Sex Now 2018 Survey
Community-Based Research Centre for Gay Men’s Health
and the University of Victoria

The survey is confidential. Please complete this paper survey only once this year. Your answers are very valuable. Please tick one box unless the question states otherwise. You can skip any question you prefer not to answer.

### Let’s get started with a little about yourself…

1. **What province or territory do you currently live in?**
   - Alberta
   - British Columbia
   - Manitoba
   - New Brunswick
   - Newfoundland & Labrador
   - Northwest Territories
   - Nova Scotia
   - Nunavut
   - Ontario
   - Prince Edward Island
   - Quebec
   - Saskatchewan
   - Yukon

   I don’t live in Canada (ask a staff)

2. **Which of these do you identify with?**
   - African, Caribbean, Black
   - Arab, West Asian (e.g. Iranian, Afghan)
   - East or Southeast Asian (e.g. Chinese, Japanese, Korean)
   - Indigenous
   - Latin American, Hispanic
   - South Asian (e.g. East Indian, Pakistani, Sri Lankan)
   - White
   - Other, please specify: __________________________

   If you checked Indigenous above go to #3. Otherwise skip to #7.

3. **Do you identify as?**
   - First Nations
   - Métis
   - Inuk
   - None

4. **Do you identify as Two-Spirit?**
   - No
   - Yes

5. **Do you live in an Indigenous community?**
   - No
   - Yes

6. **HIV treatment and prevention medications are covered for First Nations and Inuit people who have status. Do you have “status” (Registered/Treaty)?**
   - No
   - Yes
   - Not applicable

7. **How do you identify sexually?**
   - Gay
   - Bi (bisexual)
   - Queer
   - Asexual
   - Pansexual
   - Heteroflexible
   - Straight
   - Prefer to self-describe as: __________________________

8. **How open (out) are you about your sexual identity?**
   - Not at all open (out)
   - Open (out) to all or most people I know

   1, 2, 3, 4, 5

9. **What is your gender identity?**
   - Man
   - Woman
   - Neither. I prefer to self-describe as: __________________________

10. **Do you have trans experience?**
    - No
    - Yes

   (i.e., your gender is different than the sex you were assigned at birth)

11. **How old are you?** ________ years old

12. **What is the highest level of education that you completed?**
    - Did not finish high school
    - High school, or equivalent
    - Post-secondary school (e.g. certificate, diploma)
    - Bachelor’s degree
    - Above a bachelor’s degree (e.g., masters, doctorate)

13. **Were you born in Canada?**
    - No
    - Yes

14. **What are the first 3 characters of your postal code?** — — —
    - Format: Letter-Number-Letter (e.g. V2N, M3N, L4M)
    - These locate your response to a region, not a specific address

15. **How would you describe your money situation right now?**
    - Comfortable, with extra
    - Enough, but no extra
    - Have to cut back
    - Cannot make ends meet

16. **Are you currently in a relationship?**
    - No (skip to #18)
    - Yes, with a woman
    - Yes, with a man
    - Yes, with a non-binary person
    - Yes, with more than 1 person (polyamorous).
      (W/o gender)
      _men, _women, and _non-binary people

17. **Is your current relationship exclusive/monogamous?**
    - No, we are open (fully or with some rules)
    - Yes, we only have sex with each other
    - Don’t know. We haven’t discussed it or decided.
    - We don’t have sex together

18. **Have you ever had sex with a woman?**
    - No
    - Yes, in the past 6 months
    - Unsure
    - Yes, but longer than 6 months ago

### Now let’s chat about your recent sex life...

We define sex as any physical contact that you felt was sexual. These questions are about sex partners of all genders.

