9977) Monday, Wednesday, Thursday

We are also offering free online court-mandated parenting classes, therapy services on a low-cost sliding scale, and diapers, wipes, and formula by pick up appointment only (while supplies last). To access these services have clients email Niki@clarishealth.org. I have also attached a flyer for our parenting program.

*************************************************************************************************************************

Open Paths Counseling Center
Openpaths.org ~ services available in English & Spanish
5731 W. Slauson Ave., #175, Culver City, CA 90230. (310)258.9677. info@openpaths.org
*************************************************************************************************************************

Richstone Family Center https://www.richstonefamily.org/ may be another agency to contact. Although their focus is on child abuse, they have a program that helps assist mothers with children ages 0-5 (flyer attached).

*************************************************************************************************************************

Mighty Little Giants provides a weekly virtual support group for NICU, pregnant and new moms: https://mightylittlegiants.org/
*************************************************************************************************************************

Westside Infant-Family Network, 3701 Stocker St., Suite 204, Los Angeles, CA 90008, (213)222.6975
https://winla.org

Our agency provides linkages and referrals for pregnant women, as well as parents with children 0-5. We have free mental health services to those that qualify, but we have a waitlist. We serve the following cities: West Adams, Inglewood, Lennox, Santa Monica, Venice, Mar Vista and parts of West LA.
Cal State Long Beach
Student Health Services
562-985-4771

BLACK INFANT HEALTH
Long Beach Health & Human Services
562-246-6218

FPA Women's Health
(107) · Women's health clinic
Long Beach, CA
(562) 595-5653

DEPRESSION AND BIPOLAR SUPPORT ALLIANCE – PASADENA (www.dbsapasadena.com)
Pasadena CA no geographic restriction support group service/intake
1-818-404-2359

POSTPARTUM SUPPORT INTERNATIONAL (www.postpartum.net)
6706 SW 54th Ave., Portland OR 97219
800-944-4773 Hotline/Warm line
503-894-9453
503-894-9452 Fax

ST. ANNE'S RESIDENTIAL FACILITY (www.stannes.org)
Maternity Home
155 N. Occidental Blvd., Los Angeles CA 90026
213-381-2931 Services/Intake
213-381-2931*273 Mental Health Services/Intake
213-381-2931*450 Early Learning Center

MISSIONARIES OF CHARITY
10950 California Ave., Lynwood Ca 90262
310-635-3264 services/intake

https://edirectory.homevisitingla.org
If for any reason you have issues with navigating the above website, you can also access information on this other website – US Department of Health & Human Services – Head Start: Early Childhood Learning & Knowledge Center. It will only ask you for the clients' zip code and it will pull up a list of all the EHS programs near her zip code.
https://eclkc.ohs.acf.hhs.gov/center-locator

Snow Holland – Pregnancy Help Center – (310)787.HELP outreach@phctorrance.org

The following website provides many resources for maternal mental health:
https://www.maternalmentalhealthnow.org/

In SA1, our admin team is providing Operation Motherhood, a free, virtual support group starting soon. We will also be providing telehealth services to pregnant and post-partum women who need it. Flyers will be coming soon.