

STUDENTS ARE STILL WORRIED



ABACUS DATA

 **CASA | ACAE**

Canadian Alliance of Student Associations
Alliance canadienne des associations étudiantes



Executive Summary

This paper is a summary of public opinion research that surveyed post secondary students across Canada in May 2020. The results of the research provide a snapshot of the experience and effect of COVID-19 on the student population, identifies key concerns and priorities, and provides insights into how students are feeling amid the COVID-19 pandemic.

This public opinion research was commissioned by the Canadian Alliance of Student Associations and conducted by Abacus Data.

Methodology

The survey was conducted online with 1,000 Canadian post secondary students from May 14 to May 23, 2020. A random sample of panelists were invited to complete the survey from a set of partner panels on the Lucid exchange platform. These partners are typically double opt-in survey panels, blended to manage out potential skews in the data from a single source. The margin of error for a comparable probability-based random sample of the same size is 3.1%, 19 times out of 20. The data weighted according to census data to ensure that the sample matched Canada's post secondary population according to age, gender, language, and region. Totals may not add up to 100 due to rounding.



Introduction

The Canadian Alliance of Student Associations (CASA) is a non-partisan, not-for-profit advocacy organization representing 275,000 students at 23 student associations across the country. CASA advocates for accessible, affordable, innovative, and high quality post-secondary education in Canada. For 25 years, CASA has done so successfully through policy and research development, awareness campaigns, government relations efforts, and partnerships with other stakeholders in the education sector.


In addition to CASA's regular advocacy work, the organization has been seized with reacting and responding to the COVID-19 pandemic. Together with other stakeholders in the post-secondary education sector, CASA has worked to ensure students are heard by the government in the COVID-19 response. On April 22, 2020 the Government of Canada announced support for students including the Canada Emergency Student Benefit (CESB) which provides \$1,250 a month between May and August of 2020 for any post-secondary student or recent graduate who do not meet the criteria for the Canada Emergency Response Benefit (CERB). The CESB includes an additional \$750 top up for students with disabilities or dependents. For Fall 2020, post-secondary students will also be able to access more financial aid than ever before from the federal government. Canada Student Grants, which provide up-front, needs-based grants to low and middle-income students will double from \$3,000 to \$6,000, and weekly loan limits will increase from \$210 to \$350 per week during the 34 week study period.¹

Despite these substantial investments, post-secondary students are still worried. Like many other Canadians, post-secondary students are worried about the pandemic as well as its impact on their health and finances. Over half of the post-secondary students surveyed, regardless of demographic, are worried a lot or somewhat worried. This report's findings transposed to all post-secondary students, finds 13% lost all part time job income, and 9% lost all full time job income over the past semester of Winter 2020. Summer 2020 brought further losses, with 29% of all post-secondary students losing all summer income. Looking at the Fall, this upcoming semester is predicting that 12% of post-secondary students in Canada will lose all part time job income, and 8% will lose all full time job income. Overall, 75% say COVID-19 will have a lasting impact on their financial situation beyond this year.

The concern and worry is not felt equally. Economic and health concerns are higher among women than men, visible minority students, students living on their own or with roommates, and those with no personal income. Many are uncertain about the length of the pandemic with half reporting that they aren't sure if the worst has passed or is yet to come.

Post-secondary students are also concerned about the value of their education, as a majority do not feel online learning offers the same value, learning experiences, or support as its in-class equivalent. This is coupled with concerns of access to online learning and academic supports. As a result, 41% of respondents have considered or already delayed or deferred

1 <https://www.canada.ca/en/departement-finance/news/2020/04/support-for-students-and-recent-graduates-impacted-by-covid-19.html>



their Fall 2020 semester. Additionally, 31% of respondents have considered or have already switched to part-time studies for Fall 2020. In short, the effects of COVID-19 for post-secondary students are already palpable.

The following report serves as an important analysis of continued worries among post-secondary students amid the COVID-19 pandemic, the full effects of which remain unknown. This report demonstrates that despite significant investments to date, students continue to worry about their physical health, their mental health, their finances, their education, and their futures.

