

## **Sex Now 2018 Survey**





## Community-Based Research Centre for Gay Men's Health and the University of Victoria

The survey is **confidential**. Please complete this paper survey **only once this year.** Your answers are **very valuable**. Please **tick one box** unless the question states otherwise. You can skip any question you prefer not to answer.

Let's get started with a little about yourself	16. Are you currently in a relationship?	
	() No (skip to #18) () Yes, with a woman	
1. What province or territory do you currently live in?	() Yes, with a man () Yes, with a non-binary person	
() Alberta () Nunavut	( ) Yes, with more than 1 person (polyamorous). With how many?	
) British Columbia ( ) Ontario	men, women, and non-binary people	
( ) Manitoba ( ) Prince Edward Island	17. Is your current relationship exclusive/monogamous?	
( ) New Brunswick ( ) Quebec	() No, we are open (fully or with some rules)	
( ) Newfoundland & Labrador ( ) Saskatchewan ( ) Northwest Territories ( ) Yukon	( ) Yes, we only have sex with each other	
() Nova Scotia () I don't live in Canada (ask a staff!)	( ) Don't know. We haven't discussed it or decided.	
() Hova Gootia () Hourt in Gariada (don a start.)	( ) We don't have sex together	
2. Which of these do you identify with? (check all that apply)	· ·	
African, Caribbean, Black	18. Have you ever had sex with a woman?	
Arab, West Asian (e.g. Iranian, Afghan)	() No, never () Yes, in the past 6 months	
[] East or Southeast Asian (e.g. Chinese, Japanese, Korean)	() Unsure () Yes, but longer than 6 months ago	
] Indigenous		
] Latin American, Hispanic	Now let's chat about your recent sex life	
] South Asian (e.g. East Indian, Pakistani, Sri Lankan)		
] White	We define sex as any physical contact that you felt was sexual.	
] Other, please specify:	These questions are about sex partners of all genders.	
If you checked Indigenous above go to #3. Otherwise skip to #7.	10. How many cay partners have you had in the DAST 6	
	19. How many sex partners have you had in the PAST 6 MONTHS? (provide your best guess)	
3. Do you identify as?() First Nations () Métis () Inuk () None	Of those, how many were in the PAST 3 MONTHS?	
4. Do you identify as Two-Spirit? () No () Yes	of those, now many were in the PAST 3 MONTHS:	
5. Do you live in an Indigenous community? () No () Yes	20. We define a <u>new sex partner</u> as someone you have never	
6. HIV treatment and prevention medications are covered for First Nations and Inuit people who have status. Do you have	had sex with before. Think of your <u>newest</u> sex partner, which	
"status" (Registered/Treaty)? () No () Yes () Not applicable	may not be your most recent one. When did you first have sex	
status (registered/freaty): () No () Fes () Not applicable	with them? () I have never had sex (skip to #23)	
7. How do you identify sexually? (check all that apply)	() this week () 4-6 months ago	
Gay [] Bi (bisexual) [] Queer	() 2-4 weeks ago () 7-12 months ago	
] Asexual [] Pansexual [] Heteroflexible	( ) 1-3 months ago           ( ) longer than a year ago	
Straight [] Prefer to self-describe as:		
	21. In the PAST 6 MONTHS, what kinds of sex have you had?	
3. How open (out) are you about your sexual identity?	(check all that apply)	
Not at all Open (out) to all or	[ ] Mutual masturbation [ ] Oral sex	
ppen (out) most people I know () 1 () 2 () 3 () 4 () 5	[] Fingering (sex using fingers)	
()1 ()2 ()3 ()4 ()5	[] Fisting (sex using fists)	
9. What is your gender identity? ( ) Man ( ) Woman	[] Anal sex as bottom (receptive partner) with a condom	
( ) Neither. I prefer to self-describe as:	Anal sex as bottom (receptive partner) without a condom	
	[] Anal sex as top (insertive partner) with a condom	
10. Do you have trans experience? () No () Yes	[] Anal sex as top (insertive partner) without a condom	
(i.e., your gender is different than the sex you were assigned at birth)	[] Sex in my vagina or internal genitals with a condom	
11. How old are you? years old	[] Sex in my vagina or internal genitals without a condom	
Tr. How old are you! years old	[] Sex in my partner's vagina or internal genitals with a condom	
12. What is the highest level of education that you <u>completed</u> ?	[] Sex in my partner's vagina or internal genitals without a condom	
( ) Did not finish high school	[] Sex with prosthetics or sex toys	
( ) High school, or equivalent	[] Online sex (camming, sexting) [] Threesome (sex between 3 people)	
) Post-secondary school (e.g. certificate, diploma)	[] Group sex (sex between 4+ people)	
) Bachelor's degree	[] Other, please describe:	
() Above a bachelor's degree (e.g., masters, doctorate)	( ) None of the above. I have not had sex in the past 6 months.	
	()	
13. Were you born in Canada? () No () Yes	22. In the PAST 6 MONTHS, what kind of sex partners have	
14. What are the first 3 characters of your postel code?	you had? (check all that apply)	
<b>14. What are the first 3 characters of your postal code?</b> Format: Letter-Number-Letter (e.g. V2N, M3N, L4M)	[] a partner who gave me money, goods or services for sex	
These locate your response to a region, not a specific address	[] a partner I gave money, goods or services for sex	
Those locate your response to a region, not a specific address	[] a trans man	
15. How would you describe your money situation right now?	[] a trans woman	
( ) Comfortable, with extra ( ) Have to cut back	[] a non-binary person	
() Enough, but no extra () Cannot make ends meet	( ) none of the above	