19. **How many sex partners have you had in the PAST 6 MONTHS?** ________ (provide your best guess)

   Of those, how many were in the PAST 3 MONTHS? ________

20. **We define a new sex partner as someone you have never had sex with before.**
    Think of your newest sex partner, which may not be your most recent one. When did you first have sex with them?
    - This week
    - 2-4 weeks ago
    - 6 months ago
    - 7-12 months ago
    - 1-3 months ago
    - Longer than a year ago

21. **In the PAST 6 MONTHS, what kinds of sex have you had?**
    (check all that apply)
    - Mutual masturbation
    - Oral sex
    - Fingering (sex using fingers)
    - Fisting (sex using fists)
    - Anal sex as bottom (receptive partner) with a condom
    - Anal sex as bottom (receptive partner) without a condom
    - Anal sex as top (insertive partner) with a condom
    - Anal sex as top (insertive partner) without a condom
    - Sex in my vagina or internal genitals with a condom
    - Sex in my vagina or internal genitals without a condom
    - Sex in my partner’s vagina or internal genitals with a condom
    - Sex in my partner’s vagina or internal genitals without a condom
    - Sex with prosthetics or sex toys
    - Online sex (camming, sexting)
    - Threesome (sex between 3 people)
    - Group sex (sex between 4+ people)
    - Other, please describe: __________________________

   None of the above. I have not had sex in the past 6 months.

22. **In the PAST 6 MONTHS, what kind of sex partners have you had?**
    (check all that apply)
    - a partner who gave me money, goods or services for sex
    - a partner I gave money, goods or services for sex
    - a trans man
    - a trans woman
    - a non-binary person
    - none of the above
Next, let’s talk Sexually Transmitted Infections (STIs)

These questions are about STIs other than HIV.

23. Have you had any of the following STIs in the PAST YEAR? (check all that apply)
- Syphilis
- Chlamydia
- Gonorrhea
- Other(s): ____________________ (No STIs in the past year)

24. Have you ever had chlamydia or gonorrhea in your bum?
- No, never
- Yes, in the past 6 months
- Unsure
- Yes, but longer than 6 months ago

25. When were you LAST tested for any STIs (other than HIV)?
- in the past 3 months
- 4-6 months ago
- 7-12 months ago
- longer than a year ago
- never (skip to #27 below)
- don’t know (skip to #27 below)

26. What did your LAST STI test include? (check all that apply)
- Urine test
- Blood sample
- Throat swab
- Rectal swab (in your bum)
- None of the above

27. Have you had any of the following caused you to delay or skip STI testing in the PAST YEAR? (check all that apply)
- Too busy
- Services too far away
- Hours inconvenient
- Lack of privacy
- Other, please explain: ____________________
- No delays or skipped STI testing in the past year

28. Suppose you could get tested by ordering a self-collection kit online that would be mailed to any address of your choosing, and then shipped directly to the lab for testing. How likely would it be that you would use this service?
- Very likely
- Likely
- Unlikely
- Very unlikely
- I would never use this service

29. What samples could you self-collect? (check all that apply)
- Prick finger for a few blood drops
- Pee into a container (urine)
- Swab your bum (rectum)
- I could not self-collect any of the above

Did you know? The following statements are all TRUE...

30. Please read the following statements.

For each, check off if you were aware of these BEFORE taking this survey? (check all that apply)
- In Canada, all blood donations are tested for HIV. These tests can detect HIV approximately 9 days after infection, which is referred to as the test’s “window period”.
- Blood donor screening aims to reduce the risk of “window period” infections when current tests would not pick up those infections.
- In Canada, men who have sex with men (MSM) are approximately 70 times more likely to get HIV than other men.
- Currently in Canada, if you’re a man who had any kind of sex with another man (MSM) in the last 12 months you’re not allowed to donate blood. This is called a “deferral policy”.
- When donating, trans and non-binary people are considered a man or woman based on their genitals, not on how they identify.

31. For each of the following statements, indicate how strongly you agree or disagree. MSM = “men who have sex with men”.

