

Name: _____ Course: _____ Date: _____

4. LOCAL ACTIVITY



How does this global topic relate to you personally? Complete the following activity and research chart to see how you are part of the equation.

- a. Make a list of 12 key food items that you often eat. Include vegetables, fruits, dairy, meats, sea foods, beverages and processed foods.
- b. Go to a local supermarket, identify the least expensive choices for these items and research where these food items come from.
- c. Identify if there are local alternatives (produced within your province) that you could buy instead, if you were unable to import food. If not available at this supermarket, find out where else you could buy locally sourced items.
- d. Compare the price differences. Keep in mind that price often decreases as demand increases, reflecting the economy of scale.
- e. Bring your research back to the Action Circle to compare and discuss any conclusions you can make in regards to **food security**.

Research Chart

4.1 Complete Research Chart (use note paper if more space is needed)

<i>Food Item</i>	<i>Source Prov. or Country</i>	<i>Local Alternative? (Same or different food)</i>	<i>Price difference?</i>
Vegetable(s)			
Fruit(s)			
Dairy & Eggs			
Meat(s)			

Seafood			
Processed Food			
Beverage(s)			

So What?

4.2 Compare your activity results with others in your group. Write down one or more similarities and differences that you found. Label similarities S: and differences D:

4.3 What are some conclusions or observations you gained from this Activity?

Taking Action

Choose ONE or MORE actions from your **ACTION SURVEY** in the front of your Action Pack, check it off in **Column B** and record it below. Do the action(s) now.



My chosen action is: _____

I will complete it by: _____