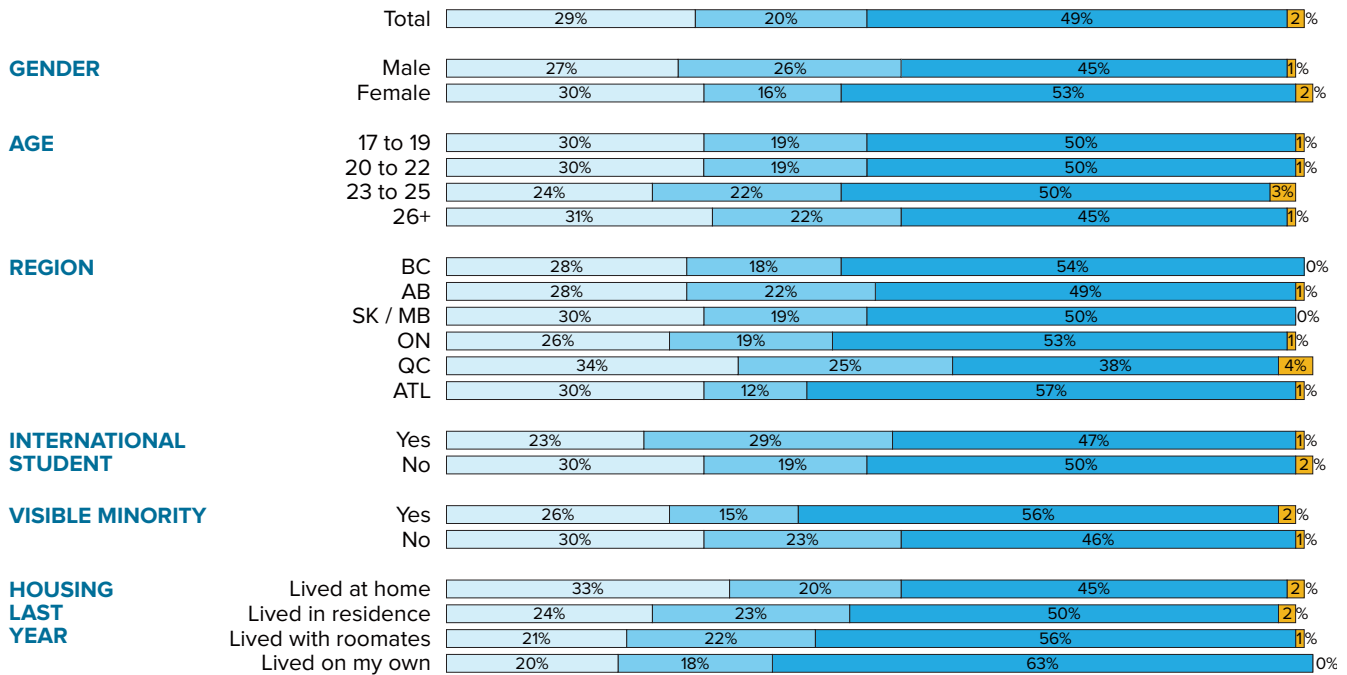


Key Findings

Covid 19 for Students

- As is to be expected, 60% of students say coronavirus is making them worried. This worry was tied to region, (students in Quebec and Atlantic provinces report much less worry), gender (women are more worried than men), international student status (more worried than domestic students), and those identifying as members of visible minorities reporting more worry.
- Of the federal government support to date, 52% of students said the support they are receiving from the federal government has been good or very good; however, this is 17 points lower than their rating of support for Canadians overall.
- Confusion remains regarding eligibility for benefits. Only 47% of students report they are sure they are eligible for the Canada Emergency Student Benefit. Other government programs tested had even lower values reported on eligibility and 28% aren't sure or aren't eligible for any programs.
- Students are worried about the upcoming academic year, with 61% reporting the current government support isn't enough to help them through the upcoming academic year.
- 85% of respondents said the federal government should do more to support students and 73% say they would support extending support to international students.

ARE YOU SOMEONE WHO IS...



☐ More worried about the health impact
 ☐ More worried about the economic impact
 ☒ Equally worried about the health and economic impacts
 ☐ Not worried about either

When it comes to the COVID-19 pandemic, are you someone who is...



Students are worried about...

Mental Health

- Over 70% of respondents reported they have felt stressed, anxious, or isolated due to the pandemic.
- 82% reported worry about their futures beyond the pandemic.
- Students are reporting more stress about everything from their health, finances, and future.

Financial Strain

- Students have already faced, are currently facing, and will continue to face financial struggles as a result of the COVID-19 pandemic until at least Winter 2021
- Two thirds have seen COVID-19 have an impact on their own finances, and the finances of their parents/family.
- This financial pressure has caused nearly all students to rearrange financing for the fall. Only 12% aren't making any changes. 45% say they will be relying more on government loans.
- 75% say the pandemic will change their employment situation beyond this year.
- 75% say it will have a lasting impact on their own financial situation beyond 2020.
- 64% reported they are eligible for either the CESB or CERB, but most don't think it will be enough to get them through the Fall 2020 semester, let alone beyond.

Returning to courses

- The pandemic has made some students reconsider their fall plans: 41% have considered or already delayed/deferred their fall semester.
- 31% have considered or have already switched to part-time studies.
- The decision to defer, or switch to part-time is due to concerns about value, access to support, and accessibility.

Online Learning & Accessibility

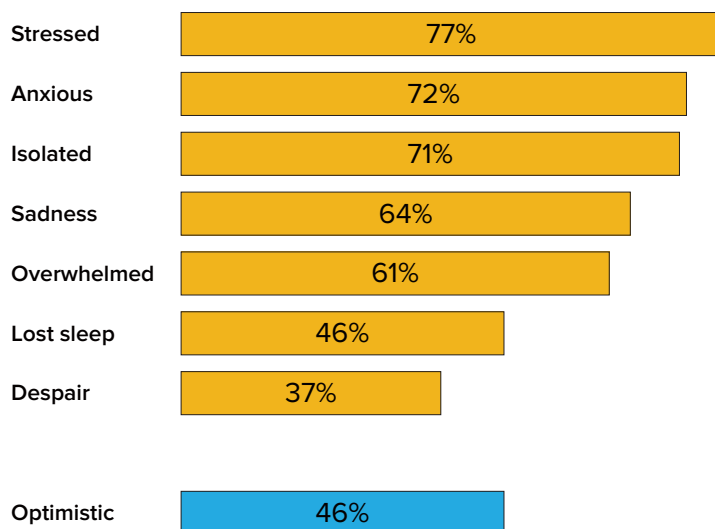
- 90% have experienced remote learning in the past semester. A majority do not feel online learning offers the same value, learning experiences, or support as its in-class equivalent.
- Ease of access is also a concern: 43% its not as easy to complete assignments/ exams, and 30% its not as easy to access their classes
- Students have identified many concerns they have about an online semester including access to support, value, and accessibility.
- Concerns about value, support services, and accessibility are greater among students who have or are considering deferring or switching to part-time (compared to those who are not). That said, it is important to note that students who plan to return are still concerned about these aspects of an online semester.

Students are worried about MENTAL HEALTH

Before the pandemic even began, post-secondary students were facing mental health pressures. As the Mental Health Commission of Canada notes “[t]he highest rate of mental health problems and illnesses is among young adults ages 20 to 29, a time when young people

are generally beginning post-secondary education and careers.”² The MHCC further notes that “up to 75 per cent of mental health problems have an age of onset occurring in childhood, adolescence or young adulthood.”³

THE PANDEMIC HAS CAUSED PRESSURES ON THE MENTAL HEALTH OF STUDENTS



The pandemic has had an impact on students mental health. Over 70% say they are stressed, anxious, and / or feel isolated because of the pandemic.

Not everyone is equally at risk: In Atlantic Canada, female students, who even normally present a lower average income than their male colleagues, are in a more stressful situation.

That said, 46% remain optimistic. The most optimistic students are in SK / MB international students, graduate students, and business students.

Have you felt any of the following because of COVID-19?

