



Defending the Human Person, From Conception to Natural Death

A PRO-LIFE REVOLUTION?



1 Sample of Signs at this Year's American National March

This past November 8, 2016, Donald Trump was elected the 45th President of the United States and among his first actions in office he signed two anti-abortion executive orders, one impacting disbursements internationally and the other domestically. These actions buoyed participants at the annual marches for life held throughout the U.S.

QLC supporters Michel and his spouse Lise were in Florida at this time visiting their son and his family and witnessed this joy first hand. Though unable to attend the national march in the nation's capital, he did participate in a local march for life and sends the following enthusiastic account:

“What I’m experiencing here is powerful and I need to tell you about it.

“I’m sure you have followed closely the revolution that Trump is having on the US. Here the pro-life ranks have the wind in their sails and I see everywhere an enthusiasm that has the fragrance of victory. “Overturn Roe vs Wade ” is the next pro-life “step.”

“I think they still have a way to go but we see the end of the tunnel. I tried to go to Washington (D.C.) for the January 27th but the places (in a chartered bus) were all taken and couldn’t go. The following day there was a march in Miami. We all went: 4 children and 4 adults. (Continued on p.3.)

ABORTION PUTS MENTAL HEALTH AT SERIOUS RISK

A study in the British Journal of Psychiatry found that women who underwent an abortion experienced an 81% increased risk of mental health problems.

The study also found that almost 10% of all women's mental health problems are directly linked to abortion.

Conducted by Priscilla K. Coleman, Professor of Human Development and Family Studies at Bowling Green State University, Ohio, USA, the study was based on an analysis of 22 separate studies and 36 measures of effect, that involved a total of 877,181 participants of whom 163,831 had experienced an abortion. The study took into account pre-existing mental health problems prior to the abortion. Dr. Coleman's study is the most comprehensive of its kind to date.

The research revealed that abortion was associated with a 34% increased risk for anxiety disorders; 37% greater risk of depression; 110% greater risk of alcohol abuse and 220% greater risk of marijuana use/abuse. Abortion was also linked with a 155% greater risk of attempting to commit suicide.

"The strongest subgroup estimates of increased risk occurred when abortion was compared with term pregnancy and when the outcomes pertained to substance use and suicidal behaviour," Dr. Coleman observed. "Calling into question the conclusions from traditional reviews," the report concluded, "the results revealed a moderate to highly increased risk of mental health problems after abortion. Consistent with the tenets of evidence-based medicine, this

information should inform the delivery of abortion services."

Pro-Life Campaign of Ireland spokesperson, Dr. Ruth Cullen said, "These findings are extremely disturbing and completely undermine pro-choice claims that abortion alleviates mental health problems.

In fact, the study further proves that the opposite is the case." "These findings cannot be ignored," Dr. Cullen stated. "They raise serious issues for everyone regardless of which side they are on in the abortion debate." (LifeSiteN)

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A Pro-Life Revolution? (Cont'd from p.1)

“There were a lot of pro-life people. Motorists honked and gave us the V for victory sign, quite different from Montreal. I believe that the “40 Days for Life” prayer vigils have contributed to this revolution. We’ve seen this for ourselves in Montreal however small our victories have been.

“We should take heart. A situation that seemed irreversible isn’t. We’re on the right track. My opinion is that we must aim to change hearts through prayer, evangelization, and teaching and then people will understand that abortion is murder, that we need to preserve the sacredness of life at all times without exception!

“George's initiative (QLC President, Mr. Georges Buscemi) with his **Life Apologetics** course is a very good initiative. (See box.)

“It is very unproductive to fight solely at the political level to change the laws that will protect life. Politics are necessary but first and foremost one must work to change hearts and minds!

“Here in the US the pro-life argument had a significant weight in the election campaign because of the enormous work done by pro-life organizations.

“The changes that have taken place here will have repercussions for us in Quebec and Canada as well as in the rest of the world. ...

“In any case, there are good reasons to rejoice and to work so that this revolution can spread also among us.

“Let us continue with confidence for we can be certain of one thing: Life will have the upper hand, it is only a matter of time.

