Use your film screening of **HOW TO LET GO OF THE WORLD** as a tool for engaging your community in a discussion about the future of our planet in the face of a changing climate. This guide offers some background information, helpful tips & discussion questions for an informative, rewarding screening. **Good Luck!**

### what you’ll find inside!

- about the film & filmmaker
- ready to watch! screening guide
- ready to talk! discussion guide
  - action points
- ready to act! handout

### About the film

In **HOW TO LET GO OF THE WORLD AND LOVE ALL THE THINGS CLIMATE CAN’T CHANGE**, Oscar Nominated director Josh Fox (GASLAND) continues in his deeply personal style, investigating climate change – the greatest threat our world has ever known. Traveling to 12 countries on 6 continents, the film acknowledges that it may be too late to stop some of the worst consequences and asks, what is it that climate change can’t destroy? What is so deep within us that no calamity can take it away?

### About the filmmaker

Josh Fox is best known as the Oscar-nominated, Emmy-winning writer/director of GASLAND Parts I and II. He is internationally recognized as a spokesperson and leader on the issue of fracking and extreme energy development. He is also the founder and producing artistic director of the International WOW Company a film and theater company that he founded in 1996 that has performed across the US, Europe and Asia. Josh has toured to over 350 cities giving speeches, lectures and question and answer sessions with his environmental film work.
1. Publicize Your Event! This is the most important step because it not only tells the world what you’re up to, but it lets the Bullfrog Community team know what your plans are so we can help you publicize your event. Visit [http://howtoletgooftheworld.bullfrogcommunities.com/howto_screenings](http://howtoletgooftheworld.bullfrogcommunities.com/howto_screenings) to register and get the word out about your upcoming screening. You can also email us at info@bullfrogcommunities.com if you need help getting started!

2. Visualize Your Goal! What do you hope to achieve with your screening? Your goal could be to generate a lively post-film discussion about issues raised in the film, gain support or recruit volunteers for a local grassroots campaign, or raise funds for a group on your campus or in your community. Or, you can simply use the screening to provide an opportunity for your audience to watch and learn together.

3. Where To Host? Consider which locations in your area would be ideal for accommodating a community film screening of the size you anticipate: downtown movie theaters, churches and synagogues, town halls, community centers, public libraries, school auditoriums, university and college venues, warehouses at a business and outdoor screenings at parks and playgrounds, and even private homes have been venues for many successful community screenings.

4. Find A Partner! Give some thought to who is already working on this issue in your community. Can they help sponsor the event? Spread the word? Speak on a panel discussion after the screening? Some potential partners include: student groups at universities and colleges; a local public or campus library; representatives from local religious congregations or faith-based community groups; local chapters of national/global activist or grassroots organizations; faculty members at nearby universities and colleges; reporters/journalists from local news publications such as newspapers and magazines; local nonprofits; and any community organizations that share goals or views with the film you are screening.

5. Invite A Guest Speaker! Guest speakers and panelists are a great way to encourage discussion and debate after a community screening. When people are engaged and thinking about the issues they will stay engaged long after the screening has passed. Contact representatives of local non-profits, faith groups, journalists and reporters from local media outlets, or teachers and professors who have expertise and/or insight into the issues raised by the film, and invite them to attend your screening and participate in a discussion or Q&A session with your audience.

6. Engage Your Audience! Use this discussion guide to engage your audience. Included in this guide is a section called Ready to Talk! with a few suggested discussion questions to get the conversation started, and a section called Ready to Act!, — which can be used as a handout — listing additional resources for further investigation about key issues raised in the film.
7. **Spread The Word!** Think about the best methods available to you for publicizing your film screening to people in your community. Sending emails to a contact list, creating event notifications on Facebook, Google+, Eventbrite or an online community calendar, using Twitter to announce your event, and placing screening announcements in local newspapers and newsletters is a good start. In addition to this guide, you can find and download a screening poster and press photos at [http://howtoletgooftheworld.bullfrogcommunities.com/howto_resources](http://howtoletgooftheworld.bullfrogcommunities.com/howto_resources) that can be used to help publicize your event.

8. **Tell Us How It Went!** Visit [http://howtoletgooftheworld.bullfrogcommunities.com/howto_discussion](http://howtoletgooftheworld.bullfrogcommunities.com/howto_discussion) to tell us about your event. Contribute to the film’s discussion page to help other student groups, universities, non-profits, congregations and community groups further the discussion and put on successful screening events of their own. Where was your screening held? Who attended? What went well, and what was challenging? What did you discuss? Your feedback will help others to organize their own events, and will energize Bullfrog Communities as a whole.
Your audience will be excited to discuss the issues raised by HOW TO LET GO OF THE WORLD. Here are some questions that will get people talking.

1. Which moment from the film resonated with you most?

2. When it comes to climate change, what challenges face your community? How can the values discussed in the film help?

3. When you go back to your family or friends, what important things from the film do you want to share with them?

4. What are you most afraid of when it comes to climate change?

5. How can you stop fossil fuel infrastructure in your community?

6. How do we build stronger communities, strengthen our values and develop renewable energy at the same time?

7. How can you build renewable energy?

8. Are there any important local groups or movements people can participate in?

9. How can our community go 100% renewable? How can our community be more just and loving?

10. Who are the local officials you can contact to make sure your community starts preparing for climate change and transitions to 100% renewable energy?