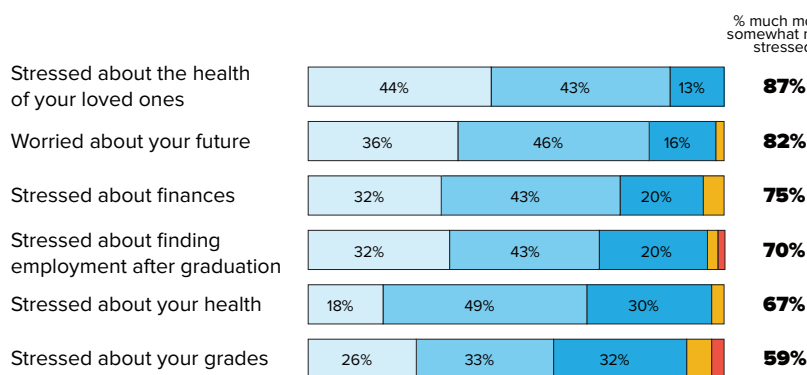
² https://www.mentalhealthcommission.ca/sites/default/files/2017-03/case_for_investment_eng.pdf

³ <https://www.mentalhealthcommission.ca/English/mental-health-emerging-adults>

COVID-19 has had an effect on the mental health of Canadians, and post-secondary students are no exception.⁴ The pandemic has caused pressures on the mental health of students. Over 70% say they have felt stressed, anxious, or isolated due to the pandemic. The stress felt by students comes from many sources. Stressors reported by students include:

- 67% are stressed about their own health;
- 87% are stressed about the health of loved ones
- 82% reported overall stress about their own future
- 70% are stressed about future employment
- 75% reported financial worry; and,
- 59% are concerned about their grades.

STUDENTS HAVE MULTIPLE SOURCES OF STRESS



Much more
 Somewhat more
 No change
 Somewhat less
 Much less

Have you felt any of the following because of COVID-19?

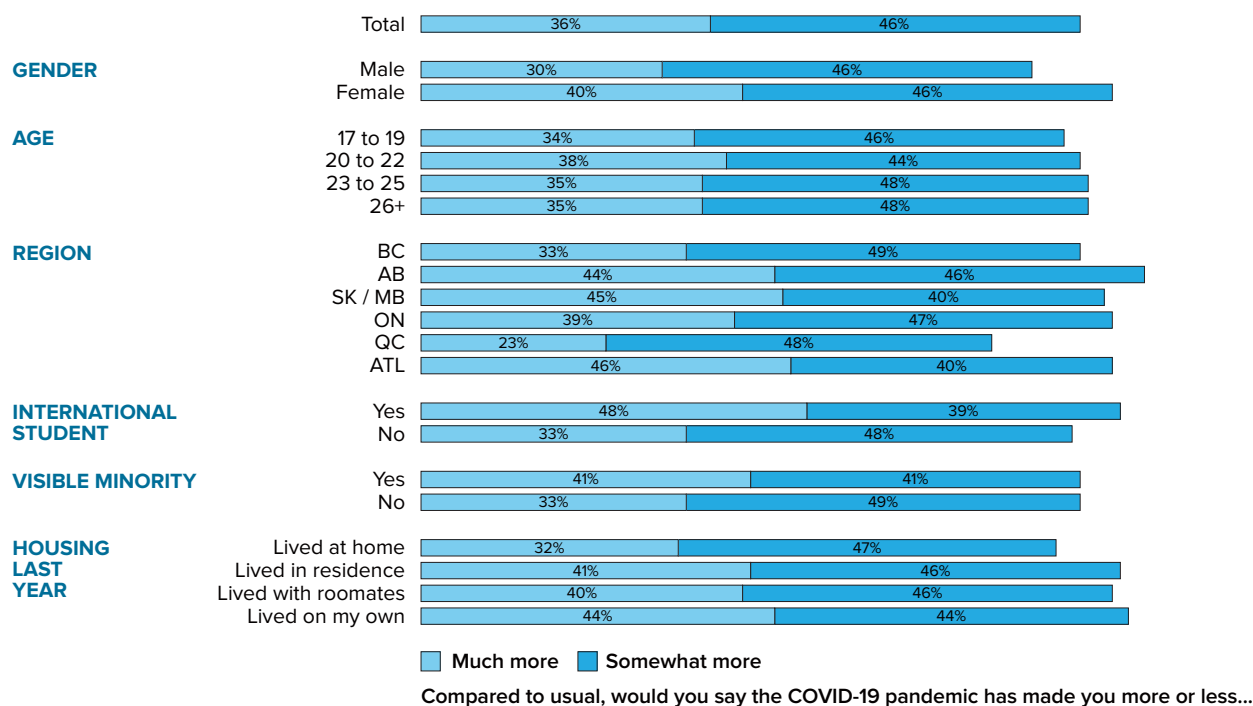
Well over half of students are feeling more stressed about every metric tested. The biggest stresses:

- Worried about the health of love ones
- Worried about the future
- Stressed about finances
- Stressed about finding employment after school

Additionally, students are stressed and worried not only about the COVID-19 pandemic, but the long term implications on their futures. While this was reported broadly, those worried about their future are more likely to be women, international students, those not living at home, and those who identify as being a member of a visible minority

Mental health has long been a growing concern on campuses across the country. COVID-19 is exacerbating mental health challenges in the general population, and students are not immune. There is further concern that with sustained mental health stress due to COVID-19 that some students may need to defer or suspend their studies creating more stress and financial concerns. This cycle may continue long after their graduation and long after the pandemic.⁵

WORRIED ABOUT YOUR FUTURE



5 casa-acae.com/breaking_down_barriers_mental_health_and_post_secondary_students

Students are worried about FINANCIAL IMPACTS

The financial concerns and worries of post-secondary students are well enumerated and include mounting debt-loads, affordability of post-secondary education, balancing work and studies, and beyond. Students already face numerous financial challenges. As a result of the COVID-19 pandemic, students are currently facing and will continue to face financial struggles until at least the Winter 2021 semester.

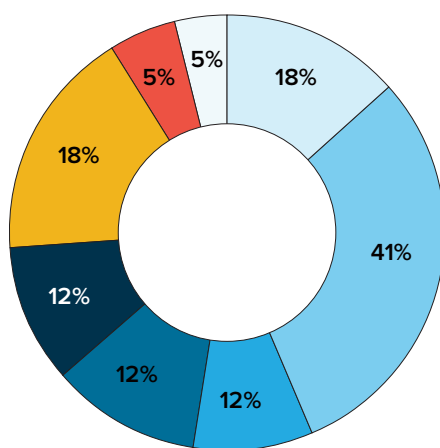
To date, two-thirds of students have seen COVID-19 have an impact on their finances, and those of their parents or family. Given how much these sources contribute to funding a student's post-secondary education, this is concerning. On average, 86% of a student's tuition and living expenses are from their own finances, employment, and funds from their parents.