## Next, let's talk Sexually Transmitted Infections (STIs)

These questions are about STIs other than HIV.

23. Have you had any of the fol	llowing STIs in the PAST YEAR?	The current deferral policy for MSM is <u>justified</u> () Strongly agree () Agree () Disagree () Strongly disagree
(check all that apply)	_	
[] Syphilis [] Chlamydia	[] Warts (genital or anal) [] Herpes (genital or anal)	The current deferral policy for MSM is <u>discriminatory</u> () Strongly agree () Agree () Disagree () Strongly disagree
[] Gonorrhea [] Other(s):	[ ] Non-specific urethritis _ ( ) No STIs in the past year!	I support a shorter deferral period for MSM (3 months vs. 1 year () Strongly agree () Agree () Disagree () Strongly disagree
24. Have you ever had chlamyd () No, never () Yes, in the p () Unsure () Yes, but long		I support a policy that screens all potential donors based on number of sexual partners regardless of their gender  () Strongly agree () Agree () Disagree () Strongly disagree
	d for any STIs (other than HIV)?	
( ) in the past 3 months ( ) 4-6 months ago ( ) 7-12 months ago ( ) longer than a year ago		I support a policy that screens all potential donors based on recently having a new sexual partner(s)  ( ) Strongly agree ( ) Agree ( ) Disagree ( ) Strongly disagree
() never (skip to #27 below) () don't know (skip to #27 below)		I support a policy that screens all potential donors based on specific sex practices with higher risk for HIV transmission  () Strongly agree () Agree () Disagree () Strongly disagree
26. What did your LAST STI tes  [] Urine test  [] Blood sample	t include? (check all that apply)	If I were allowed to, I would donate blood in the future () Strongly agree () Agree () Disagree () Strongly disagree
[] Throat swab [] Rectal swab (in your bum) () None of the above		Did you know? The following statements are all TRUE
27. Have any of the following creating in the PAST YEAR? (che		32. Please read the following statements. For each, select if you knew this before taking this survey or not.
[] Too busy [] Stre [] Services too far away [] The [] Hours inconvenient [] Wa	essed out, anxious or depressed e cost (e.g. no health insurance) it time for appointment too long vices not in my preferred language	Condoms are a reliable way of preventing STI and HIV transmission between sex partners.  ( ) No, I did not know ( ) Yes, I knew this already  Pre-Exposure Prophylaxis ("PrEP" or "Truvada") is anti-HIV
[] Other, please explain: () No delays or skipped STI testil	ng in the past year	medication that HIV-negative people can take before and continuing after sex to prevent getting HIV.  () No, I did not know () Yes, I knew this already
kit online that would be mailed choosing, and then shipped din How likely would it be that you () Very likely () Likely () U () I would never use this service	to any address of your rectly to the lab for testing. would use this service?	<u>Post</u> -Exposure Prophylaxis ("PEP"): Within 3 days after a sexual risk event an HIV-negative person takes anti-HIV meds for a month that may stop HIV from taking hold in their body.  () No, I did not know  () Yes, I knew this already
29. What samples could you se Imagine detailed visual and video	instructions are provided.	Anti-HIV medications, taken daily by someone living with HIV, can make their HIV viral load undetectable.  ( ) No, I did not know ( ) Yes, I knew this already
[] Prick finger for a few blood dro [] Pee into a container (urine) () I could not self-collect any of the	[] Swab your bum (rectum) he above	There is now scientific consensus that someone who remains HIV undetectable cannot pass HIV to their sexual partners. This is known as "Undetectable = Untransmittable" (U=U).
This section is all abo	out blood donation	( ) No, I did not know ( ) Yes, I knew this already
30. Please read the following st	tatements.	Let's chat about Hepatitis C Testing & Care
this survey? (check all that apply [] In Canada, all blood donations can detect HIV approximately 9 referred to as the test's "windor [] Blood donor screening aims to infections when current tests w [] In Canada, men who have sex approximately 70x more likely 9 [] Currently in Canada, if you're a	are tested for HIV. These tests 9 days after infection, which is w period".  reduce the risk of "window period" yould not pick-up those infections. with men (MSM) are to get HIV than other men. a man who had any kind of sex a last 12 months you're not allowed	<ul> <li>33. When were you LAST tested for Hepatitis C (Hep C)? <ol> <li>in the past 3 months</li> <li>7-12 months ago</li> <li>longer than a year ago</li> <li>have never tested for Hep C (skip to #35)</li> <li>don't know (skip to #35)</li> </ol> </li> <li>34. What was the result of your last Hep C test? <ol> <li>Negative</li> <li>Positive</li> <li>never received my result</li> </ol> </li> <li>35. Have you EVER been diagnosed with Hep C? <ol> <li>you were told by a healthcare provider that you had Hep C.</li> <li>No (skip to #41 – start of next section)</li> <li>Yes (continue to next question)</li> </ol> </li> </ul>
[] When donating, trans and non- man or woman based on their () I was not aware of any of these	genitals, not on how they identify.	36. What year did you FIRST test positive for Hep C?

