

Name: _____ Course: _____ Date: _____

4. LOCAL ACTIVITY



How does this global topic relate to you personally? Complete the following activity and research chart to see how you are part of the equation.

a. For this two-part activity, have each member of your Action Circle choose and analyze ingredients of one or more different household or personal products from your home (e.g. cleaning products, shampoo, moisturizer, shaving cream, and mascara).

Make sure that each member of your Action Circle chooses a different item and list them in 4.1. Choose something you are suspicious about. Identify if ingredients are healthy or hazardous for you and the environment.

b. The second part of this activity is to make a healthy home-made alternative for a commercially toxic product. There are good recipes for how to make your own shampoo, conditioner, shaving gel, sunscreen and more in our DIY (do it yourself) research links. Bring your research together for sharing in circle and for your class presentation. Record your findings in the RESEARCH CHART.

Research Chart

4.1 Complete Research Chart (use note paper if more space is needed)

PERSONAL OR HOUSEHOLD PRODUCT I ANALYZED: _____ COST: \$ _____			
	INGREDIENTS	HEALTHY OR HAZARDOUS?	KNOWN SIDE EFFECTS
1			
2			
3			
4			
5			
6			
7			
8			
9			

- 4.2 Write out your recipe for a healthy home-made alternative to the commercial product you analyzed here. See research links under DIY. Bonus marks if you make it and bring it in to class!

So What?

- 4.3 Compare your activity results with others in your group. Write down one or more similarities and differences that you found. Label similarities S: and differences D:
- 4.4 What are some conclusions or observations you gained from this Activity?

Taking Action

Choose ONE or MORE actions from your **ACTION SURVEY** in the front of your Action Pack, check it off in **Column B** and record it below. Do the action(s) now.



My chosen action is: _____

I will complete it by: _____