From the outset of the pandemic students were feeling financial pressures and a majority expect they will still be feeling these pressures

in 8 months time. In the past semester (Winter 2020), 44% said their part-time employment plans were impacted. Of these students, 29% said they lost all income. During the same semester, 27% said COVID-19 impacted their full-time employment plans. Of these students, 32% lost all income. In Summer 2020, close to 70% of students reported their summer employment plans were affected. Of these students, 42% of respondents said they had lost all income, and a further 29% said they have had reduced income. Things do not improve for the upcoming Fall semester, 26% of respondents reported they predict they will lose all part-time employment and a further 36% are predicting some reduction in part-time income. The Fall is more bleak for those who predict their full-time employment plans will be impacted. Of the 27% who say their plans will be impacted, 40% say they are likely to see reduced income, and 29% are predicting no income.

COVERING LAST YEAR'S ACADEMIC AND LIVING EXPENSES

- From personal savings
- From my parents
- From summer employment
- From part time employment during the year
- Scholarship or grants
- Student loans from government
- Student loans from a bank
- Other



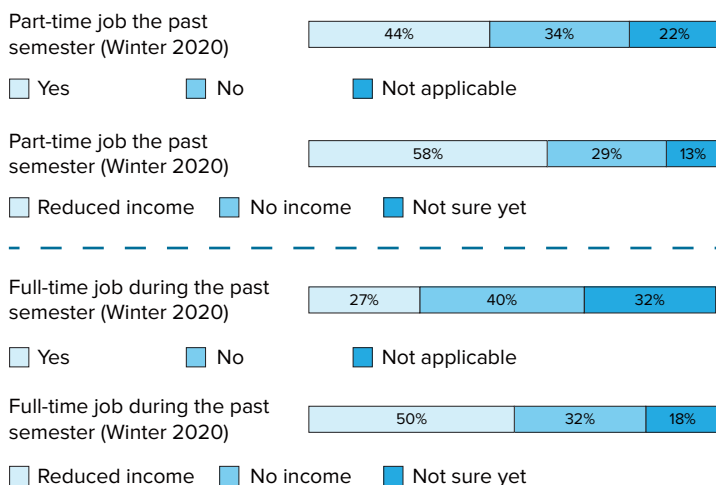
Last year, the average student received 23% of their PSE support from government student loans.

The most common source of funds was parents, at 41%.

Over the past year, how did you pay for your education? Enter the approximate percentage that each source helped pay for your tuition and expenses



FINANCIAL IMPACTS WERE FELT AT THE BEGINNING OF THE PANDEMIC



So far, has the COVID-19 pandemic affected any of the following employment plans? As a result of these impacts, for each, will you see...

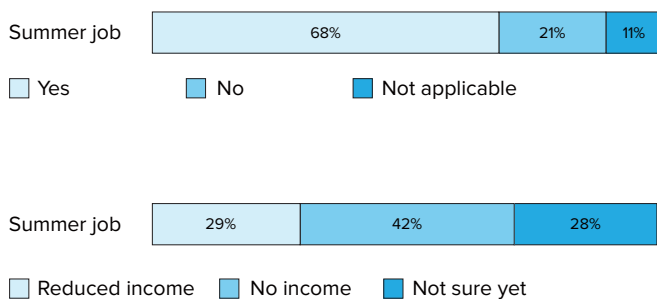
Close to half of students had part-time employment plans interrupted. Among those that had a part-time job, this increases to 56%

Among those who were impacted, 87% saw a reduction in income, including 29% who had their income disappear entirely.

A third of students had full-time employment plans interrupted. Among those that had a full-time job, this increases to 40%.

Among those who were impacted, 82% saw a reduction in income, including 32% who had their income disappear entirely.

FINANCIAL IMPACTS WERE FELT AT THE BEGINNING OF THE PANDEMIC



So far, has the COVID-19 pandemic affected any of the following employment plans? As a result of these impacts, for each, will you see...

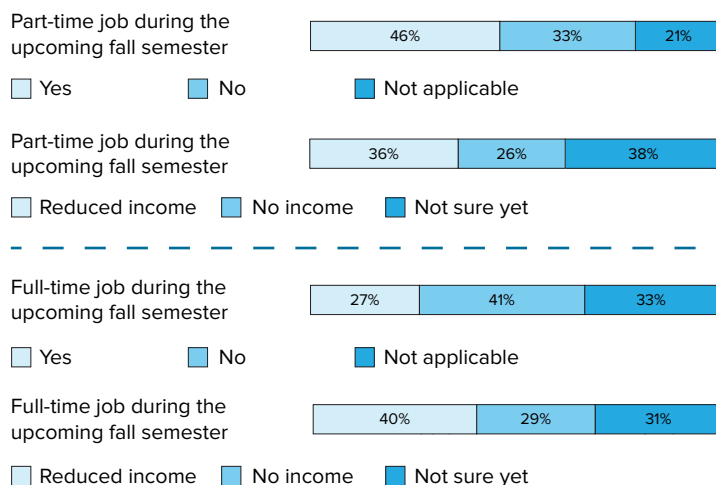
Close to 70% of students say their summer employment plans were impacted.

Among those who had summer plans, this increases to 76%

42% say they will have no income this summer, 29% have reduced income, and 28% aren't sure what the impact will be.



AND STUDENTS ALREADY SAY THEY WILL FEEL THESE IMPACTS FOR SOME TIME



Close to half already say their employment plans for the fall have been impacted. Among those who had plans for a fall part-time job this increase to 58%.

Among those who were impacted, 36% predict they will see a reduction income, 26% say no income, and 38% aren't sure.