31. For each of the following statements, indicate how strongly

you agree or disagree. MSM = "men who have sex with men".

37. When did you LAST see a doctor about your Hep C care? ( ) In last 6 months ( ) More than 1 year ago	The HIV Incidence Risk Index for MSM  53. The following set of questions is used by clinicians to assess HIV risk. Canadian guidelines recommend anyone with		
( ) 7-12 months ago ( ) Have never seen a doctor about my Hep C			
38. Have you ever received treatment for your Hep C?  ( ) No (skip to #40) ( ) Yes (continue to next question)	a total score of 10 or greater to co complete each question by selec		
39. What year did you LAST start treatment for Hep C?	Questions	Answers	Score
40. Was this last treatment successful? (you no longer have Hep C) ( ) No ( ) Yes ( ) I am currently still under treatment	How old are you?	() <18 years () 18-28 years () 29-40 years	0 8 5
Let's chat about HIV Testing & Care		( ) 41-48 years ( ) 49+ years	2 0
41. When were you LAST tested for HIV? ( ) in the past 3 months ( ) 7-12 months ago ( ) 4-6 months ago ( ) longer than a year ago ( ) I have never tested for HIV (skip to #43)	How many men have you had sex with in the last 6 months?  In the last 6 months, did you have receptive anal sex (you were the	() more than 10 () 6-10 () 0-5 () Yes	7 4 0
() I don't know <i>(skip to #43)</i>	bottom) with a man without a condom?	( ) No	0
42. What was the result of your last HIV test? ( ) Negative ( ) Positive ( ) I never received my result	How many of your male sex partners were HIV positive?	()0 ()1 ()>1	0 4 8
43. Have you EVER been diagnosed with HIV? You were told by a healthcare provider that you had HIV. ( ) No (skip to #49 – next section)	In the last 6 months, how many times did you have insertive anal sex (you were the top) without a condom with a	( ) 0-4 times	0
() Yes (continue to next question)	man who was HIV positive? In the last 6 months, have you used	() Yes	6
44. What year did you FIRST test positive for HIV?	methamphetamines (crystal or speed)? In the last 6 months, have you used	() No () Yes	3
45. What's your CURRENT risk for passing HIV to someone?	poppers (amyl nitrate)?	( ) No	0
() Low () High () Don't know	Add score from each question	on for your TOTAL:	
() 7-12 months ago () Have never seen a doctor about my HIV  47. Are you CURRENTLY taking anti-HIV medications (meds)? () No → Have you EVER taken anti-HIV meds? () No () Yes () Yes → When was the LAST TIME you missed taking any of your anti-HIV medications? () Within the past week () 1-3 months ago () 1-2 weeks ago () more than 3 months ago () 2-4 weeks ago () I never skip medications	54. How are you using PrEP? () daily () on-demand () other: _  55. How long have you been usin months years  56. How many days did you take of 28 days	g PrEP?	WEEKS?
49. What was your most recent HIV viral land test regult?	Now let's chat about mental health		
48. What was your most recent HIV viral load test result?  () Undetectable () I don't know  () Detectable () I have never had an HIV viral load test	57. Over the last TWO WEEKS, he bothered by each of the following		een
Now skip to the new section on mental health - question #57.  This section is about HIV PrEP  49. How would you rate your CURRENT risk for getting HIV?  () Low () High () I think I already have HIV () Don't know	pleasure in doing things ( ) Not at all ( ) Several days ( ) More than half the days	b) Feeling down, depressed, or hope () Not at all () Several days () More than half the () Nearly every day	
50. Have you EVER used PrEP?  ( ) No ( ) Yes, but I stopped → Why?  ( ) Yes, I'm taking PrEP now! (skip to #53)	anxious, or on the edge ( ) Not at all ( ) Several days	d) Not being able to or control worrying () Not at all () Several days	
51. Are you interested in using PrEP?  ( ) No	( ) Nearly every day	( ) More than half the ( ) Nearly every day	
52. What stops you from taking PrEP? (check all that apply)  [] I don't think I'll get HIV [] Costs too much [] Can't get a prescription [] Side effects [] Don't like taking pills () None of the above  [] Check all that apply) [] Too much testing and clinic visits [] Judgement by guys in community [] Judgement by healthcare provider [] No protection from other STIs [] Something else: [] Something else:	58. Do you want help for any of the (check all that apply) [] Depression [] Anxiety [] Coming out [] Gender dysphoria/transition [] Other, please specify: () None of the above	ne following issues  [ ] Eating disorders  [ ] Body image  [ ] Relationship prob  [ ] Suicidal thoughts	lems