11. Is there a diverse group of people present? How can we reach out to folks outside of our traditional circles for the next event?

12. When can everyone next meet to continue this conversation and take action?

13. Who’s hosting the next screening?
The following are suggestions to spur your moral imagination. Click on any checklist item. Although we must act as communities and as groups, your individual voice and contributions matter so much.

- Participate in the political process
- Attend your local or town board meeting, get climate change and renewable energy on the agenda
- What does democracy mean to you?
- Get to know your neighbors
- Meditate
- Exercise
- Read poetry
- Choose solar and wind
- Actively choose to engage on the climate once a day:
  - breakfree2016.org
  - www.chooseveg.com/environment
  - www.whyeatlessmeat.com
- Join local climate action group
- Participate in organized nonviolent direct action
- Follow @joshfoxfilm on Twitter to learn more about upcoming actions
- Don’t forget to dance and sing
- Play music
- Keep a journal of your progress, read the passages you like with friends and loved ones
- Make an awesome protest sign for the next rally
- Create change
- Just create
Listen to your favorite record and remember how great it is to be alive, share that music with someone you love, then talk to them about climate change!

Tell everyone that you love them

Visit nature (without harming it)

Invent a new type of community gathering and organize it

Discover something new

Innovative stories change lives, search for Josh Fox

Participate in at least one human-rights-related issue

Study and practice non-violence

Volunteer at your local community center:

- www.interactcenter.com
- www.comeoutandplay.org
- findyourpark.com/find
- www.landfillharmonicmovie.com
- communitygarden.org
- communitypowernetwork.com/node/5632
- boldnebraska.org/build

Invite all your neighbors and friends over to dinner

Read the works of John Muir, Martin Luther King Jr., Malcolm X, Susan B. Anthony, Bill McKibben

Take the Trash On Your Back 5-Day Challenge

Do one thing that scares you (nothing physically dangerous)

The mission of the Action Center is to make a positive impact on the lives and futures of children, youth, family, and the communities where ever Action Center programs are implemented.

350.org — [https://350.org/](https://350.org/)

International effort to raise awareness of the need to decrease carbon dioxide concentration in the atmosphere to 350 parts per million.

Amazon Watch — [http://amazonwatch.org/](http://amazonwatch.org/)

Amazon Watch is a nonprofit organization founded in 1996 to protect the rainforest and advance the rights of indigenous peoples in the Amazon Basin. We partner with indigenous and environmental organizations in campaigns for human rights, corporate accountability and the preservation of the Amazon’s ecological systems.

The Chaikuni Institute— [http://www.chaikuni.org](http://www.chaikuni.org)

The Chaikuni Institute is a grassroots collective which investigates, promotes and protects equitable, inclusive, interrelated and abundant living systems.

Climate Disobedience Center— [http://www.climatedisobedience.org/](http://www.climatedisobedience.org/)

The Climate Disobedience Center brings together an experienced team to provide logistical, legal and spiritual resources, on the ground assistance, and advice to climate activists engaged in civil disobedience across the country. The Center will deploy those assets to nurture strong, grounded communities of resistance willing to take risks of moral imagination, and is committed to supporting those who hold allegiance to a higher moral law through the legal process and consequences of action.

Empowered By Light — [http://empoweredbylight.org/](http://empoweredbylight.org/)

Empowered By Light is working to build multiple demonstration projects around the world, improving the lives and the environment of communities surrounding these projects and further demonstrating the importance, feasibility, and sustainability of electrifying very remote and critical areas around the world with 100 percent clean renewable energy.
**Occupy Sandy** — [http://occupysandy.net/](http://occupysandy.net/)

Occupy Sandy is a grassroots disaster relief network that emerged to provide mutual aid to communities affected by Superstorm Sandy, and a project of the Alliance for Global Justice.

**Oceana** — [http://oceana.org/](http://oceana.org/)

Oceana is an international organization focused solely on oceans, dedicated to achieving measurable change by conducting specific, science-based campaigns with fixed deadlines and articulated goals.


The people of the Pacific Islands are among the world’s most vulnerable to climate change, but 2014 marks the year that we begin to do something about it. It’s time for the proud people of the Pacific Islands to join forces with 350 to say “enough is enough.”

**Realclimate.org** — [http://www.realclimate.org](http://www.realclimate.org)

A commentary site on Climate Science founded by Michael E. Mann.

**Get Connected with Your Local Group** — [http://www.howtoletgomovie.com/action.html#connect](http://www.howtoletgomovie.com/action.html#connect)

Climate activism is a team sport. By working together we can build strong communities that can stop the expansion of fossil fuels and transition to 100% renewable energy. When we work together we can ensure our society is more loving and honorable, while we face the challenging times ahead. Join the folks in your community who are already working to determine climate and energy solutions in your area.