



ACT Newsletter

November 2017

“Be doers of the word and not hearers only.” James 1:22



Thankful for our families; Mindful of all families in need!

Share Your Act

Your Actions are an essential part of the Movement. Please tell what you do to put your faith in action. Your story may be featured on our website or in a future news feature. Pictures help tell the story. The CFM Webpage has a special way to communicate with other CFMers and share great ideas for action. [Visit “Share Your Act” here to tell your story.](#)



Here is an example by **Jason and Brigid Smith** of Woodbridge, Virginia: “Our group just recently met to discuss Chapter 2 from *Loving the*

Family God Gives Us, and we have a recommended act not listed in the program book. Our recommendation is for wives and children (if old enough) write letters to their husbands/fathers to tell the father how much he is appreciated as a father and how they see Christ in that father. Then, for Chapter 3, which is covering mothers, we recommend that the roles be reversed to write letters of appreciation to the mothers.”

“We rarely tell our spouses how much we appreciate them, even if we think it, or we just take them for granted; so, this is a golden opportunity to let them know how much they are appreciated and write the letter not just as a spouse or child but as it is a love letter from Christ to that person,”

Thank you, CFM-USA, for giving us this opportunity to reflect on how important fathers and mothers are, each with their distinct role, in our families! May God bless all of you in this beautiful ministry, and through the intercession of the Holy Spirit let’s keep this movement growing and evangelize our families, our parishes, our communities, and our nation!!!

Read [CFM’s Blog for Gospel insights](#), and find many more resources for successful groups at <http://www.cfm.org/>

Share a Taste of CFM Using Free Meetings and Directions

CFM Program Committee is identifying new ways to introduce CFM: Free Sample Chapters. If your target audience is engaged/newly married couples, you may use the meeting, [“Make Conversation a Priority.”](#) The chapter is “user friendly” and leaves the participants wanting more! CFM offers loads of [great Program Materials](#) to members, who are invited to join for a \$10 starter donation. A easy to follow booklet with CFM [meeting instructions outlined](#) is provided. *This would be a great Lenten service project for your parish.*

CFM in ACTION across the USA

WEA, KANSAS – **Deacon Tom and Kathy Rothermich** organized a new group at Queen of the Holy Rosary Parish, using *Loving the Family God Gives Us*.

AMES, IOWA – **Deacon Gary and Kay Aitchison** report that they have over 53 families in 5 groups at St. Cecilia Parish. They attribute their success in expanding CFM to begin actively involved in the parish’s welcoming ministry for new families.

ALEXANDRIA, VIRGINIA – **Betty Jane Davis** sent the renewals for her group, which has been **meeting for 50 years!!!** She sent news that the person who got her into CFM all those years ago, **Emily Ruffing**, died recently. Emily and Fred Ruffing were members of one of the first CFM groups with founders, **Pat and Patty Crowley**.

Building Homes to Help Veterans

ORANGE COUNTY, CA -- **Greg and Karen Herr** report that



the groundbreaking and blessing was held last month for two homes being built for veterans’ families by the local Catholic Coalition. The joint CFM of St. Joseph (Placentia)/Blessed John Henry Newman (Irvine, CA) participates in the Coalition along with eleven parishes and organizations, local Knights of Columbus councils, and young adult groups. The Herrs said, “It was a time to see old friends from other parishes and to meet one of the families who will own one of the two homes.”



Left to right: Greg and Karen Herr, Fr. Glenn Baaten and his wife, Cathy, and Bishop Steven Lopes (bishop for the Personal Ordinariate of the Chair of Saint Peter) <https://ordinariate.net/>



Pilgrimage to Ireland

Travel with CFM friends and Fr. Don Conroy, past National Chaplain. Package includes flights and registration at the WMOF. Optional pre-tour of Knock and Galway. For more information, visit <http://www.pilgrimages.com/nif/>

Donate to CFM – Pass It On!

Mail to “CFM-USA” at P.O. Box 4779, Woodbridge, VA 22194-4779 or donate online at http://www.cfm.org/fall_2017_appeal
All donations are tax deductible.

MEDIA LITERACY FOR ALL AGES

With social media and a plethora of news sources filling our minds with questionable and biased information, parents may wonder how to help their children be news savvy. Our children and teens may know lots about technology and the internet but not always be so wise about how to consume and evaluate the media. It is just as much a challenge for us adults! The future of our country is linked to the media literacy of our children. Good government is a long-range endeavor. One place to start is with our children. This Enrichment activity, [RECOGNIZING FAKE NEWS & PROPAGANDA](#), from author Susan Vogt helps us be wiser consumers of media.



Lapel Pins are here!

Wear our CFM logo proudly to church and events! Soft Enamel, Gold Plating, ¾ inch pin with butterfly back attachment. Order from the National Office for \$5 each, free shipping.

Prepare the Way of the Lord: Beyond the Advent Wreath

Make a **Jesse Tree**, adding a daily symbol from the biblical stories of people who helped prepare the way for the Messiah. Use a real branch or draw a tree on poster board. Make the symbols out of paper, felt, or dough. [Click this link: directions and a list of symbols for making your own Jesse Tree.](#)



More Advent ideas in December’s ACT.

