



Emerging Considerations in Maternal Mental Health Forum
California Endowment's Center for Healthy Communities

AGENDA

Monday, January 25, 2016

8:15 - 9:00am	Registration and Breakfast
9:00 - 9:20am	Welcome and Introductions
9:20 - 9:30am	A Personal Story
9:30 - 10:30am	Keynote: Bereavement Program Innovations That Support Maternal Mental Health Rana Limbo, PhD, RN, CPLC, FAAN Associate Director and Senior Faculty Consultant, Resolve Through Sharing Bereavement and Advance Care Planning Services, Gundersen Medical Foundation, Inc.
10:30 - 10:45am	Break
10:45 - 11:45am	Mental Health After Loss and Supporting Mom Pregnant Again After Loss Lindsey M. Henke, MSW, LICSW, Mental Health Therapist Founder of Pregnancy After Loss Support
11:45 - 1:00pm	Lunch and Breakout Discussions <ul style="list-style-type: none"> • Hospitals – For hospitals who have developed MMH services or are who are interested in doing so (Yosemite) • Community Coalitions – For those interested in forming Community coalitions and county leaders who have prioritized MMH (Cabrillo) • Therapists – For therapists supporting moms after a loss (Catalina)
1:00 - 2:30pm	Model MMH Hospital Programs <ul style="list-style-type: none"> • St. Joseph Hospital, Orange, CA - Katie Monarch, LCSW • El Camino Hospital, Mountain View, CA - Nirmaljit Dhami, MD • Huntington Memorial Hospital Intensive Outpatient Program - Michelle Selko, MS, OTR/L • University of North Carolina, Chapel Hill, NC - Christena Raines, NP
2:30 - 3:00pm	2020 Mom Project Update
3:00 - 3:10pm	Break
3:10 - 5:00pm	Return to Zero Film Screening
5:00pm	Networking Reception

AGENDA
Day 2
Tuesday, January 26, 2016

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| 8:15- 9:00am | Registration and Breakfast |
| 9:00-9:15am | Welcome and Introductions |
| 9:15- 10:00am | Philosophy of Vicarious Trauma
Jason Cook, MD
Assistant Clinical Professor, UC Irvine
Children's Hospital of Orange County, Pediatrics and Pediatric Critical Care |
| 10:00 - 10:30am | Mindfulness-based Bereavement Care: The ATTEND Model
Sari Edber
Lead Coordinator and Main Facilitator
Los Angeles MISS Foundation |
| 10:30- 10:45am | Break |
| 10:45 - 11:45am | Continue morning session |
| 11:45 - 1:00pm | Buffet Luncheon and Networking |
| 1:00 – 2:30pm | Making Moments Matter: Caring for Oneself While Supporting Others Who Grieve
Rana Limbo, PhD, RN, CPLC, FAAN
Associate Director and Senior Faculty Consultant, Resolve Through Sharing
Bereavement and Advance Care Planning Services, Gundersen Medical Foundation, Inc. |
| 2:30- 2:45pm | Break |
| 2:45- 4:00pm | The Power of Peer Support Groups in Addressing Women's Emotional Health
Annette Cycon, LICSW
Founder and Director of Training, MotherWoman |
| 4:00pm | Closing remarks, networking and book signing |