The current deferral policy for MSM is justified
- Strongly agree
- Agree
- Disagree
- Strongly disagree

The current deferral policy for MSM is discriminatory
- Strongly agree
- Agree
- Disagree
- Strongly disagree

I support a shorter deferral period for MSM (3 months vs. 1 year)
- Strongly agree
- Agree
- Disagree
- Strongly disagree

I support a policy that screens all potential donors based on number of sexual partners regardless of their gender
- Strongly agree
- Agree
- Disagree
- Strongly disagree

I support a policy that screens all potential donors based on recently having a new sexual partner(s)
- Strongly agree
- Agree
- Disagree
- Strongly disagree

If I were allowed to, I would donate blood in the future
- Strongly agree
- Agree
- Disagree
- Strongly disagree

Let’s chat about Hepatitis C Testing & Care...

32. Please read the following statements. For each, select if you knew this before taking this survey or not.

Condoms are a reliable way of preventing STI and HIV transmission between sex partners.
- No, I did not know
- Yes, I knew this already

Pre-Exposure Prophylaxis (“PrEP” or “Truvada”) is anti-HIV medication that HIV-negative people can take before and continuing after sex to prevent getting HIV.
- No, I did not know
- Yes, I knew this already

Post-Exposure Prophylaxis (“PEP”): Within 3 days after a sexual risk event an HIV-negative person takes anti-HIV meds for a month that may stop HIV from taking hold in their body.
- No, I did not know
- Yes, I knew this already

Anti-HIV medications, taken daily by someone living with HIV, can make their HIV viral load undetectable.
- No, I did not know
- Yes, I knew this already

There is now scientific consensus that someone who remains HIV undetectable cannot pass HIV to their sexual partners. This is known as “Undetectable = Untransmittable” (U=U).
- No, I did not know
- Yes, I knew this already

33. When were you LAST tested for Hepatitis C (Hep C)?
- in the past 3 months
- 7-12 months ago
- 4-6 months ago
- longer than a year ago
- I have never tested for Hep C (skip to #35)
- I don’t know (skip to #35)

34. What was the result of your last Hep C test?
- Negative
- Positive
- I never received my result

35. Have you EVER been diagnosed with Hep C?
- You were told by a healthcare provider that you had Hep C.
- No (skip to #41 – start of next section)
- Yes (continue to next question)

36. What year did you FIRST test positive for Hep C? ________
Let's chat about HIV Testing & Care...

41. When were you LAST tested for HIV?
   ( ) in the past 3 months  ( ) 7-12 months ago
   ( ) 4-6 months ago  ( ) longer than a year ago
   ( ) I have never tested for HIV (skip to #43)
   ( ) I don't know (skip to #43)

42. What was the result of your last HIV test?
   ( ) Negative  ( ) Positive  ( ) I never received my result

43. Have you EVER been diagnosed with HIV?
   You were told by a healthcare provider that you had HIV.
   ( ) No (skip to #49 – next section)
   ( ) Yes (continue to next question)

44. What year did you FIRST test positive for HIV? ________

45. What's your CURRENT risk for passing HIV to someone?
   ( ) Low  ( ) High  ( ) Don't know

46. When did last you see a doctor about your HIV care?
   ( ) in last 6 months  ( ) More than 1 year ago
   ( ) 7-12 months ago  ( ) Have never seen a doctor about my HIV

47. Are you CURRENTLY taking anti-HIV medications (meds)?
   ( ) No  Have you EVER taken anti-HIV meds? ( ) No ( ) Yes
   ( ) Yes → When was the LAST TIME you missed taking any of
   your anti-HIV medications?
   ( ) Within the past week  ( ) 1-3 months ago
   ( ) 1-2 weeks ago  ( ) more than 3 months ago
   ( ) 2-4 weeks ago  ( ) I never skip medications

48. What was your most recent HIV viral load test result?
   ( ) Undetectable  ( ) I don't know
   ( ) Detectable  ( ) I have never had an HIV viral load test

Now skip to the new section on mental health - question #57.

This section is about HIV PrEP...

