

VALUE HEALTH

SLS RELATED CAREERS



So how can I make a difference? There are many ways you can contribute, including through advocacy, volunteering, personal behavior change, or your choice of work. If you are curious about the different career paths related to this Action Pack, the following list provides a starting point for planning an exciting future! This list offers just a few ideas, so please consider talking to people in the field, researching other schools, and exploring ways to get job experience such as volunteering for an organization that aligns with your values and interests.

FRESH & LOCAL

Organic Farmer/Rancher

Organic farmers and ranchers raise crops and animals using natural methods including composting, crop rotation, nutrient cycling and animal husbandry. This profession required an intimate knowledge of the land and the natural lifecycles of agricultural plants and animals.

SOME EDUCATIONAL OPTIONS:

- **BSc or BA in Sustainable Agriculture and Food Systems**
Offered at: [Trent University](#), [University of Guelph](#), [Kwantlen Polytechnic University](#), [McGill University](#)
- **Farm Practicum in Sustainable Agriculture**
Offered at: [UBC Farm](#)
- **Sustainable Agriculture Diploma/Co-op**
Offered at: [Fleming College](#), [Dalhousie University](#)

VOLUNTEER AND WORK EXPERIENCE IDEAS:

- Organic farms/ranches ([Young Agrarians](#), [C.R.A.F.T.](#), [WWOOF](#))
- Local food organizations
- Farmers markets
- Organic urban farms

Chef/Professional Cook

In a restaurant a chef is responsible for planning menus, sourcing ingredients and preparing food for customers. As an accredited trade you also have to complete an apprenticeship in addition to course work. With training in the culinary arts and awareness about the importance of organic production and local food for the health of people and the environment you could help bring fresh, local and organic food to your community.

SOME EDUCATIONAL OPTIONS:

- **Culinary Arts/Professional Cook**

Offered at: [Pacific Institute of Culinary Arts](#), [Vancouver Island University](#), [George Brown College](#), [Camosun College](#), [SAIT](#), [VCC](#)

- **Baking and Pastry Arts Diploma**

Offered at: [VCC](#), [Niagara College](#), [George Brown College](#)

VOLUNTEER AND WORK EXPERIENCE IDEAS:

- Locally owned restaurants/cafes/bakeries
- Catering companies
- Locally owned food manufacturers

Food Co-op Manager/Operator

Food Co-ops exist in communities to help bring employment and good quality affordable food to local people. Managing a food co-op would require knowledge about retail trends, understanding of co-operative business structures and the ability to build relationships with local food producers and community members.

SOME EDUCATIONAL OPTIONS:

- **BCom in Retail Management**

Offered at: [Ryerson University](#), [Humber College](#)

- **Retail Management Diploma/Certificate**

Offered at: [BCIT](#), [Algonquin College](#), [Capilano University](#)

VOLUNTEER AND WORK EXPERIENCE IDEAS:

- Food Co-ops ([Ontario Food Co-ops](#))
- Co-operative Associations ([BCCA](#))
- Locally owned grocery stores

- Community food centres
- Community kitchens

OTHER CAREER RESOURCES:

- [Eco-Canada](#): Environmental job listings and career profiles
- [Good Work](#): Environmental employment and volunteer listings
- [Career Cruising](#): Career planning resource (requires username and password: all BC students have access, ask your teacher or school administrator for log in information)
- [Good Food Jobs](#): Career planning and education resource for work in the sustainable food and agriculture sector