

# DFW TRIAD SUPPORT GROUP

Facilitated by Amy Bell, LCSW at Hope Cottage, Inc.

The **DFW Triad Support Group** meets the **Second Saturday of each month, from 1:00 to 3:00 P.M.** at 609 Texas Street, Dallas, TX 75204

The **DFW Triad Support Group** is not offered as therapy, but rather as a place for understanding, support, and healing for anyone touched by adoption. The support group is open to the public and **attendance at the DFW Triad Support Group does not constitute a counseling relationship with Mrs. Bell.**

First names are used by group members, and **those in attendance agree to keep confidential any information shared by group members within the group.** Attendance at meetings may vary, but will probably range from 6 to 20 members.

Most people attending the group are triad members (adoptees, birth parents or adoptive parents), or “significant others.” Triad members are welcome to bring a family member or significant other to the meeting for support.

While we will discuss emotional issues related to search and reunion, we will not discuss methods or techniques of searching. Often discussion centers on issues of grief and loss, which for many triad members of closed adoption has been suppressed and delayed. The telling of one's story can be very healing, and helpful to other triad members. **We ask members to be respectful of those in attendance and when the group is large or one member is in need of special help, that others limit their time accordingly.**

Group members may want to suggest topics of discussion or issues they would like to see addressed. The facilitator welcomes ideas and feedback about the group.

*The facilitator reserves the right to determine the appropriateness of the group for those wishing to attend. Should the facilitator determine that the group is not appropriate for an individual, and that an individual member would benefit more from individual counseling or individual therapy, a referral will be made. Before re-entering the group, the facilitator would need to receive verification of counseling and meet with the person individually. The final decision regarding participation in the group rests with the facilitator.*



## 2018 Group Dates:

**January 13**

**February 10**

**March 10**

**April 14**

**May 12**

**June 9**

**July 14**

**August 11**

**September 8**

**October 13**

**November 10**

**December 8**

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