“Union of trust in Jesus and Mary,

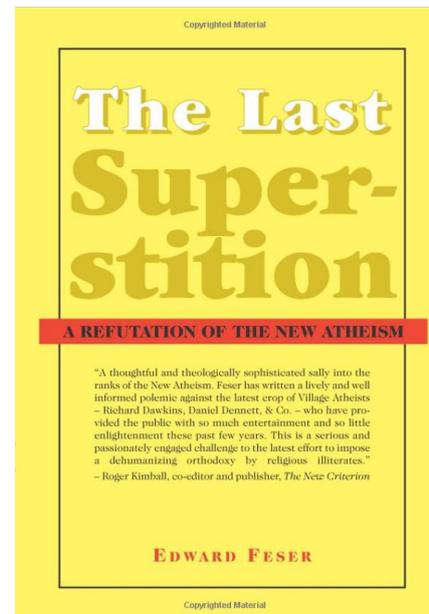
Michel

Life Apologetics Course

THE LAST SUPERSTITION:

A Refutation of the New Atheism

A free course comprising six lectures, based on the book by Edward Feser, is being offered.



QLC President Mr. Georges Buscemi is hosting 6 evenings of pro-life apologetics.

This bi-weekly seminar began Tuesday, February 7 and runs every other week. Questions treated include:

- Is there such a thing as moral truth?*
- What's the relationship between morality and God?*
- Can God's existence be proved?*
- Does evolution prove that God doesn't exist?*

Where: Mission Saint-Irénée de Lyon, 3030 rue Delisle, Montreal – next to the Lionel-Groulx Metro Station, from 7pm to 10pm, starting February 7 and ending April 18. More info: (514) 928-4819.

Prayer Intentions

The moms we have been accompanying of late have either given birth or are on the verge of doing so.

Nadjia gave birth at the end of January to a pre-term little boy and at last word both are being cared for at the hospital.

Céléna gave birth this past February 6 to a little boy, Jayson. She text-messaged me with these words: « *Je suis complètement en amour c le plus cadeau de ma vie.* » Grand mom Sonia is overjoyed as well and is taking two-weeks off from work to be with her daughter and grand-son.

Tina was due at the end of January.

Paula is expecting to deliver a boy at the end of February. She regularly calls to share about her fatigue, swollen feet, and rambunctious three other children – an 11 year-old girl, a high-spirited 8 year-old boy, and a sweet 2 year-old girl).

At her last visit, the physician noted that her unborn had reversed himself in her womb, a standard pre-delivery position. The event may happen any time now.

Please keep these women and those whom we have not heard from – Aissa, etc., in your prayers.

Pregnancy and post-pregnancy resource

The **OLO Program** (<http://fondationolo.ca>) can be an important resource for pregnant and post-delivery women. Administered by the OLO Foundation, this program, in operation since 1991, offers pregnant women the possibility of receiving freely eggs, milk, and orange juice as well as vitamin and mineral supplements. Since its inception in 1991, the foundation has helped over 200 000 unborn children to be born in health.

Prayer For a Family Grieving the Death of a Child

Special Intention

In our last newsletter, I wrote about Julie and how she recently learned of her pregnancy. Since this entry, we have learned that she has miscarried. Mother and her family are deeply grieving this loss.

Charlotte, one of our more familiar prayer warriors, is accompanying her with her loss.

“God, bring comfort and peace. Peace is your essence. Peace is your name. Bring peace to this family who has lost their precious child in death.

We come to you, God because we know that you sorrow, and are acquainted with grief. You too have endured the loss of a child. You empathize.

We can’t help but ask, “Why?” Forgive our insistence, our confusion, even our anger. We believe that you are just, and we ache to understand how this tragic death is an expression of that justice, how it expresses your love. We also know – in our minds at least – that you seldom answer the “why?” question. We press you, but on these matters you are mostly silent.

What we ask instead is “how?” How can we move forward? How can this bring us together and not tear us apart? How can we now live under the shadow of this untimely death? Answer this prayer with your comfort and guidance.

There is no way to remove the pain. The grief is real. The only sanity is to know, to believe, in a life beyond with you, when all the scales are righted and the sufferings are made good. We trust you and your promise that while this child’s life on earth is done, his life beyond has just begun. With that release we lose him and let him go into your arms, then by faith receive in return the boundless comfort of your presence. That is all, that is enough. In Jesus.”

- Mark and Jill Herringshaw