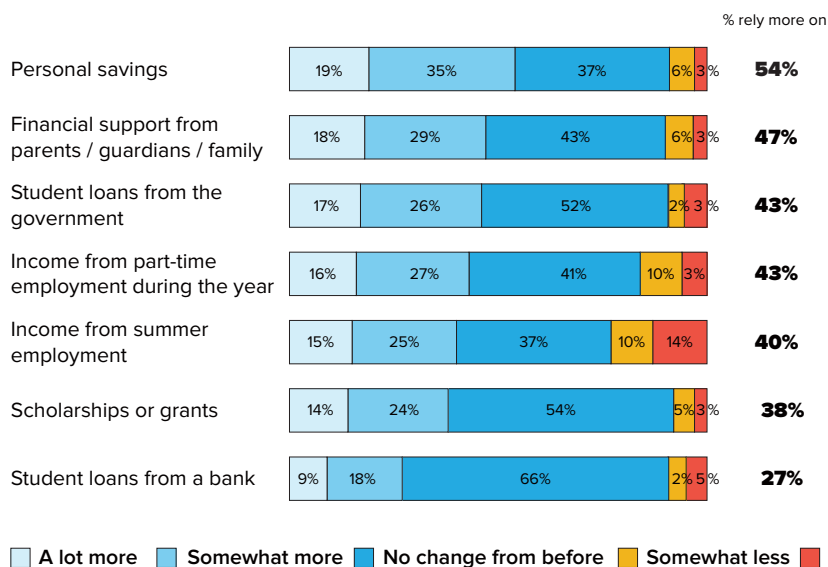
Over 1 in 4 PSE students say their full-time employment plans are impacted. Among those with full-time job plans, this increases to 40%.

40% say this will lead to lower income. And over a quarter (29%) already say they will see no income in the fall from their part-time jobs.

So far, has the COVID-19 pandemic affected any of the following employment plans? As a result of these impacts, for each, will you see...

THIS HAS CAUSED NEARLY ALL TO REARRANGE FINANCING

Only 12% of students say they see no changes to how they are funding their PSE in the fall.



54% say they will be relying more on personal savings.

47% say the same about financial support from family / guardians.

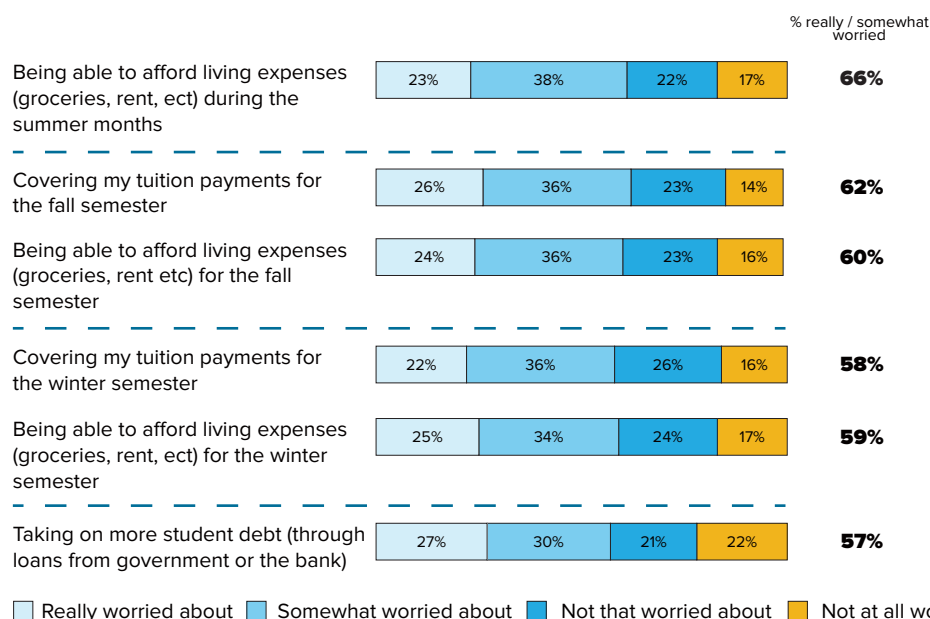
43% say the same about student loans, and 43% say the same about income from part-time employment during the year.

Thinking about how you will cover your expenses for the upcoming school year starting this fall... are the following something you will rely on more, or less than before the COVID-19 pandemic

This financial pressure has caused nearly all students to rearrange how they finance their studies for the fall. Only 12% are not making any changes. 45% say they will be relying more heavily on government loans. The worries about finances extend beyond the summer of 2020.

Students are almost as worried about covering living expenses in January (59%) as they are about their living expenses now (66%). 75% say the pandemic will change their financial situation beyond this year. 75% also say the pandemic will change their employment situation beyond this year. The financial worry of students to afford their living expenses and tuition is consistent from Summer 2020 through to Winter 2021.

CONSISTENT FINANCIAL WORRY FROM THIS SUMMER TO THE WINTER SEMESTER



Students are facing the same level of concern over the summer, the fall semester and even continuing into the winter semester.

Nearly 60% already have concerns about paying expenses in 8 months time.

Also a concern, 57% are worried about taking on more student debt.

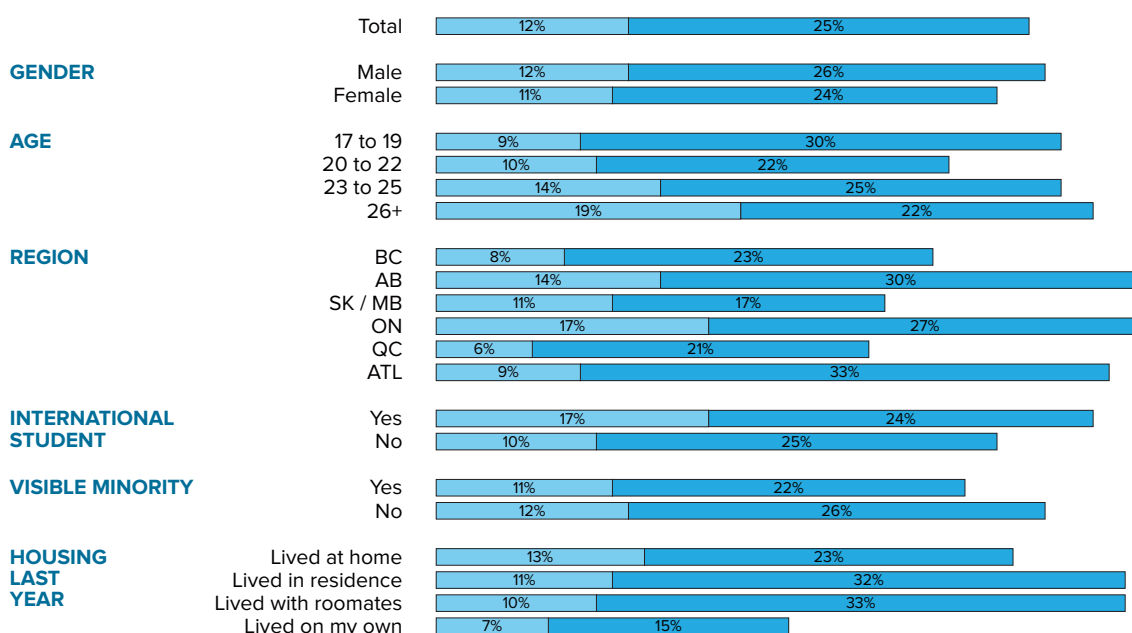
Right now, how much of a concern are each of the following for the upcoming school year?

