



Safe Cycling on the California Dream Ride

Your safety is of the utmost concern to the staff of the California Dream Ride. Please take the time to review the following safety guidelines:

- Bicycles are vehicles under the California Vehicle Code and are subject to all the rules and regulations of such code. Please obey all traffic laws, signs, and signals.
- Wear your helmet at all times when on the bike.
- Always yield the right-of-way to pedestrians.
- Ride on the same side of the road as the direction of moving traffic.
- Ride in a single file. Please, no drafting or pace lines.
- Maintain a safe distance between you and the rider in front of you, and a safe distance from the edge of the road.
- Communicate with other cyclists by calling out obstacles, cars, and other hazards on the road.
- Use appropriate hand signals.
- Be aware of vehicles and other cyclists around you.
- Use proper braking techniques.
- Use proper shifting to maintain a safe and comfortable speed.
- Again, maintain a safe and comfortable speed.
- Please keep at least one hand on your handlebars at all times.
- Use caution when crossing railroad tracks, cattle crossings, gravel, sand, water, and other potentially hazardous situations.
- Please, no headphones, or ear buds on the bike.
- Eat before you are hungry and drink before you are thirsty.
- Be predictable!
- In the event of an emergency, please call 911 immediately and direct traffic around the scene. Notify a staff member after calling 911 and wait for emergency personnel to arrive.
- Please be courteous and respectful of others as you represent the California Bicycle Coalition.