

CEIU Mental Health Committee Report of the meeting on October 22, 2020

Present: Lyne Cartier, Paul Croes, Lynda MacLellan, Christine Price, Rhonda Rumson

Technical support: Genadi Voinerchuk, NUR of the Montréal RUO

Guests: Eddy Bourque (parts of the meeting), Crystal Warner

Agenda

The agenda is adopted as is.

Update on the October 2, 2020 meeting

Survey follow-up: electronic information cards

Lyne followed up with Ashley Petrin, CEIU Membership Engagement Officer, on the model she developed for the Québec region, which can be used for the Committee. The model that was proposed to the Committee is in the appendix. **(Appendix A)**

It will be an electronic information card (postcard) with text taken from the survey. This will be sent to members electronically on a monthly basis.

The committee accepted the contents of the electronic postcard. Eddy Bourque, National President, has also approved the contents of the card. **(Appendix B)**

Promotional item

The Committee discusses the submissions for the brain-shaped stress ball. Depending on the space available, they should have the following written on it: CEIU-SEIC + if there is enough space: CEIU-SEIC.CA. The Committee's decision is to bid for 15,000 "brains" in total. 14,000 would be rainbow coloured; and 1,000 would be pale green; the colour associated with mental health, as shared by Rhonda.

Paul also mentions that he wants to work on a logo specific to the Committee.

Action: Eddy will get back to the Committee on budget and other specifications related to ordering the brain-shaped stress balls.

Frequency of meetings

This meeting was held to discuss the agenda items from the October 2 meeting that were unfinished. As the Committee has decided to meet monthly for the next six months, the dates will be selected using Doodle. The Committee decided to meet once a month, every second Monday of the month.

Action: Lyne will send Doodle invitations to Committee members.

CEIU website links

Paul indicates that some of the links that should be placed on the CEIU website in the Committee section are still missing. Crystal indicates that she will verify with Paul Hébert, CEIU IT Manager. Lyne indicates that she will provide Crystal with emails related to the Committee's requests.

Action: Lyne and Crystal will communicate together to resolve the situation.

The Committee also indicates that it would be relevant to receive training with the tools at their disposal, such as OneDrive, Word, Excel, in order to increase the efficiency of the Committee's work.

Action: Crystal indicates that she will take the matter to the National Executive because she thinks it is relevant that they be familiar with the tools available.

Purpose of the Committee

Crystal indicates the importance of getting back to the essence of the resolution that was presented and adopted at CEIU National Convention. She emphasizes the need to go back to the sources of the Committee's creation.

Reference should be made to the national standard in mental health as well as to the actions undertaken by CEIU with the CLC in connection with the creation of the Committee.

Adjournment

Paul adjourned the meeting at 4 p.m.