59. In the PAST YEAR, which of the following resources have you gone to? (check all that apply)  [] Elder (Indigenous)	65. How many people can you count on for support if you need help or if something goes wrong?  () No one () 2-3 people () 7-9 people () 1 person () 4-6 people () 10+ people  66. Are you satisfied with Your connection to LGTBQ2S+ communities?  () No () Unsure () Yes () Not applicable
This next section is about substance use	Your connection to gay, bi and queer men?
60. Have you used any substances (alcohol or drugs) in the PAST 6 MONTHS?  ( ) No (skip to #62 below) ( ) Yes (continue to next question)	() No () Unsure () Yes () Not applicable  Physical spaces to meet guys (e.g. bars, clubs)? () No () Unsure () Yes () Not applicable  Online spaces to meet guys (e.g. apps/websites)? () No () Unsure () Yes () Not applicable
61. For each substance below, check off if you EVER used it in the PAST 6 MONTHS. If so, check off if you specifically used them before or during sex. (check all that apply)	Next, let's talk about your general health and care  67. Do you have a regular family doctor or nurse practitioner?
Used in past Used with	( ) No (skip to #69 below)
6 months? sex?	() Yes
Alcohol (5+ drinks within 2 hours)	68. Does your regular family doctor or nurse practitioner know
Tobacco/cigarettes [] []	that you have sex with men?
Marijuana/weed/hash/pot/grass [] []	() No () Unsure () Yes () Not applicable
Poppers/amyl [] [] Ketamine/Special K [] []	()110 () 0110410 () 100 () 1101 applicable
Ecstasy/MDMA [] []	69. Have you EVER been vaccinated against the following?
Crystal meth/Tina [] []	Hepatitis B Virus: () No () Unsure () Yes
Erection drugs (e.g., Viagra, Cialis)	Human Papilloma Virus (HPV): ( ) No ( ) Unsure ( ) Yes
Crack, free base	<b>70 T</b> (1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1
Cocaine []	70. Testicular cancer is the most common cancer in men with balls aged 15-35. It very treatable, especially if caught early.
Heroin (smack)	Do you follow recommendations to check your balls for hard
Other prescription opioids (e.g., Percecet Dialudid OxyContin)  []	lumps or irregularities once a month?
r ercocet, Dialiudia, Oxycontin)	( ) Gladly, I already check myself monthly
Fentanyl []	() I knew this, but forget to check
GHB/"G" []	( ) I didn't know this until now
Tranquilizers or benzos  (a.g. Velium, Vaney)	() I don't have balls
(e.g, Valium, Xanax)  Psychedelics (e.g, LSD,	74 II
mescaline, acid, mushrooms)	71. Have you EVER asked for AND been denied the following? (check all that apply)
Non-medicinal steroids []	[] an HIV test
Other: []	[] PEP (post-exposure prophylaxis)
	[ ] PrEP (pre-exposure prophylaxis)
62. Have you EVER injected any drugs?	[] HPV vaccination
() No, never () Yes, in the past 6 months () Yes, longer than 6 months ago	[] Hormone therapy
	[] Gender affirming surgery
63. In the PAST 6 MONTHS, have you used any the following?	() None of the above
(check all that apply) [ ] Needle exchange	Now some guestions on discrimination and violence
[] Harm reduction supplies (e.g. free pipes, straws)	Now some questions on discrimination and violence
[] Supervised injection/consumption site	The following questions are important but may be uncomfortable or
[] Naloxone/NARCAN→ was used [] on me, [] on someone else	triggering. They will ask you about discrimination, abuse and rape.
[ ] Detox or drug treatment facility	Remember, you can skip any questions you prefer not to answer.
[] Sweat Lodge or other cultural traditions	
[] Other substance use service/resource:	72. Have you experienced discrimination in the PAST YEAR? If
() None of the above	so, mark if it was by gay, bi, or queer men? (check all that apply)
Next we'll ask about your connections & social life	Past year? By gay, bi or queer men?
Hose no n don docue your connections de cociai mem	Age [] []
64. What are you CURRENTLY involved in? (check all that apply)	HIV status []
[] Personal voluntary action, neighbourhood support, elder care	PrEP status [] []
[] Gay activism, organization, or cultural activities	Race/ethnicity []
[] LGTBQ2S+ sport leagues or recreational activities	Body type [] []
[] HIV advocacy, AIDS service organization	Gender expression []
[] Civic (non-LGBTQ2S+) activism, charity, or cultural activities [] Political organizing, advocacy, party membership	Sexual orientation []
[] Pop-ups (queer dance party, art show, etc.)	Trans experience [] []
[] Ethnoracial community groups, activities	(Dis)abilities []
() I am not involved in any of the above	If you are under the age of 18, skip to #75. Otherwise continue.