49. How would you rate your CURRENT risk for getting HIV?
   ( ) Low  ( ) High  ( ) I think I already have HIV  ( ) Don't know

50. Have you EVER used PrEP?
   ( ) No
   ( ) Yes, but I stopped → Why?
   ( ) Yes, I'm taking PrEP now! (skip to #53)

51. Are you interested in using PrEP?
   ( ) No  ( ) Yes, but I want to know more
   ( ) Unsure  ( ) Yes, I want to use PrEP now

52. What stops you from taking PrEP? (check all that apply)
   [ ] I don’t think I’ll get HIV
   [ ] Costs too much
   [ ] Can’t get a prescription
   [ ] Side effects
   [ ] Don’t like taking pills
   [ ] Something else: ______________________
   ( ) None of the above

The HIV Incidence Risk Index for MSM...

53. The following set of questions is used by clinicians to assess HIV risk. Canadian guidelines recommend anyone with a total score of 10 or greater to consider taking PrEP. Please complete each question by selecting a single response.

<table>
<thead>
<tr>
<th>Questions</th>
<th>Answers</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>How old are you?</td>
<td>( ) &lt;18 years</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>( ) 18-28 years</td>
<td>8</td>
</tr>
<tr>
<td></td>
<td>( ) 29-40 years</td>
<td>5</td>
</tr>
<tr>
<td></td>
<td>( ) 41-48 years</td>
<td>2</td>
</tr>
<tr>
<td></td>
<td>( ) 49+ years</td>
<td>0</td>
</tr>
<tr>
<td>How many men have you had sex with in the last 6 months?</td>
<td>( ) more than 10</td>
<td>7</td>
</tr>
<tr>
<td></td>
<td>( ) 6-10</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>( ) 0-5</td>
<td>0</td>
</tr>
<tr>
<td>In the last 6 months, did you have receptive anal sex (you were the bottom) with a man without a condom?</td>
<td>( ) Yes</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>( ) No</td>
<td>0</td>
</tr>
<tr>
<td>How many of your male sex partners were HIV positive?</td>
<td>( ) 0</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>( ) 1</td>
<td>4</td>
</tr>
<tr>
<td></td>
<td>( ) 1-10</td>
<td>8</td>
</tr>
<tr>
<td>In the last 6 months, how many times did you have insertive anal sex (you were the top) without a condom with a man who was HIV positive?</td>
<td>( ) 0-4 times</td>
<td>0</td>
</tr>
<tr>
<td></td>
<td>( ) 5+ times</td>
<td>6</td>
</tr>
<tr>
<td>In the last 6 months, have you used methamphetamines (crystal or speed)?</td>
<td>( ) Yes</td>
<td>6</td>
</tr>
<tr>
<td></td>
<td>( ) No</td>
<td>0</td>
</tr>
<tr>
<td>In the last 6 months, have you used poppers (amyl nitrate)?</td>
<td>( ) Yes</td>
<td>3</td>
</tr>
<tr>
<td></td>
<td>( ) No</td>
<td>0</td>
</tr>
</tbody>
</table>

Add score from each question for your TOTAL: ________

Skip to #57 (next section) unless you are currently using PrEP.

54. How are you using PrEP?
   ( ) daily  ( ) on-demand  ( ) other: ______________________

55. How long have you been using PrEP? _______ months _____ years

56. How many days did you take PrEP in the PAST 4 WEEKS? _______ of 28 days

Now let's chat about mental health...

57. Over the last TWO WEEKS, how often have you been bothered by each of the following four problems?
   a) Little interest or pleasure in doing things
   b) Feeling down, depressed, or hopeless
   c) Feeling nervous, anxious, or on the edge
   d) Not being able to stop or control worrying

   ( ) Not at all
   ( ) Several days
   ( ) More than half the days
   ( ) Nearly every day

58. Do you want help for any of the following issues?
   (check all that apply)
   [ ] Depression
   [ ] Anxiety
   [ ] Coming out
   [ ] Relationship problems
   [ ] Gender dysphoria/transition
   [ ] Other, please specify: ______________________
   ( ) None of the above
59. In the PAST YEAR, which of the following resources have you gone to? (check all that apply)

- Elder (Indigenous)
- Knowledge Keeper (Indigenous)
- Psychiatrist
- Clinical Psychologist
- Registered Counsellor
- Peer counsellor/navigator
- Social worker
- Sex therapist / sexologist

None of the above

This next section is about substance use...

