

CEIU REGULATION NO. 25

Enacted this 6th day of April 2019

REGULATION GOVERNING THE MENTAL HEALTH COMMITTEE

Pursuant to Resolution A-19 adopted at the 2017 CEIU Convention, which requested that a committee be created from the National Executive having the portfolio of mental health, the Mental Health Committee was created.

1. Composition

The Mental Health Committee shall be composed of at least **six (6) members from the National Executive:**

Three (3) representing the departments (ESDC, IRB, IRCC) NPHSC (National Policy Health and Safety Committee) and/or National Mental Health Committees;

Additional representation from at least three other NVP's.

Membership on this committee should not limit participation to the other standing national executive meetings.

The Committee members will elect two (2) co-chairs for a three-year term at the first Committee meeting, after each CEIU Convention, once the Committee members have been confirmed.

The co-chairs would chair the meetings alternately.

Every member of the Committee is encouraged to participate actively in every aspect of the Committee.

The Mental Health Committee is governed by the PSAC Privacy and Confidentiality Policies in all of its communications, actions and reports.

2. Mandate

The Mental Health Committee shall:

a) Establish mechanisms and provide various forms of communication to, from and with members – especially members sitting on Health and Safety Committees (policy + workplace) and ensure the timely distribution of information to CEIU members, in particular, through the mental health section on the CEIU website;

b) Ensure that CEIU members sitting on Health & Safety Committees represent the issues related to mental health at these Committee meetings, and in particular, by the establishment of a prevention plan in their workplace and that these be reflected in meeting minutes;

- c) Develop a strategy to ensure that the three departments (ESDC, IRCC, IRB) adhere to the recommendations from the Federal Mental Health Technical Committee;
- d) Share amongst CEIU members best practices put in place from the three departments;
- e) Report to the National Executive following its meeting and advise and make recommendations to the National President, the National Executive Vice-President and the National Executive on all matters related to mental health.

3. Meetings

- a) Meetings of the Mental Health Committee shall be held in person or by other means and shall occur the day prior to each in person meetings of the National Executive.
- b) The Committee can hold additional meetings (virtual, in person, or by other means) when necessary with the approval of the National President.**