Post-secondary students' concerns about their finances and debt loads are not unique to COVID-19. Depending on the program sought, post-secondary students requiring financial assistance for their studies can expect to take on \$15,000 - \$33,000 in student debt.⁶ The pre-pandemic debt load was already cause

for concern and worry among many post-secondary students and recent graduates. As a result of COVID-19, post-secondary students are anticipating having to rely more on student loans from the Government in the upcoming year, driving up debt loads and financial worry even further.

RELY MORE ON STUDENT LOANS FROM THE GOVERNMENT

**** THOSE WHO PREVIOUSLY USED STUDENT LOANS FOR LESS THAN 25% OF THEIR EXPENSES**



■ A lot more ■ Somewhat more

Thinking about how you cover your expenses for the upcoming school year starting this fall... are each of the following something you will rely on more , or less than before COVID-19 pandemic

37% of students (who previously relied on student loans for 25% or less of their studies, say they will be using them more

Those who plan on relying more on student loans from government are:

- Older student
- Living in AB, ON or ATL provinces

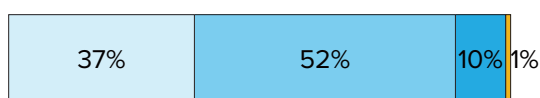
- International Students
- Living in residence or with roommates

Without a doubt, the COVID-19 pandemic will have lasting impacts on the finances of students. The concerns are not only about the post-secondary environment, but about the future of their studies and employment as students and beyond. Despite significant

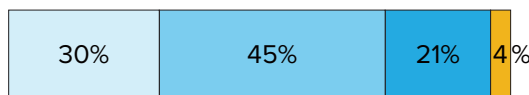
investments from the federal government, students are worried they will not be able to afford their tuition, fees, or living expenses (including rent and groceries) through the Fall 2020 semester, let alone beyond.

WITHOUT A DOUBT, THE PANDEMIC WILL HAVE LASTING IMPACTS

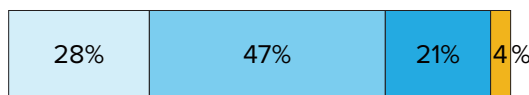
The COVID-19 pandemic will change how post-secondary education is delivered, beyond this academic year



The COVID-19 pandemic will change my financial situation in the long term, beyond this year



The COVID-19 pandemic will change my employment situation in the long term, beyond this year



☐ Strongly agree
 ☐ Somewhat agree
 ☐ Somewhat disagree
 ☐ Strongly disagree

89% say the pandemic will change PSE delivery beyond this year.

75% say it will have a lasting impact on their own financial situation, beyond this year.

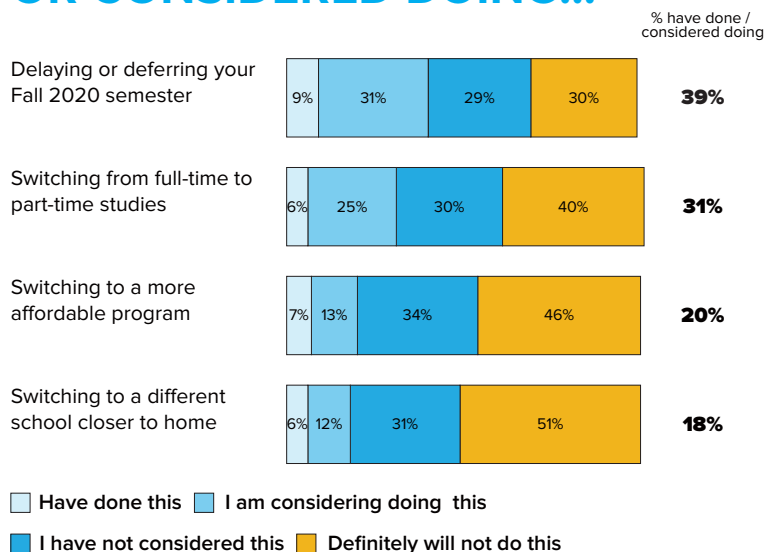
75% say it will impact their employment situation this year.

Students are worried about RETURNING TO CLASSES

The return to classes is a time that is typically marked with excitement and nervousness as to what the new academic year will bring. This year, the return to classes comes with worry and concern and some students are choosing

to defer or switch to part-time. Among the concerns about the upcoming semester students are worried about the value of their learning experience, access to support, and overall accessibility.

GIVEN THE SITUATION HAVE YOU DONE OR CONSIDERED DOING...



Few (less than 1 in 10) have made changes to their studies in the fall, whether this is deferring entirely, or just switching to part-time.

Greater numbers of students have considered making changes however and if you look at those who have already and are considering:

- 39% say they have already or are considering delaying or deferring
- 31% say they have already or are considering switching to part-time studies.

Due to the COVID-19 pandemic have you done or considered doing any of the following?

Already, the pandemic has made some students reconsider their fall plans. 41% have considered or already delayed or deferred their fall semester. 31% have considered or already switched to part-time studies. Among those who have already delayed or deferred include: international students (24%), those over 26 (19%), those who have a personal income of \$20k+ (19%), COVID-19 had a really big impact on personal finances (14%), education/arts/social science students (14%), and men (13%).

The students who have already switched to part time studies include: International Students (12%), those 26+ (12%), those who have a

personal income of \$30K+ (18%), COVID-19 had a really big impact on personal finances (8%), graduate students (11%), education/arts/social science students (11%), live in BC (10%), men (9%).

As colleges, polytechnics, and universities begin to announce their delivery models for the Fall 2020 semester, it is clear that the effect of the pandemic is influencing students' decision to return in the fall semester. The worries about returning to post-secondary in the fall are wide ranging and include concerns about the quality of education amid the pandemic.

