



ACT Newsletter

March 2018

“Be doers of the word and not hearers only.” James 1:22

Reclaim Conversation; Cultivate Friendships in CFM

Promote CFM in Your Parish

Suggested Bulletin Announcement: Pope Francis urges us to rediscover the value of face-to-face relationships as part of our call to live as disciples of Jesus. In his encyclical, *Laudato Si*, he challenges us to ask ourselves, “What do I need to do change my lifestyle to best follow Jesus?”

- In CFM, we have found a practical way to build a community and make plans to take some action, whether small or large.
- In CFM, we have found a simple and effective way to have those face-to-face meetings, right in our own homes.
- When someone learns about CFM, then invites two or three couples to come to their home for a few meetings, they are actually taking part in the mission to “set before the world the ideal of a “civilization of love.”
- *Add your contact information here.*



Volunteer Recognition

At the annual Chili Cookoff at When Our Lady of the Wayside Parish, Arlington Heights, held their Annual Chili Cookoff, the **National Board of Directors of CFM** recognized **Kathleen and Les Miller**, for their dedicated service to families through CFM. Kathleen served as editor of ACT Newsletter for 12 years, sharing her knowledge of the Scriptures with the CFM membership. She and Les continue to serve as spiritual advisors for CFM at Our Lady of the Wayside Parish. Also present to congratulate the Millers were **Bishop George Rassas**, auxiliary of Chicago, **Fr. Louis Golamari**, National CFM Chaplain, and Our



Lady of the Wayside Pastor, **Fr. Edward Failkowski**. Parishioners **John and Kathy Loy** serve on the National Board of CFM.



A website to inspire, assist and encourage all couples – dating, engaged, married -- to live their relationships more fully.

From the United States Conference of Catholic Bishops:

<http://www.foryourmarriage.org>

National Day of Unplugging

We increasingly miss out on the important moments of our lives as we pass the hours with our noses buried in our devices. from our devices (TV, Cell phones, computers...) Challenge yourself and your children to go 24 hours without media. What will you do instead? What will you learn? Take the pledge and get a free cell phone sleeping bag here:



<https://www.nationaldayofunplugging.com/>

CFM IN ACTION

DUVALL, WASHINGTON - **Debbie Weidner**, Holy Innocents Parish family minister, likes the Observe-Judge-Act method and feels that CFM “has a model that awakens people’s hearts and fosters leadership.” Debbie ordered CFM’s program, *For Happier Families*, for 11 married couples who started meeting in November. The group will use *Loving the Family God Gives Us* next.

ARVADA, COLORADO - **Frank and Pat Gacnick**, previous members of the National Board of CFM, belong to a group of four married couples and one single person in their parish, Spirit of Christ Catholic Community. The group meets monthly and believes that acts are very important. This group

works with migrants, and their latest project is helping with a women’s group home.

PITTSBURGH, PENNSYLVANIA – Sean and Darlene Weaver have 7 married couples in the group at St. James parish. They are using *Loving the Family God Gives Us*.

CHICAGO, ILLINOIS. Clement Couples (CFM) program at Saint Clement parish currently has three groups of 5-7 couples, most of them fairly newly married, who meet monthly. Chapter leaders, **Sieg and Monica Nadala** expect to have 5-6 groups in the coming year. In these groups, the host couple for each meeting is responsible for developing their own meeting themes and outline. Veteran CFMers at St. Clement, **Steve and Nicole VanderVoort** say, “We’ve found this to be very effective in terms of keeping meeting centered on concerns that each group has. These themes often follow the traditional CFM meeting format.”

Try Writing Your Own Meeting:

Experienced CFMers can follow the lead of St. Clement’s groups and create their own meeting using this plan: [“Seeing God’s Face, An Instant Meeting.”](#)

Read [CFM’s Blog for Family Spirituality insights](#), and find many more resources for successful groups at <http://www.cfm.org/>

Share Your Act

Your Actions are an essential part of the Movement. Please tell what you do to put your faith in action. Your story may be featured on our website or in a future news feature. Pictures help tell the story. The CFM Webpage has a special way to communicate with other CFMers by submitting and sharing great ideas for action:

[Visit “Share Your Act” here & tell your story.](#)



Show Your Solidarity with the Mission of CFM with **embroidered shirts**. [You can order shirts with our CFM logo for your group here.](#) Multiple color options; kids’ sizes, too.