60. Have you used any substances (alcohol or drugs) in the PAST 6 MONTHS?

- No (skip to #62 below)
- Yes (continue to next question)

61. For each substance below, check off if you EVER used it in the PAST 6 MONTHS. If so, check off if you specifically used them before or during sex. (check all that apply)

<table>
<thead>
<tr>
<th>Substance</th>
<th>Used in past 6 months?</th>
<th>Used with sex?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol (5+ drinks within 2 hours)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Tobacco/cigarettes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marijuana/weed/hash/pot/grass</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Poppers/amyl</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ketamine/Special K</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Ecstasy/MDMA</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crystal meth/Tina</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Erection drugs (e.g., Viagra, Cialis)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Crack, free base</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cocaine</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Heroin (smack)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other prescription opioids (e.g., Percocet, Diazidulid, OxyContin)</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fentanyl</td>
<td></td>
<td></td>
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<tr>
<td>GHB/G</td>
<td></td>
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<tr>
<td>Tranquillizers or benzos (e.g., Vailum, Xanax)</td>
<td></td>
<td></td>
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<tr>
<td>Psychedelics (e.g., LSD, mescaline, acid, mushrooms)</td>
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<td></td>
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<tr>
<td>Non-medicinal steroids</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other:</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

62. Have you EVER injected any drugs?

- No, never
- Yes, in the past 6 months
- Yes, longer than 6 months ago

63. In the PAST 6 MONTHS, have you used any the following? (check all that apply)

- Needle exchange
- Harm reduction supplies (e.g. free pipes, straws)
- Supervised injection/consumption site
- Naloxone/NARCAN was used on me
- on someone else
- Detox or drug treatment facility
- Sweat Lodge or other cultural traditions
- Other substance use service/resource:

None of the above

Next we’ll ask about your connections & social life...

64. What are you CURRENTLY involved in? (check all that apply)

- Personal voluntary action, neighbourhood support, elder care
- Gay activism, organization, or cultural activities
- LGBTQ2S+ sport leagues or recreational activities
- HIV advocacy, AIDS service organization
- Civic (non-LGBTQ2S+) activism, charity, or cultural activities
- Political organizing, advocacy, party membership
- Pop-ups (queer dance party, art show, etc.)
- Ethnoracial community groups, activities
- I am not involved in any of the above

65. How many people can you count on for support if you need help or if something goes wrong?

- No one
- 2-3 people
- 7-9 people
- 1 person
- 4-6 people
- 10+ people

66. Are you satisfied with…

Your connection to LGTBQ2S+ communities?

- No
- Unsure
- Yes
- Not applicable

Physical spaces to meet guys (e.g. bars, clubs)?

- No
- Unsure
- Yes
- Not applicable

Online spaces to meet guys (e.g. apps/websites)?

- No
- Unsure
- Yes
- Not applicable

Next, let’s talk about your general health and care...

67. Do you have a regular family doctor or nurse practitioner?

- No (skip to #69 below)
- Yes

68. Does your regular family doctor or nurse practitioner know that you have sex with men?

- No
- Unsure
- Yes
- Not applicable

69. Have you EVER been vaccinated against the following?

- Human Papilloma Virus (HPV):
- HIV:
- Hepatitis B Virus:

70. Testicular cancer is the most common cancer in men with balls aged 15-35. It is very treatable, especially if caught early. Do you follow recommendations to check your balls for hard lumps or irregularities once a month?