THOSE WHO HAVE ALREADY MADE CHANGES

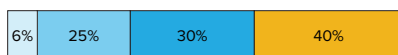
Delaying or deferring your Fall 2020 semester



☐ Have done this ☐ I am considering doing this

☐ I have not considered this ☐ Definitely will not do this

Switching from full-time to part-time studies



☐ Have done this ☐ I am considering doing this

☐ I have not considered this ☐ Definitely will not do this

Those who have already delayed / deferred:

International students (24%), those 26+ (19%), those who have a personal income of \$20K+ (19%), COVID-19 had a really big impact on finances (14%), education / arts / social science students (14%), men (13%)

Those who have already switch from full-time to part-time studies:

International Students (12%), those 26+ (12%), those who have a personal income of \$30K+ (18%), COVID-19 had a really big impact on personal finances (8%), graduate students (11%), education / arts / social / science students (11%), live in BC (10%), men (9%)

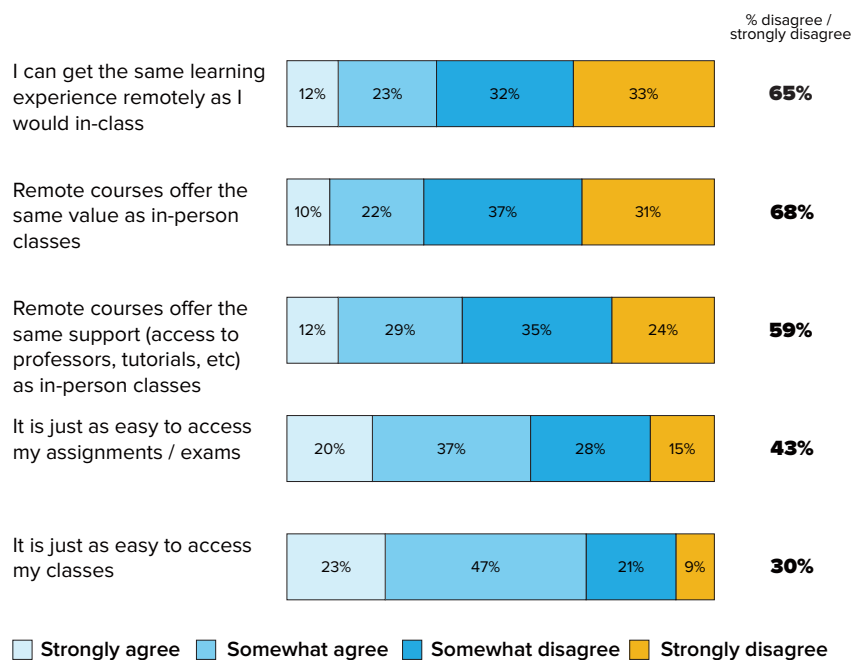
Due to the COVID-19 pandemic have you done or considered doing any of the following?

Students are worried about ONLINE LEARNING and ACCESSIBILITY

In mid-March 2020, colleges, polytechnics, and universities began physical distancing measures in the wake of COVID-19. For most, this involved moving courses to online and remote learning to complete the semester. 90% of students experienced remote learning in this time. A majority of them do not feel that online learning offers the same value,

learning experiences, or supports as in-person, in-class equivalents. Ease of access, and ease of completing coursework were reported less, but remain a concern for over a third of respondents. 43% report it is not as easy to complete assignments/exams and 30% reported it is not as easy to access their classes.

SUPPORT FOR ONLINE LEARNING EXPERIENCES



When it comes to online learning, would you agree or disagree with the following...

A majority feels online classes do not offer the same learning experience or value compared to in-class.

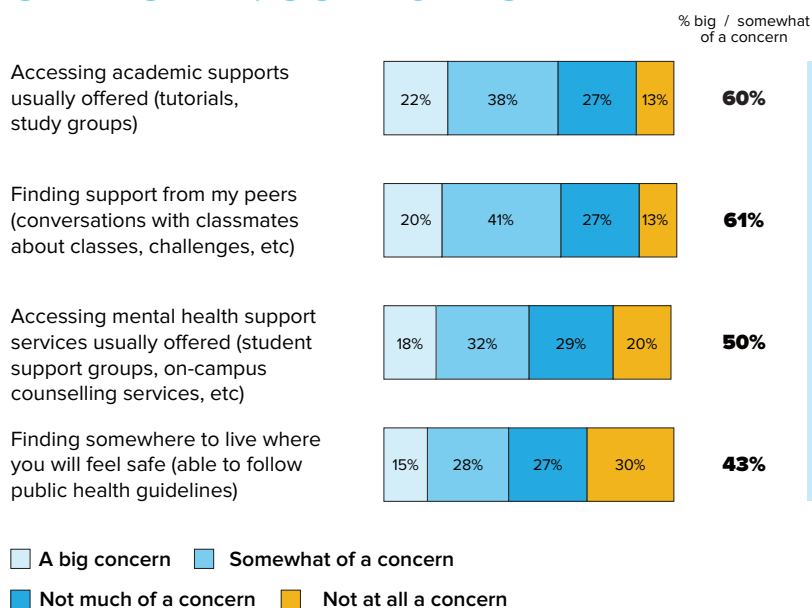
A majority do not feel online classes offer the same support.

Ease of access, and ease of completing coursework are less of a concern, but are still a problem for over a third of students.

Students continue to worry about the accessibility of their education in an online or remote setting. Many concerns have been identified by students, including access to support, value, and accessibility. Access to supports outside of class are a concern

for a majority of students. 60% say they are concerned about accessing academic supports (like study groups), and 61% are concerned about getting the support they need from their peers. Two in five have concerns about finding somewhere safe to live.

CHALLENGES FOR AN ONLINE SEMESTER: SUPPORTS



Access to supports outside of class are a concern for a majority of students.

60% say they are concerned about accessing academic supports (like study groups), and 61% are concerned about getting the support they need from their peers.

