

1. MY WORLD VIEW

We all have different “world views,” depending upon our personal values, life experiences and cultural background. Ideally, our “world view” grows and changes as we gain more knowledge, experience and consider other points of view.

Please complete the **WORLD VIEW & VALUES SURVEYS** BEFORE and AFTER completing this Action Pack.



Aboriginal wisdom presents another world view and values to consider:



“As indigenous peoples, we raise our voices in solidarity to speak for the protection of water. The creator placed us on this Earth, each in our own sacred and traditional lands, to care for all of creation. We stand united to follow and implement our knowledge, laws and self-determination to preserve water, to preserve life.”

~ Indigenous Declaration on Water, 2001, B. C., Canada

2. ACTION SURVEY

Our personal integrity develops when we act in alignment with our values and our world view. We often see shifts in our actions as our knowledge about topics grows. You will be asked to take action throughout this project to try out what it is like to change habits.



2.1 **BEFORE** starting your Action Pack, review the Action Survey to see if you might already be doing some of these actions. Don’t worry if you aren’t yet, you’ll have a chance to do as many as you want in this Action Pack! Complete Column A, giving yourself points for each action as outlined below. Add these up for the Total in COLUMN A.

Only complete Column A at this time.

| # of points | | If this statement is true for you or not |
|-----------------|---|---|
| 0 points | = | Not true |
| 1 point | = | Sometimes true |
| 2 points | = | I have done this (not something one does regularly) |
| 3 points | = | True most of the time |

- 2.2 **DURING** your Action Pack inquiry, you will be asked to set your goals and tick off the Actions you intend to take in COLUMN B... and then do them! IF you have already done all of the suggested actions, think of a new action, get it approved by your teacher and write it into the last open space.
- 2.3 **AFTER** you have completed the entire Action Pack you will complete Column C, but don't do that now either! Just focus on filling out Column A at this time.

Action Survey

| | <p><i>What Actions have I taken before?</i></p> <p><i>What Actions will I start taking?</i></p> | <p>A</p> <p><i>Done before Action Pack</i></p> | <p>B</p> <p><i>I intend to do this Action ✓</i></p> | <p>C</p> <p><i>I have done these Actions</i></p> |
|-------------------------|---|---|--|---|
| Personal Actions | 1. I have not consumed bottled water for (circle): 2 days 1 week 2 weeks 1 month | | | |
| | 2. I have used a reusable bottle for water and beverages. | | | |
| | 3. I did some research to determine the amount of water I use or require on a daily basis. | | | |
| | 4. I respect the water I have access to by reducing the amount I waste by: _____ litres per week. | | | |
| Household | 5. I asked my household to stop purchasing bottled water. | | | |
| | 6. I informed my household on this topic and created a plan to reduce our household water waste. | | | |
| School Actions | 7. I started a school project to eliminate bottled water from school vending machines and the cafeteria. | | | |
| | 8. I did some research on a filtered water system that could be used in the school for free access to all students. | | | |
| | 9. I asked a friend from school to join me in not drinking bottled water. | | | |
| | 10. I started or joined an existing campaign that is working for free water. Google "youth4tap" for some inspiration. | | | |

| | | | | |
|--------------------------|--|---|--|--|
| Community Actions | 11. I signed a petition to support water rights. | | | |
| | 12. I found out what government department regulates water privatization and which elected politician is responsible for this department. | | | |
| | 13. I wrote a letter to the department staff and/or to the politician stating the change that I think is appropriate. Change I wrote about: _____ | | | |
| | 14. My customized and related action (teacher approved): _____ | | | |
| | What Actions have I taken? | A Before | | C After |
| | Totals: | | | |
| | | Starting Points Sustainability | | Total Points Sustainability |

