

1. MY WORLD VIEW

We all have different “world views,” depending upon our personal values, life experiences and cultural background. Ideally, our “world view” grows and changes as we gain more knowledge, experience and consider other points of view.

Please complete the **WORLD VIEW & VALUES SURVEYS** BEFORE and AFTER completing this Action Pack.



Aboriginal wisdom presents another world view and values to consider:



“Mother Earth, teach me acceptance, as the leaves that die each fall. Mother Earth, teach me renewal, as they seed that rises in the spring.”

~ Ute prayer

2. ACTION SURVEY

Our personal integrity develops when we act in alignment with our values and our world view. We often see shifts in our actions as our knowledge about topics grows. You will be asked to take action throughout this project to try out what it is like to change habits.



2.1 **BEFORE** starting your Action Pack, review the Action Survey to see if you might already be doing some of these actions. Don't worry if you aren't yet, you'll have a chance to do as many as you want in this Action Pack! Complete Column A, giving yourself points for each action as outlined below. Add these up for the Total in COLUMN A.

Only complete Column A at this time.


# of points		If this statement is true for you or not
0 points	=	Not true
1 point	=	Sometimes true
2 points	=	I have done this (not something one does regularly)
3 points	=	True most of the time

- 2.2 **DURING** your Action Pack inquiry, you will be asked to set your goals and tick off the Actions you intend to take in COLUMN B... and then do them! IF you have already done all of the suggested actions, think of a new action, get it approved by your teacher and write it into the last open space.
- 2.3 **AFTER** you have completed the entire Action Pack you will complete Column C, but don't do that now either! Just focus on filling out Column A at this time.

Action Survey

	<i>What Actions have I taken before?</i> <i>What Actions will I start taking?</i>	A <i>Done before Action Pack</i>	B <i>I intend to do this Action ✓</i>	C <i>I have done these Actions</i>
Personal Actions	1. I waste less food by taking appropriate sized servings and eating everything on my plate.			
	2. I use composting bins whenever they are available (school, home, public spaces, etc.).			
	3. I have chosen to buy produce with slight physical defects at the grocery store to ensure it is not wasted.			
	4. I have purchased food in compostable or no packaging instead of non-biodegradable alternatives.			
	5. I have researched waste companies that convert food waste to compost and bio-gas.			
Household Actions	6. I have informed my family about the benefits of composting organic waste.			
	7. I have helped set up systems and started composting at my house.			
	8. I have discussed the issue of wasted food with my family and helped us to buy, prepare and eat food more effectively to minimize waste.			
	9. I have used the compost from my house to fertilize my garden/yard instead of buying synthetic fertilizer.*			
	10. I have informed my family about the benefits of using compost instead of synthetic fertilizers on our yard, gardens, and potted plants.			

School Actions	11. I researched my school's organic waste disposal process and possible organic waste collectors.			
	12. I have started a composting system at my school or helped promote to other students the use of an existing one.			
Community Actions	13. I have encouraged a friend to join me in composting .			
	14. I have informed others on how to compost and how compost can be used.			
	15. I found out what government department regulates this issue and which elected politician is responsible for this department. _____			
	16. I wrote a letter to the department staff and/or to the politician stating the change that I think is appropriate. Change I wrote about: _____			
	17. My customized and related action (teacher approved): _____			
	What Actions have I taken?	A Before		C After
	Totals:			
		Starting Points Sustainability		Total Points Sustainability



*BTCEA has measurable data on the environmental benefits of these actions.