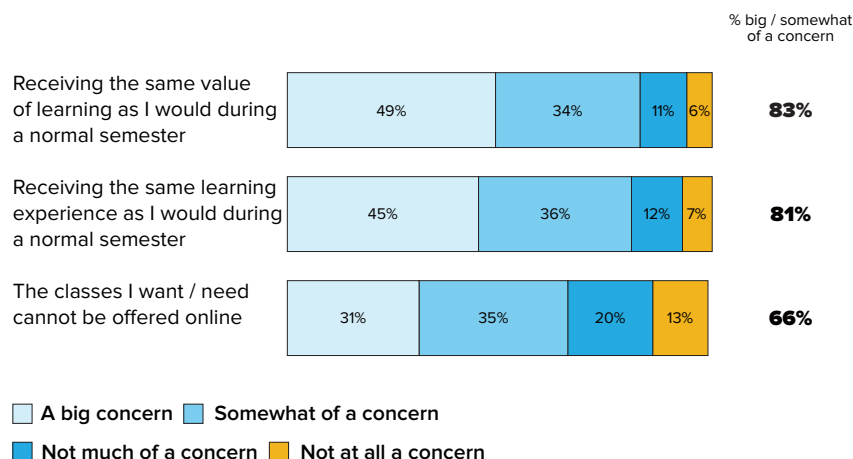
2 in 5 have concerns about finding somewhere to live.

Right now, how much of a concern are each of the following for the upcoming school year?

At the forefront of student concerns for an online semester is value. Over 80% say receiving the same value and learning

experience this fall is a big concern. Two thirds are concerned the class they need and want will not be offered online.

CHALLENGES FOR AN ONLINE SEMESTER: VALUE



Value concerns are clearly forefront for students.

Over 80% say receiving the same value / learning experience this fall is a big concern.

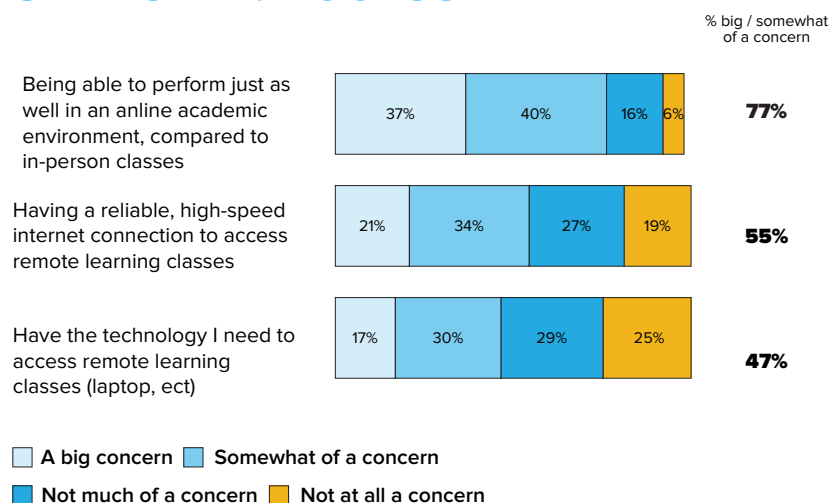
Two thirds are concerned the classes they need / want will not be offered online.

And what about the following? How much of a concern are each of the following for the up coming school year?

Accessibility remains top of mind for students as 77% are concerned they will not be able to perform as well online and as in person. Half of respondents are concerned about internet connectivity and having the proper technology to access their classes online. The concerns

about accessibility are greater for those students delaying, deferring, or switching to part time than those who are not. That said, those with plans to continue still do hold concerns about accessibility

CHALLENGES FOR AN ONLINE SEMESTER: ACCESSIBILITY



Accessibility is also a concern for students. 77% are concerned they will not be able to perform as well online as in-person

And half have concerned about internet connectivity and having the proper technology to access classes.

It is likely that at least some classes will be offered online in the upcoming school year.
How much of a concern are each of the following when it comes to continuing your studies?

Canada is ranked in the top 10 for most expensive countries for broadband internet access when adjusted for cost of living by the Organization of Economic Co-Operation and Development (OECD).⁷ Digital learning, while necessary, will inevitably place further burdens on establishing stable internet connections for learning on post-secondary students, with higher costs and for many, barriers to access. While internet access is broadly available in Canada, high upload and download speeds are not. In a 2016 report, the Canadian Radio-television and Telecommunications Commission (CRTC) reported that 100% of urban residents and 90% of rural residents had access to internet speeds of 1.5 to 4.9

Mbps.⁸ However, for accessing audio and video content and the sharing and downloading of files necessary for quality online learning, this speed is unlikely to be sustainable. When speed requirements get as high as 10 and 15.9 Mbps, only 64% of rural residents have access compared to 100% of urban residents.⁹

Concerns about online learning and accessibility are top of mind for students amid the pandemic and the effects on their post-secondary experience and beyond. Students are still worried about what the Fall will bring for their studies, and whether or not they will be able to access an affordable, accessible, and high quality post-secondary education.

	Considering delaying/deferring	Not considering delaying/deferring	Considering switching to part-time	Not considering switching to part-time
Being able to perform just as well in an online academic environment, compared to in-person classes	85%	72%	89%	74%
Having a reliable, high-speed internet connection to access remote learning classes	69%	45%	70%	47%
Have the technology I need to access remote learning classes (laptop, ect)	62%	35%	65%	37%

Accessibility is a bigger concern for students delaying / deferring or switching to part time than those who are not.

That said, those with plans to continue still do hold concerns about accessibility

7 https://read.oecd-ilibrary.org/science-and-technology/oecd-communications-outlook-2013_comms_outlook-2013-en#WJDeRLYrlgo#page8

8 <https://crtc.gc.ca/eng/publications/reports/policymonitoring/2016/cmr5.htm#a5>

9 <https://crtc.gc.ca/eng/publications/reports/policymonitoring/2016/cmr5.htm#a5>



Conclusion

The COVID-19 pandemic is an unprecedented crisis affecting all aspects of society in Canada and beyond. Post-secondary education is no exception, and students are facing significant challenges amid the pandemic. Despite significant investments by the federal government, students continue to worry about their mental health, financial ramifications of the crisis and their employment prospects, return to their studies, and online semester and accessibility. In short, students remain concerned and worried not only about the pandemic and their studies, but their futures.

Our Members



About CASA

Established in 1995, the Canadian Alliance of Student Associations (CASA) is a non-partisan, not-for-profit, student organization composed of 23 student associations representing 275,000 post-secondary students from coast to coast. Through its partnership with the Quebec Students Union (QSU), CASA presents a national student voice to the federal government. CASA advocates for a Canadian post-secondary education system that is accessible, affordable, innovative and of the highest quality.



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