If you are under the age of 18, skip to #75. Otherwise continue.

73. Has a lover or boyfriend EVER done the following to you? (check all that apply) [] insulted or verbally abused you [] hit, kicked, or slapped you [] sexually abused or raped you
74. Has anyone EVER forced sex on you? (check all that apply) ( ) No, never [] Yes, when I was younger than 18 [] Yes, when I was 18 or older
75. Have you EVER spent time in a correctional facility? For example, a jail, corrections, or prison. () No () Yes
Finally, let's chat just about your sex with men
We define sex as any physical contact that you felt was sexual.
76. How old were you when you FIRST had sex with a man? years old () I've never had sex with a man (skip to #82)
77. In the PAST 6 MONTHS how many men have you had sex with? (provide your best guess)  Of those, how many did you have anal sex with?
78. What's been your anal sex position in the PAST 6 MONTHS?
( ) No anal sex for me! ( ) Versatile (both top and bottom) ( ) Always bottom ( ) Mostly top ( ) Mostly bottom ( ) Always top
79. In the PAST 6 MONTHS, what kind of men have you had anal sex with? (check all that apply)  [] a man on PrEP [] an HIV+ undetectable man [] a man of unknown HIV status [] a man whose HIV status was different than mine [] a man who was a significantly different age than me [] a man who wasn't the same race/ethnicity as me [] a man who didn't speak the same language as me [] a one night stand (someone you only had sex with once) [] a regular sex partner (someone you have had sex with 2+ times) () None of the above.
80. Which HIV prevention strategies did you use in the PAST 6 MONTHS? (check all that apply)  [] Always used condoms for anal sex [] Was the bottom for anal sex (if you are living with HIV) [] Was the top for anal sex (if you are HIV-negative) [] Only had condomless anal sex if a guy has the same HIV status [] Only had condomless anal sex if a guy is on PrEP [] Only had condomless anal sex if a guy is "undetectable" [] Had sex that didn't include anal sex [] Took PEP after sex where I might have gotten HIV [] Took PrEP before and after sex where I might get HIV [] Asked my sex partners about their HIV status before sex [] Only had sex with one partner (closed relationship/monogamy) () None of the above.
81. The sex act I enjoy the most is  ( ) Bottoming ( ) Getting rimmed  ( ) Flip fucking ( ) Rimming  ( ) Topping ( ) Sex? No thank-you.  ( ) Giving head (oral) ( ) Something else? Let us know!  ( ) Getting head (oral)

82. Who is your gay, bi, queer, Two-Spirit or trans role model?

Thanks for doing Sex Now 2018 with us! Please let a study team member know you're done.