

The Village

A VIRTUAL MENTAL
HEALTH SUPPORT GROUP FOR
BLACK / AFRICAN AMERICAN MOMS
WEDNESDAYS AT 11 AM

Topics Include:

- Addressing trauma
- Domestic violence
- Empowering African American Women
- Depression, anxiety, and stress
- Postpartum Support
- Building Healthy relationships



For questions please contact Denise at
CTheus@dmh.lacounty.gov
(213) 247 6678



LOS ANGELES COUNTY
DEPARTMENT OF
MENTAL HEALTH
hope. recovery. wellbeing.