

# FALL PROGRAMS



## Mondays

- Pumphouse Theatre  
[pumphousetheatre.ca](http://pumphousetheatre.ca)

## Tuesdays

- Planting Seeds Yoga Playschool  
[info@satorifamilywellness.com](mailto:info@satorifamilywellness.com)
- Arabic Ladies Bible Study
- Toastmasters  
[adesola.omotayo@now2future.com](mailto:adesola.omotayo@now2future.com)
- Hoop Dance and Yoga  
[ursaminorhoops@gmail.com](mailto:ursaminorhoops@gmail.com)
- Buddhism Meditation  
[dorothyjpeters@hotmail.com](mailto:dorothyjpeters@hotmail.com)

## Wednesdays

- SportBall  
[www.sportball.ca/calgary](http://www.sportball.ca/calgary)
- SuperCool AfterSchool  
[adrena.tan@cccsa.ca](mailto:adrena.tan@cccsa.ca)
- Ark of Christ Victory Church  
[info@arkofchristvictory.ca](mailto:info@arkofchristvictory.ca)
- Pumphouse Theatre  
[pumphousetheatre.ca](http://pumphousetheatre.ca)
- Make and Create Studio  
[www.makeandcreatestudio.ca](http://www.makeandcreatestudio.ca)

## Thursdays

- Planting Seeds Yoga Playschool  
[info@satorifamilywellness.com](mailto:info@satorifamilywellness.com)
- Seniors Coffee Group
- SuperCool AfterSchool  
[adrena.tan@cccsa.ca](mailto:adrena.tan@cccsa.ca)
- Toastmasters  
[smckendrick@shaw.ca](mailto:smckendrick@shaw.ca)
- Pumphouse Theatre  
[www.pumphousetheatre.ca](http://www.pumphousetheatre.ca)
- Laughter Yoga  
[www.calgarylaughteryoga.com](http://www.calgarylaughteryoga.com)

## Fridays

- SuperCool AfterSchool  
[adrena.tan@cccsa.ca](mailto:adrena.tan@cccsa.ca)

## Sundays

- Ark of Christ Victory Church  
[info@arkofchristvictory.ca](mailto:info@arkofchristvictory.ca)
- Game Programming for Kids  
[brickineers@gmail.com](mailto:brickineers@gmail.com)

**For more information**  
[www.brcacalgary.org/calendar](http://www.brcacalgary.org/calendar)