- Yes
- No
- Unsure

71. Have you EVER asked for AND been denied the following? (check all that apply)

- Needle exchange
- Harm reduction supplies (e.g. free pipes, straws)
- Supervised injection/consumption site
- Naloxone/NARCAN was used on me
- on someone else
- Detox or drug treatment facility
- Sweat Lodge or other cultural traditions
- Other substance use service/resource:

None of the above

Now some questions on discrimination and violence...

The following questions are important but may be uncomfortable or triggering. They will ask you about discrimination, abuse and rape. Remember, you can skip any questions you prefer not to answer.

72. Have you experienced discrimination in the PAST YEAR? If so, mark if it was by gay, bi, or queer men? (check all that apply)

<table>
<thead>
<tr>
<th>Social identity</th>
<th>Past year?</th>
<th>By gay, bi or queer men?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HIV status</td>
<td></td>
<td></td>
</tr>
<tr>
<td>PEP status</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Race/ethnicity</td>
<td></td>
<td></td>
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<tr>
<td>Body type</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Gender expression</td>
<td></td>
<td></td>
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<tr>
<td>Sexual orientation</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Trans experience</td>
<td></td>
<td></td>
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<tr>
<td>(Dis)abilities</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

If you are under the age of 18, skip to #75. Otherwise continue.
73. Has a lover or boyfriend EVER done the following to you? (check all that apply)
[ ] insulted or verbally abused you
[ ] hit, kicked, or slapped you
[ ] sexually abused or raped you

74. Has anyone EVER forced sex on you? (check all that apply)
( ) No, never
[ ] Yes, when I was younger than 18
[ ] Yes, when I was 18 or older

75. Have you EVER spent time in a correctional facility? For example, a jail, corrections, or prison. ( ) No ( ) Yes

Finally, let’s chat just about your sex with men...

We define sex as any physical contact that you felt was sexual.

76. How old were you when you FIRST had sex with a man? ____ years old ( ) I’ve never had sex with a man (skip to #82)

77. In the PAST 6 MONTHS how many men have you had sex with? ______ (provide your best guess)
   Of those, how many did you have anal sex with? ______

78. What’s been your anal sex position in the PAST 6 MONTHS?
( ) No anal sex for me! ( ) Versatile (both top and bottom)
( ) Always bottom ( ) Mostly top
( ) Mostly bottom ( ) Always top

79. In the PAST 6 MONTHS, what kind of men have you had anal sex with? (check all that apply)
[ ] a man on PrEP
[ ] an HIV+ undetectable man
[ ] a man of unknown HIV status
[ ] a man whose HIV status was different than mine
[ ] a man who was a significantly different age than me
[ ] a man who wasn’t the same race/ethnicity as me
[ ] a man who didn’t speak the same language as me
[ ] a one night stand (someone you only had sex with once)
[ ] a regular sex partner (someone you have had sex with 2+ times)
( ) None of the above.

80. Which HIV prevention strategies did you use in the PAST 6 MONTHS? (check all that apply)
[ ] Always used condoms for anal sex
[ ] Was the bottom for anal sex (if you are living with HIV)
[ ] Was the top for anal sex (if you are HIV-negative)
[ ] Only had condomless anal sex if a guy has the same HIV status
[ ] Only had condomless anal sex if a guy is on PrEP
[ ] Only had condomless anal sex if a guy is “undetectable”
[ ] Had sex that didn’t include anal sex
[ ] Took PEP after sex where I might have gotten HIV
[ ] Took PrEP before and after sex where I might get HIV
[ ] Asked my sex partners about their HIV status before sex
[ ] Only had sex with one partner (closed relationship/monogamy)
( ) None of the above.

81. The sex act I enjoy the most is...
( ) Bottoming ( ) Getting rimmed
( ) Flip fucking ( ) Rimming
( ) Topping ( ) Sex? No thank-you.
( ) Giving head (oral) ( ) Something else? Let us know!
( ) Getting head (oral)

82. Who is your gay, bi, queer, Two-Spirit or trans role model?

Thanks for doing Sex Now 2018 with us!
Please let a study team member know you’re done.