

Tips for Writing a Letter

One of the most effective ways to let provincial governments know what is important to you is by writing a letter, both to your provincial representative and to the Health Minister directly.

Writing a letter from scratch can seem like a big effort, so we have provided some samples to get you started.

1. Take a look at the sample letters provided and please CUSTOMIZE the letter with your personal experience. Please use as many of your own words as possible and be sure to mention where you live and make your letter genuine. We know that letters that sound like “form letters” are not nearly as effective as letters that come from real people with real problems.
2. By all means, e-mail your letter. It is preferable if you can e-mail your letter as an attachment, but many people chose to both e-mail and post their letter – it’s your choice. In this day and age, hand-written letters are much appreciated – even a few words by hand says that you cared enough to take the time.
3. If you are comfortable, please email us a copy of your letter – it will help us to know what individuals are doing and the kinds of issues that the Minister is hearing about
4. Please let us know if you receive a reply, even if it seems like a form letter. We’ll use those standardized replies in future discussions with elected officials to make sure they follow through.
5. If you need any help with your letter, please feel free to contact us.
6. Lastly, if you can encourage your friends and family to do the same, that will multiply the voice of the patient in the halls of government.

Thank you!